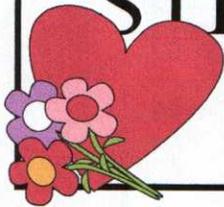


# STROM CENTER NEWS

FEBRUARY, 2016  
edition 311



## Lenten Breakfasts



The 41st Annual Lenten Lay Breakfast series will get underway Friday,

February 12, 2016, and continue each Friday morning through Good Friday, March 25, 2016. Strom Center will again be the host for the series. Rolls /toast, juice and coffee are available beginning at 6:30 a.m. with the services running approximately from 7:15-7:45 a.m.

There is no charge for the breakfasts but a free will offering is welcomed.

The breakfast series is sponsored by the Warren County Ministerial Association.

Listed below is the schedule of services and the church(es) presenting:  
program.

- Feb. 12 Immaculate Conception
- Feb. 19 First United Methodist
- Feb. 26 Heritage Presbyterian
- March 4 Immanuel Baptist
- March 11 First Lutheran
- March 18 Faith Presbyterian
- March 25 Fairview Center & UMC/Cameron Christian

Approximately 80-100 persons attend each Friday. This presents an excellent opportunity to share in the spirit of the Easter season as well as enjoy the fellowship of others. If you have not attended before, please do come and join us for one, some, or all of the breakfast services.

## WEATHER CLOSING REMINDER !



We have already this winter experienced closings due to the weather. If there are dangerous weather conditions, listen to WRAM (1330) and/or WMOI (97.7) radio stations to see if we will be open and / or if programs will be held! We attempt to let the radio station know as early as possible the morning in question. Generally speaking, if there are events, programs, or special happenings scheduled on that day at Strom, they also will be cancelled but listen for those specifics as well as Thrift Shop closing also on the radio . Strom also has a flashing sign in the front window which will visually announce if we are closed...

Call Jamieson Center (734 4251) to inquire about the meal program.

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## FEBRUARY BINGO

### DATES :



**Tuesday, February 9th**  
**Tuesday, February 23rd**

Bingo starts at 1 pm and ends approximately 3 pm. Cost per card is 25 cents each. We have a great variety of prizes....Popcorn and drink are available.

If you haven't joined us for Bingo...do so!

.....  
**Reminder....**Strom Center will be closed on Monday, February 15th in observance of Presidents Day. No programs will be scheduled for the day.



Quiz Question: which two U.S. presidents birthdays are celebrated on Presidents Day??  
Yep---they are pictured above: George Washington and Abraham Lincoln.



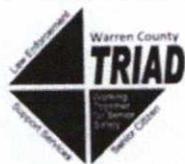
## WE NEED PAPER-BACK BOOKS!!



We are not yet running low on our supply of paperback books, but so many persons are browsing and shopping the books, we may start to run low. If you have enjoyed your paperbacks and would like to donate them to Strom, we would very much appreciate it! Currently, we have just about any genre imaginable...and would love to add even more. We ask for 10cents per book (which is a BIG bargain!!) Bring them in and we will sort them for display...

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## FEBRUARY TRIAD



At our January Triad meeting , there was discussion as to which direction our Triad should be heading. Most persons agree that we should focus on what most pertains to our local senior population, whether it be scams, inspections in to well-known charities, the most current senior -affected laws, and information on local agencies which touch the senior population.

Our Triad police officer, Doug Casaro shared a great deal of information on what the local law enforcement is doing as far as training various entities such as our educational leaders in how to deal with school safety. He will provide continuing updates on this topic.

We invite all persons: seniors, persons interested in senior topics, and any other interested persons to attend our monthly meetings which are held the second Thursday of each month at 1 PM, the next being Thursday, February 11<sup>th</sup>.

Refreshments are served at each meeting.

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## ISSUES WITH A TWO OF THE MEDICARE D PLANS

Recently it has come to our attention that enrollees in two of the Medicare D plans offered for this year..2016.. may not be provided benefits as they were presented during the Open Enrollment. Specifically, Cigna Health Spring and Aetna enrollees are asked to pay attention to what they are paying at the pharmacy and check those figures against the printouts provided to you at the time of enrollment. If there is a vast difference

you *may* be able to re-enroll in a different plan. However, these issues need to be brought to our attention as soon as possible. Please contact the staff member who enrolled you in your plan. Again, there has to be a substantial difference in what was presented to you versus what you are paying at the pharmacy.

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*The following is one of our continuing "Cameo Shots" series. Thank you to staff member BOB ANDERSON for this interview and writing...*

**Gary Morefield has enjoyed careers in...** the military, the Monmouth Police Department, and the Bureau of Alcohol, Tobacco & Firearms (BATF).

He was born at Monmouth Hospital in 1941. His mother, Dorothy was the founder and administrator of Monmouth Nursing Home. His father, Clarence was employed in an automotive body shop, but later went to work at the nursing home. Gary has an older brother, Bill, and a younger sister, Judy (Garkey).

"We had some tough times but we didn't know it," Gary said. "Money was hard to come by, but I still think it was the best time in history. Kids could walk home from the movie theater after dark and not worry about it. We had great neighbors and only a few people had front-door keys."

After graduating from Monmouth High School in 1959, Gary worked for his mother for two years before joining the military.

"I just thought it would be nice to serve the country and thought it would be interesting - and it was," he said. "Vietnam was going on and a lot of special forces were involved before it became an enlarged conflict."

Gary served in the U.S. Army Special Forces from 1961 to 1964.

"They didn't ship us to Vietnam. We were oriented toward the Middle East in those days," he said. "I was in the 10th Special Forces in Bavaria in southern Germany, near the city of Badtolz. We lived in the mountains, in what had been a German storm trooper billet. Our commanding officer was Col. Jerry Sage. He was quite a fella. The movie, 'The Great Escape,' starring Steve McQueen was based on Sage's experiences in World War II."

After leaving the Army in late 1964, Gary returned

to Monmouth, where he worked in a factory, drove an ambulance, and then - in 1967 - became a policeman with the city. He quickly rose to the rank of lieutenant detective, and one day an agent with the BATF came to Monmouth and while speaking with Gary mentioned employment opportunities with the bureau. This conversation led - in 1971 - to Gary again leaving Monmouth, this time to become a special agent for the BATF.

"At that time, the BATF was overseen by the U.S. Treasury. It is now under the authority of the Department of Justice and is called the Bureau of Alcohol, Tobacco, Firearms and Explosives," Gary explained. "With the BATF, I was part of a national unit that did airborne surveillance. I had a commercial pilot's license with single and multi-engine, land/seaplane rating, and an instrument rating. We used airplanes in surveillance and in undercover operations all over the country. I worked in every state in the continental United States. Our investigations involved illegal weapons, explosives and arson. We took aerial photos and also followed suspects from aircraft."

In 1996, Gary retired from the bureau, which has a mandatory retirement for all federal agents at age 57.

"I was eligible at 55, so I went out," he said. "I stayed retired for a few years, and in 2000, Monmouth City Administrator Sean Gillen asked me to be chief of police in Monmouth. I was appointed chief, did that job for two years, and enjoyed it immensely."

Gary described his Monmouth Police Department (MPD) officers as "young and eager to learn," and said one of his priorities as chief was to take advantage of training opportunities.

"We had several federal agencies - including the DEA - come in and present seminars," he said. "Five friends from the BATF came to Monmouth and presented a three-day bomb school. I think the Monmouth officers had an enjoyable time learning, and we developed our own tactical unit."

In 2002, Gary decided it was "time for family," so he retired from the MPD and did some traveling with his wife, Linda.

"Linda was the first person I met after I returned home from the service in 1964," Gary said. "She was working for my mom at the nursing home and mom introduced us. I actually had known Linda when she was a young girl here in Monmouth, as her parents and mine were friends. She's five years

younger than I."

The former Linda White was raised in rural Monmouth. After working at Monmouth Nursing Home, she also assisted with physical therapy at Warren Achievement for several years. She and Gary were married in 1965, and they and their two children moved to Boulder Hill, Ill., after Gary joined the BATF.

"I was assigned out of the Chicago area at that time," Gary said. "Linda went to work helping the Oswego School District, and she ran the home as a housewife as I was gone so much. After we returned to Monmouth, Linda served on the first board of directors for the Rainbow Riders Therapeutic Horseback Riding Center."

Their children, Kimberly (Drew Angotti) and Brian (Nicole) are now grown, and have blessed their parents with six grandchildren.

"Our oldest grandchild just turned 18, and the youngest is four. They were all born after we returned to Monmouth," Gary said.

He and Linda now reside in rural Monmouth, where they have a gym in their basement.

"We lift weights and have friends in that lift with us," Gary said. "We recently got back from New England. We drove, saw the fall colors, took our time, and just enjoyed it."

Asked why he chose to work in law enforcement, Gary answered, "It looked like an interesting field to go into, as I had a lot of experience in special forces. For me it was fantastic life - and not planned. I never thought that I would go into law enforcement but one thing led to another. It was a fantastic career. It had some hardships, though, with being gone from family, and them not knowing always where I was.

"It's a career that you have to want to do," he added. "You have to be dedicated. When you're in law enforcement and help somebody it just reinforces that dedication. So often people don't think about law enforcement until they need them."

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### **RECOGNITIONS PAGE...**

For the near future, we will NOT be including the RECOGNITIONS PAGE in our Strom Center News. All winners will be posted at the end of the month on our inside Bulletin Board.

# STROM CENTER, INC. 211 SOUTH A STREET, MONMOUTH, ILLINOIS

## FEBRUARY 2016 Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
	1	2	3	4	5	6		
	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch (ground hog's Day) 	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch	9:30 AM: Exercise 11:30 AM: Lunch			
7	8	9	10	11	12	13		
	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch 1:00 PM: Bingo	9:30 AM: Exercise 10:30 AM: Free Bld Pressure ck by Courtyard 11:30 AM: VOPA 11:30 AM: Lunch (Birthday Dinner) 	11:30 AM Lunch 1:00 pm Triad Meeting	9:30 AM: Exercise 11:30 AM: Lunch			
14	15	16	17	18	19	20		
<i>Valentine Day</i> 	<b>Strom Closed for Presidents Day</b> 	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch 12:30 PM: O.D.O	9:30 AM: Exercise 10:30 AM: Free Bld Pressure ck by Courtyard 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch 1:30 PM: Strom Board Meeting	9:30 AM: Exercise 11:30 AM: Lunch			
21	22	23	24	25	26	27		
	9:30 AM: Exercise 11:30 AM: Lunch <b>Mind Explorer Due!</b>	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch 1:00 PM: Bingo	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch	9:30 AM: Exercise 11:30AM: Lunch			
28	29	    <p style="text-align: center;">Call for reservations by 1 PM the prior day to Delores Sollenberger: 309- 734-5677 <b>Thrift Shop open:</b> Mon – Fri: 9AM- 4PM Saturday: 8:30 AM– 2:30 Thrift Shop #: 309-224-8657</p>  				29		
	9:30 AM: Exercise 11:30 AM: Lunch							

# FEBRUARY 2016

## Jamieson Community Center Senior Nutrition

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 SMOKED TURKEY BURGER TATER-TOTS LIMA BEANS MANDARIN-ORANGES BUN	2 GOULASH w/ MEAT SAUCE STEWED TOMATOES GREEN BEANS PEACHES	3 SALISBURY STEAK MASHED POTATOES W/GRVY BROCCOLI CHOCOLATE CAKE WHEAT ROLL	4 CHICKEN STRIPS SEASONED FRIES PEAS CINNAMON APPLESAUCE WHEAT BREAD	5 BBQ RIB PATTY CORN BAKED BEANS APRICOTS BUN
8 MAC & CHEESE w/ DICED HAM GREEN BEANS NORMANDY BLEND APPLE SLICES	9 SWEDISH MEATBALLS PEAS/CARROTS RICE PLUMS	10 ITALIAN CHICKEN AuGRATIN POTATOES SUCCOTASH LEMON CAKE DINNER ROLL	11 UNSTUFFED CABBAGE ROLL CARROTS TROPICAL FRUIT TOMATO JUICE	12 COD BAKED POTATO BROCCOLI /CHEESE MIXED FRUIT WHEAT BREAD
15 <b>CLOSED</b> STRONGHURST SERVING ON TUESDAY OQUAWKA SERVING WEDNESDAY -FRIDAY	16 CHICKEN ENCHILADA SHREDDED LETTUCE /CHEESE HEART COOKIE	17 HAWAIIAN HAM BAKED SWEET POTATO GREEN BEANS POKE CAKE WHEAT BREAD	18 CHICKEN & NOODLES MASHED POTATOES WAX BEANS BANANA	19 SALMON PATTY MAC & CHEESE CAULIFLOWER BAKED APPLES
22 BEEF STIR FRY ASIAN VEGGIES EGG ROLL RICE FORTUNE COOKIE	23 CHICKEN ALFREDO SALAD BABY CARROTS PEARS	24 COUNTRY FRIED STEAK MASHED POTATOES CALIFORNIA VEGGIES CHERRY CRISP WHEAT BREAD	25 SHEPHERD'S PIE PACHES BISCUIT	26 FISH PATTY SEASONED FRIES WINTER VEGGIES APPLE BUN
29 BBQ CHICKEN SCALLOPED CORN BROCCOLI ORANGE-TAPIOCA SALAD		ALL MEALS ARE SERVED WITH 1% MILK		POTATO BAR SUBSTITUTION AVAILABLE ON REQUEST

Lunch is served at 11:30 at these following locations:

Community Senior Citizens of Stronghurst  
(Mondays)

309-299-5301

Faith Bible Church In Oquawka

(Tuesday - Friday)

309-299-5301

Kirkwood Senior Center

309-768-2146

Roseville Senior Center

309-426-2277

Strom Center

309-734-5677

Reservations must be made by 12:30 PM the day BEFORE you want to eat.

Please call the site you will attend.

Home-delivered meals are available for seniors meeting eligibility requirements.

CALL 309-734-4251

### Non-Discrimination Policy

Jamieson Community Center does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For information, call 800-252-8966 (Voice and TDD) or contact Programs and Services Manager at Western Illinois Area Agency on Aging at 800-322-1051.

Jamieson Community Center is partially funded by:  
The Western Illinois Area Agency on Aging

and

The Warren County United Way

HENDERSON COUNTY SENIORS 208 WEST ELM STREET, GLADSTONE, IL


**FEBRUARY 2016 Events**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Come in daily for coffee, visiting and exercise use	8 am: Line Dancing with Pat..everyone welcome <i>(ground hog's Day)</i> 	Anytime: Are there items/articles you would like to submit for the newsletter? Leave in the I & A office	8 am: Line Dancing with Pat..everyone welcome 1-3 pm: Afternoon of Games! Cards, dominos, & Other! Players Choice	Senior Center open morning only today	
7	8	9	10	11	12	13
	Check out the Mind Explorer page! Enter and be a winner!!	8 am: Line Dancing with Pat..everyone welcome 9 am: Crafts	<b>SHARE TOGETHER</b> 8:30- 9:30 AM Rolls coffee juice All seniors come!	8 am: Line Dancing with Pat..everyone welcome	Senior Center open morning only today	7:30 -11 AM: Sweetheart Breakfast
14	15	16	17	18	19	20
Valentine Day 	<b>Closed for Presidents Day</b> 	8 am: Line Dancing with Pat..everyone welcome 9 am: Crafts 1 – 3 pm: Bingo		8 am: Line Dancing with Pat..everyone welcome	Senior Center open morning only today	
21	22	23	24	25	26	27
	<b>Mind Explorer Due!</b> <i>(leave in I &amp; A office!)</i>	8 am: Line Dancing with Pat..everyone welcome 9 am: Crafts		8 am: Line Dancing with Pat..everyone welcome	Senior Center open morning only today	
28	29	<b>Daily Monday – Wednesday 9 AM – 4 PM &amp; Thursday 9 AM – Noon Information and Assistance Office Open. Outreach available. Call 309 627 2812 or 309 734 5677</b> <b>8 AM- 4 PM: Senior Center open...come in for coffee, exercising, walking and visiting. Cards and Games available</b> <b>Senior Transportation: Call 309 6272812</b> <b>Congregate and Home Delivered Meals...Call Jamieson Community Center 309 734 4251</b>				

Call Senior Services Director Carol McCrery 309 734 4560 to add information to the calendar

**HENDERSON COUNTY SENIORS  
YOU ARE INVITED TO ATTEND A  
“SHARE TOGETHER TIME”**

*Come and enjoy rolls, juice & coffee while discussing  
programs and services.*



**YOUR** input is needed

Share your ideas and wishes for the senior center

Where: The Henderson County Health Department

208 West Elm Street, Gladstone, IL

**When: Wednesday, February 10, 2016**

**Time: 8:30 AM**



**Warm and Fuzzy  
Valentine' Day Basket**

**Tickets are 3 for \$1.00**

Basket includes:

- A beautiful warm heart blanket by Edna
- Hot chocolate Mix and HCHD coffee mug
  - Chocolate covered cherries
- More 'mushy' Valentines items added

See Babbie or  
Sherry to  
purchase  
tickets

**Don't forget the Sweetheart Pancake Breakfast**

**February 13, 2016 from 730 - 11 AM**

