

STROM CENTER NEWS



JUNE, 2016
edition 315

Saying Good-bye to a Special Friend.....

Strom Center is deeply saddened by the recent passing of a very dear friend ...**Phil Nelson**. Phil was a large presence at Strom Center. He was involved in almost every area of the center. Over twenty-five years ago, he and his wife JoAnn had a vision ...that vision was to build a Thrift Shop into a thriving business that would be self-sufficient while providing support to Strom Center financially, increase income to develop programs, and offer inexpensive clean clothing and household items to the community. That vision has been fully realized. Even though Phil held the position of Thrift Shop Manager for well over twenty-five years before retiring, he did so without pay, volunteering thousands upon thousands of hours, coming in early each day and many weekends and staying the entire day. He earned the respect and love of many; his infectious laugh could be heard from all corners of the center. He loved to work, but he was also a fun-loving avid card player, a great cook... preparing food for many of the Strom Center fund raisers and activities but above all, Phil was a very compassionate person. Each time Strom's front doors open, his face and laugh and steady pace are still expected and will continue to be so for a long time into the future. . We were blessed to call him ours..... Our prayers and thoughts go out to his wife JoAnn and their family~~



Men's Morning at Strom Center....

On **Friday, June 17th** Gentlemen at Strom Center will be honored **throughout the morning** at which time they can stop in anytime **from 9 am – 11 AM** for Delicious Rolls, Juice and Coffee. There will be drawings during the morning concluding with a main drawing at 11 AM (need not be present to win).

No reservations are necessary....just stop ANYTIME between **9 – 11:00 AM**. We hope to see you then!



OUTREACH DATES FOR JUNE

Pam Allen, SHIP Counselor/ I & A / Outreach Specialist has announced the following dates and places for Outreach in June:

* Tue., June 21 - Costello 9-10 a.m. and * Oak Terrace 10-11 a.m.

* Wed., June 22 - Roseville 10-11 a.m. * Thurs., June 23 - Kirkwood 10-11 a.m.

(continued)

Please call Pam (734 8074) if you wish to see her at any of these sites. She can assist you in a variety of areas...Benefits Access, Homestead Exemption, Medicare, Medicaid, etc. To allocate enough time for each person it would be advantageous to call her in advance concerning what your needs are.

June and July Jewelry Class Dates

Donna Reyburn, Jewelry Class Instructor has set the Jewelry Class dates for June and July as follows:

- Monday, June 13...9:30 AM
- Monday, June 27...9:30 AM

- Monday, July 11...9:30 AM
- Monday, July 25...9:30 AM



These classes are open and free to all seniors...If you haven't participated before, why not come join the fun?! Some beautiful creations are made...
 Thanks, Donna for all you do and for sharing your jewelry-making 'know-hows' with us!

B-I-N-G-O Dates in June...

Come join us at Strom for two afternoons of Bingo. The games begin at 1 pm and end at approximately 3:15 pm. June's Bingo dates are:

Tuesday, June 14th and Tuesday, June 28th.
 Suggested cost for cards are 25 cents each.
 What a fun way to enjoy an afternoon!

Thank You....

.....to EVERYONE who participated in one way or other in our recent successful Bake Sale. To those who brought items, those who came and purchased items, and to those who oversaw the event...Thank You.. Special thoughts go to our Special Events Coordinator, Darlene Cox who due to health issues could not attend...



Note from Special Events Coordinator...Darlene Cox

UPCOMING POTLUCK DINNER...ummmmm!

Strom's next Potluck will be held on Saturday, June 11th at noon. As always the potluck will begin at 12 o'clock Noon. Plates, silverware and cups/ glasses will be furnished. Bring whatever food dish you wish...EXCEPT DESSERT...as there were items left from the Bake Sale that will be available. Following the meal bingo and / or cards will be enjoyed. The afternoon is always a great time for sharing and relaxing...Come join us!



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Happy Anniversary to...

A very special couple...
DON and BARB OWENS..who will be celebrating their 52nd wedding anniversary on June 14th!!
 Happppppy Anniversary!

THINKING AND PRAYING FOR YOU BOB...

Our own Bob Hillman has recently been in the hospital and is now at home recovering... We have missed you Bob and are anxious to get you back!

Happy Birthday to 2 Special Persons!!

Happy Birthday to **BOB HILLMAN** (who just happens to be Strom's Board President!). Bob will be celebrating his 39th (cough, cough) birthday on June 28th. *Aaaand...* just a few days later on July 1st, a very special lady, (and Bob's wife) **GLORIA HILLMAN** will be celebrating her birthday. Happy birthday, you two!



RSVP NEWS



Matter of Balance

Do you or someone you know have concerns about falling? We will be offering a Matter of Balance class series this summer in partnership with OSF Holy Family Medical Center. A Matter of Balance is a series of eight classes designed to help older adults view falls as controllable, set goals for increasing activity, make changes to reduce fall risks and learn exercises to increase strength and balance. The classes will be held in Classroom D at OSF Holy Family Medical Center in Monmouth on Monday afternoons from 1-3 beginning June 20 and ending August 15. If you would like more information or wish to register for the class, please call Ruth Fluke at 309-734-1424.

RETIREMENT

As many of you already know, I will be retiring soon with June 3 being my last day as RSVP Program Coordinator. I have enjoyed working with the RSVP program and getting to know so many wonderful people. But the time has come for me to be able to spend more "Grandma Time" and also get some travel dreams accomplished. However, I will continue as a member of RSVP and volunteering for the Matter of Balance program and other activities.

RSVP will be filling my position sometime during the summer. Rhonda Brady will continue as RSVP Volunteer Coordinator for Knox & Warren Counties. If you need any assistance with RSVP, please contact Rhonda at 309-737-3073 or rbrady@wiaaa.org.

Thank you for all the service you provide to our community and I will see you as a fellow RSVP member in the future!

Amy Griswold
Program Coordinator
309-428-5841
agriswold@wiaaa.org

Note from Carol....We wish you the best in your retirement, Amy...It has been a pleasure interacting with you on events....We will miss you...but looking forward to seeing you in the RSVP Volunteer position!

The following article was written by Strom staff worker, Bob Anderson. It is another in our ongoing series of Cameo Features...

EVERYONE SHOULD VOLUNTEER.....

Raised on farms near Maquon and later east of Avon, **Leon Martin** learned early in life the value of hard work and volunteering.

"My father worked on the section gang of the railroad, then as a farm hand until he rented his own farm when I was in the fourth grade," Martin said. "When I was in fifth grade, dad started me working on his hay baling crew. I drove the IHF-20 tractor with no power steering. The days were long. It taught me how to work hard and helped the family as we were not well off. What I enjoyed the most were the dinners the ladies would fix. In those years, the whole community went together and helped other farmers put up hay."

As a boy, Martin also cultivated corn for another farmer for two years before moving to Avon.

"I drove an H Farmall tractor with a two-row cultivator," he recalled. "I got paid 50 cents an hour, which was enough money at the end of two months to buy the new shoes and clothing I needed for my school year. The summer of my freshman year, Charles Hart hired me to work with his baling crew. I went with him wherever he baled hay or straw. His hired man and I loaded the bales on the rack."

While in high school, Martin volunteered to be secretary of his school's FFA group. At graduation, Martin was presented with the DeKalb Ag Award. He then went north to Lake Villa to work for Susanna Farms, a large Scotch Short Horn show cattle farm. "We traveled the state fair circuits and slept on cots, bales of straw, and on seats in semis as we traveled from state to state," Martin said. "I did this for two years, then went back home and worked in a factory for awhile, didn't like that, then went to work for the Illinois Department of Transportation. I wasn't looking for another job, but Clarence Neff and Robert Riley asked me if I'd like to work for NEFF CO, a John Deere dealership in Avon. I worked for them for 45 years."

One very hot day in August 1958, Martin married the former Donna Swinger of Avon. Their daughter, Teresa was born five years later. The Martins now have five grandchildren and two great grandchildren. Leon was a volunteer fireman in Avon for 10 years. During that time, he was elected president of the Knox-Fulton Volunteer Fireman Association. He also served as both a Boy Scout and a Cub Scout leader. "While I was working and volunteering, Uncle Sam decided he needed my help, so I joined the Army Reserve unit in Galesburg the night before my draft papers went out," Martin said. "I spent six years in the Reserve training unit and was a sergeant first class when I got out."

In 1967, Martin joined the Avon Lions Club, where he served as secretary/treasurer and later as first vice president. Soon after moving to Monmouth in 1970, he joined the Monmouth Lions Club. Now in his 49th year as a Lion's Club member, Martin has held all the club officers' positions at least twice. He also helped the Warren County Prime Beef Festival for 43 years, serving as president, chairman of various committees, and as parade marshal.

"I believe everyone should volunteer for things," he said. "You meet a lot of different people and make friends. Every service organization is great. I believe in the Lions - the world's largest volunteer organization - because we help locally. Yes, we reach out and help people around the world, but 100 percent of the money the Monmouth Evening Lions Club takes in from our community stays here in Monmouth and surrounding Warren County communities. If you would like to serve our community, please contact me or another Lion."

Note from Thrift Shop Co-Manager Crystal Vanskike

THRIFT SHOP CORNER



Just in time for summer ! We have our Bathing Suits, Beach Toys, and Sports Equipment, as well as Summer Clothes—shorts, shirts and dresses ready for our warm weather shoppers...

BIG NEWS FLASH! Have you heard about Kirkwood Days??? There are lots of events scheduled during Kirkwood Days, but one in particular will be of special interest to Strom members as Strom will enter a float in the Kirkwood Days Parade. In May we had a planning meeting and are very excited about our entry. We still have room for anyone who wishes to * work on the float, *ride on the float, and/ or *pass out treats and give a-ways. Also, we are in need of some 4th of July decorations to use on the float; if you have any to give or loan to us, it would be appreciated. The parade will be held on Saturday, June 25th. Line-up is at 4:30 pm and the parade begins at 5:30 pm. Put Kirkwood Days on your calendar and come support our seniors that day! For more information on the event, call me, Crystal Vanskike at Strom's Thrift Shop 309 224 8657.

(continued...)

Oh, and speaking of June...we currently have several beautiful wedding dresses for your 'special day'! Spread the word, and come check them out!

JUNE TRIAD.....



Thank you to all of our Triad Members who participated in the Security Savings Bank/WRAM sponsored Scam Program held in May!

Our next Triad meeting will be held on Thursday, June 9th. At this writing we are still confirming the program but it promises to be another very informative one. Reminder calls will be made to inform you of the program. Anyone wishing to be added to the Reminder Call list, call Strom Center (309 734 5677). The June 9th meeting will begin at 1 PM; the meetings normally are 1 ½ hours in length. Refreshments are served. **REMEMBER TO BRING ANY AND ALL** ...suspect mailings, information or phone calls you may have received, or questions about charities you may wish to investigate!

Coming Soon...! Trouble hearing on the Phone? Illinois has a FREE Amplified Phone Program..and there are NO age or income restrictions!

The Illinois Telecommunications Access Corp. (ITAC) provides phones to individuals who experience hearing problems in varying degrees...If YOU find it difficult to hear using your current phone (either land line phone or cell phone) you may be eligible to choose a phone which will be easy to use, and provide you with clear reception.

Strom Center will be hosting an afternoon of trying out phones and experiencing just how beneficial adaptive phones can be. At this writing a day and time have not been scheduled by ITAC, but it will be either in June or July. We will try to get the specifics out to the community via the radio, posters, and newspaper as soon as dates are confirmed.

Henderson County News:

On Wednesday, June 15th Gentlemen at Henderson County Senior Center, located at the Henderson County Health Department, Gladstone, IL, will be honored **throughout the morning** at which time they can stop in anytime **from 8:30 am – 10:30 AM** for Delicious Rolls, Juice and Coffee.



There will be drawings during the morning, concluding with a main drawing at 10:30 AM (need not be present to win). No reservations are necessary....just stop ANYTIME between **8:30 Am – 10:30 AM**. We hope to see you then!

News from Leslie Freeman.....

DON'T FORGET!!

THE HENDERSON COUNTY CRAFTERS are sponsoring a Painting Fundraiser !!

Date: Saturday, June 11th **Time:** 6 – 8 PM

Where: The Walking Eagle, 1002 North 7th Street, Oquawka, IL

Call the Henderson County Health Dept. for more information 309 627 2812

This has been a GREAT event in the past...lots of fun....Try it out!

JUNE 2016



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**ALL MEALS
ARE SERVED
WITH 1%
MILK**

**6 SAUSAGE &
GRAVY
V-8 JUICE
TRI-TATER
MANDARIN-ORANGES
BISCUIT**

**7 BEEF
STROGANOFF
LIMA BEANS
CARROTS
PINEAPPLE**

**13 BEEF &
NOODLES
MASHED
POTATOES
GREEN BEANS
SLICED APPLES**

**14 SWEET & SOUR
CHICKEN
ASIAN VEGGIES
RICE
FORTUNE COOKIE**

**20 PULLED CHICKEN
SANDWICH
GREEN BEANS
COLESLAW
MIXED FRUIT
BUN**

**21 BEEF
MACARONI
CARROTS
DICED TOMATES
PUDDING**

**27 SMOKED TURKEY
BURGER
SWEET POTATO
NUGGET
NORMANDY BLEND
VEGGIES
PLUMS**

**28 TUNA
CASSEROLE
W/PEAS
LETTUCE SALAD
JELO-BANANA**

**1 HAM BALLS
MASHED
POTATOES
CREAMED PEAS
APPLE-SPICE CAKE
ROLL**

**8 VELVET CHICKEN
MASHED POTATOES
W/GRAVY
GREEN BEANS
YELLOW CAKE
WHEAT BREAD**

**15 SPANISH PORK
CHOP
BAKED POTATO
STEWED TOMATOES
VANILLA-WHITE CAKE
DINNER ROLL**

**22 HAWAIIAN HAM
AUGRATIN
POTATOES
CAULIFLOWER
SPICE CAKE
WHEAT BREAD**

**29 POT ROAST
BABY CARROTS
PEACH COBBLER
DINNER ROLL**

**2 HOT ROAST
BEEF SANDWICH
CARROTS
BANANA
HOAGIE BREAD**

**9 MAC & CHEESE
W/ DICED HAM
MIXED
VEGETABLES
PEARS**

**16 COUNTRY FRIED
STEAK
MASHED POTATOES
PEAS/CARROTS
STRAWBERRY &
CREAM
WHEAT BREAD**

**23 BEEF &
BROCCOLI
TOSSED SALAD
RICE
PLUMS**

**30 SALISBURY
STEAK
MASHED POTATOES
GREEN BEANS
APPLE-CRISP
WHEAT BREAD**

**3 LAZY SOUTHERN
CHICKEN
ROASTED POTATOES
GREEN BEANS
COTTAGE CHEESE
BISCUIT**

**10 PULLED PORK
SANDWICH
BAKED BEANS
COLESLAW
STRAWBERRY-
APPLESAUCE
BUN**

**17 CHICKEN SALAD
LETTUCE/TOMATO
PICKLED BEETS
BAKED CHIPS
TROPICAL FRUIT
CROSSIANTS**

**24 BBQ RIB PATTY
SPINACH SALAD
BAKED BEANS
PEACHES
HOT DOG BUN**

**POTATO BAR
SUBSTITUTION
AVAILABLE
UPON
REQUEST**

Lunch is served at 11:30 at these locations:
Community Senior Citizens of Stronghurst
 (Mondays)
 309-299-5301
Faith Bible Church in Oquawka
 (Tuesday - Friday)
 309-299-5301
Kirkwood Senior Center
 309-768-2146
Roseville Senior Center
 309-426-2277
Strom Center
 309-734-5677

Reservations must be made by 12:30 PM the day BEFORE you want to eat. Please call the site you will attend.

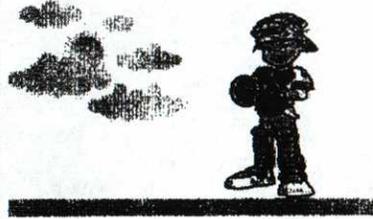
Home-delivered meals are available for seniors meeting eligibility requirements. CALL 309-734-4251

Non-Discrimination Policy
 Jamieson Community Center does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For information, call 800-252-8966 (Voice and TDD) or contact Programs and Services Manager at Western Illinois Area Agency on Aging at 800-322-1051.

Jamieson Community Center is partially funded by:
 The Western Illinois Area Agency on Aging
 And
 The Warren County United Way

STROM CENTER, INC. 211 SOUTH A STREET, MONMOUTH, ILLINOIS

JUNE 2016 Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Call for reservations by 1 PM the prior day:  Delores Sollenberger 309-734-5677 Thrift Shop open:  Mon - Fri: 9AM- 4PM Saturday: 8:30 AM- 2:30 Thrift Shop #: 309-224-8657 		1	2	3	4
		9:30 AM: Exercise 9:00AM: Crafters 11:30 AM: Lunch	9:30 AM: Exercise 10:30 AM: Free Bld 11:30 AM: VOPA 11:30 AM: Lunch (Birthday Dinner) 	11:30 AM Lunch 1:00 pm Triad Meeting	9:30 AM: Exercise 11:30 AM: Lunch	<i>Noon: Strom Potluck: Dessert furnished</i>
5	6	7	8	9	10	11
12	13	14	15	16	17	18
	9:30 AM: Jewelry Class 9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 10:30 AM – 11:30 AM: WIHH Free Blood Press 11:30 AM: Lunch 1:00 PM: Bingo  (Flag Day)	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch 1:30 PM: Strom Board Meeting	9-11:15 AM: 'Gentlemens' Morning at Strom 9:30 AM: Exercise 11:30 AM: Lunch	
19	20	21	22	23	24	25
 Father's Day	9:30 AM: Exercise 11:30 AM: Lunch <i>Mind Explorer Duel</i>	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch 12:30PM: O.D.O Outreach at Costello & Oak Terrace 9-11AM	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch Outreach at Roseville 10-11 AM	11:30 AM Lunch Outreach at Kirkwood 10-11 AM	9:30 AM: Exercise 11:30AM: Lunch	
26	27	28	29	30		
	9:30 AM; Jewelry Class 9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch 1:00 PM: Bingo	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch		

Henderson County Seniors, Gladstone, IL

JUNE 2016 Events

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
		Henderson County Health Department Thrift Shop open: Mon – Thurs 8am- 3 pm Fri. 8 am- Noon Suggested donations for all items!				1 8 AM...Senior Center open: enjoy coffee & visiting		2 8 AM: Line Dancing with Pat		3 Center is open from 8 am – Noon!		4	
5		6		7		8		9		10		11	
Open at 8! Start your week off with friends...		8 am: Line Dancing 9 am: Crafts		8 am...Center is ready for YOU!		8 AM: Line Dancing with Pat Fun fun fun		8 am Sharp! Center is open until noon!					
12		13		14		15		16		17		18	
8 am..open Catch up on the latest!		 (Flag Day) 8 am: Line Dancing 9 am: crafts		8:30 – 10: 30 am Gentelmen's Day at the Center...join us for rolls, juice, coffee!		8 AM: Line Dancing with Pat <i>Come join the fun!</i>		Center is open from 8 am – Noon!					
19		20		21		22		23		24		25	
 Father's Day		8 am..open for coffee and exercise! Mind Explorer Due!		8 am: Line Dancing 9 am: Crafts		8 am...Center is ready for YOU!		8 AM: Line Dancing with Pat		Center is open from 8 am – Noon!			
26		27		28		29		30					
8 am....how about a cup of coffee to start the day!		8 am: Line Dancing 9 am: Crafts		8 am....enjoy exercising, chatting and coffee (Life is Good!)		8 AM: Line Dancing with Pat Come check it out!							

