

STROM CENTER NEWS

JANUARY , 2017 edition 322

SANTA FOR SENIORS" ... A GREAT SUCCESS!!



This year's Santa for Seniors program was wonderful! Caring individuals, clubs, and businesses really step up and make sharing a priority. Staff worker Bob Anderson did a tremendous job of organizing the program...from accepting applications, (thanks to Bob's wife Kim again for making the tags!), and delivering them to Security Savings Bank. Volunteers, staff (and some staff spouses!) delivered them to recipients. Security Savings Bank has been a most gracious partner in this venture; their staff went beyond in ensuring that many of our area seniors would enjoy the special day. A special thanks to Security Savings for keeping Bob apprised of the status of the tags and overseeing the incoming gifts. Again, we want to give a tremendous Thank You... to all area persons, clubs, and organizations who took tags from the tree at Security Savings, purchased gifts, wrapped them, and returned them in time for Christmas.

Thank You to THE WEDNESDAY QUILTERS CLUB

Again, a **BIG THANK YOU** goes out to the WEDNESDAY QUILTERS CLUB which meets weekly at Heritage U.P. Church. They again came through for our Santa for Seniors Christmas Program providing lap robes and small and large throws to be delivered along with our other presents this year. All the creations were beautifully made, very cozy looking and perfect sizes. Those persons



who were blessed with the covers were delighted and very grateful. Thank you ladies!! Thank you to all persons and groups who donated other items

to give out for our Santa for Senior program. We had a wonderful variety of items. Thank you again on behalf of all who received the presents.....

WEATHER CLOSING REMINDER !



If there are dangerous weather conditions, listen to WRAM (1330) and/or WMOI (97.7) radio stations to find if we will be open ! We attempt to let the radio station know as early as possible the morning in question.

Generally speaking, if there are events, programs, or special happenings scheduled on that day at Strom, they also will be cancelled but listen for those specifics as well as Thrift Shop closing also on the radio. (By the way, we will have closings highlighted on our window sign...so before parking your car, or letting your ride leave without you...check the sign!)

MEDICARE D.... QUESTIONS YOU MAY HAVE...



January and the beginning of implementing new Medicare D plans will soon hit us ..there are sure to be questions regarding the plans in which persons have enrolled. In fact, the first issue has already presented itself. Persons receiving Social Security AND have elected to have their Medicare D premiums deducted from their Social Security checks have noticed that the amount shown on that letter is **NOT** correct. The amount shown is only correct IF you are staying in the same plan in 2017 as you currently are in in 2016. If, however, you have switched plans, the new premium amount was not yet in the Social Security system when the letter was generated.

Another issue...You may be faced with higher drug co-payments beginning in January. This will be the case if you are enrolled in a plan with a deductible.

Most plans which have deductibles have the amount set at \$400 for 2017. Therefore, you will pay the first \$400 in covered drug costs and then realize a lesser amount once the deductible is met.

Yet another issue is one in which some persons who are currently on Low Income Subsidy (also called Extra Help) may experience. Letters from Social Security and / or Medicaid were mailed to many (but not all) persons who are on these programs stating a response was needed to verify income and assets. If a response was not received, that help with Medicare D will be suspended until the information is received. Remember, it takes a while for that information to be processed which means there may be a lapse in coverage until the information is accepted.

If you experience problems with your Medicare D plan coverage, please feel free to call us here at Strom; it may just mean a call to the Medicare D Plan to straighten the matter out. However, it may be an issue that will demand more work and time to iron out. We experience many calls in January, so please be patient...we will get to you as soon as possible.

ABOUT THOSE HOME EXEMPTION FREEZE FORMS & BENEFIT ACCESS APPLICATIONS.....

As always, Strom will continue to file Homestead Exemption Freeze forms, as well as Benefit Access (formerly Circuit Breaker) forms BOTH in Warren and Henderson Counties. (Reminder: Benefit Access applications are only for the purpose of reducing the cost of license plates...one reduction per application).



Just a note: because we completed persons income taxes in prior years, we could keep that information on file for other applications. If we do provide other services, it would be wise to bring in a copy of completed tax returns along with the supporting information to put in our client files. Our client files are locked, safe, and secure with access only by Strom staff.

CONGRATULATIONS RAFFLE WINNERS!

RUTH FREDRICKSON was the very lucky

winner of the *beautiful* Pink Swedish Woven Throw created and donated by **PATTI SCHWASS**.

JOYCE WALLACE was the very lucky winner of the *beautiful* Blue Swedish Woven Throw also created and donated by **PATTI SCHWASS**. (Thank you Patti!!)

GAIL GILMORE was the very lucky winner of the beautiful large crocheted tablecloth created by **DONNA GILBERT**. (Thank you Donna!)

(Even though there were some sad faces (including mine!) of persons who had been hopefully eyeing all three of these gorgeous creations ...we are happy for the winners !)



Note from Darlene Cox

A BIG THANK YOU.....

The recent Christmas Treasure Sale and Candy / Bake Sales went well. We had a lot of candy and

baked goods to offer. Unfortunately, the weather wasn't the best, but the event was still a success. I want to thank Shirley Caldwell who oversaw the Sale with the help of Marilyn Perrin and Shirley Peterson. Also, thank you to everyone who brought craft items, and bakes goods and candy; all was very much appreciated. Thanks to you wonderful people. Take Care and God Bless!

.....Darlene Cox



POWER FOR SENIORS: ANOTHER HUGE SUCCESS!

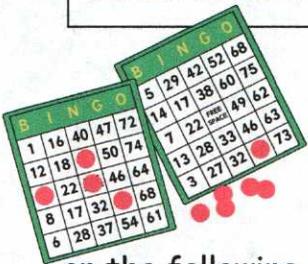


On December 13th, approximately 160 seniors and guests enjoyed lunch prepared by Jamieson Center, and provided for by the Fraternal Order of Police Lodge 265. Both members of the Warren County Sheriff's office as well as

the Monmouth Police Department and volunteers from both, as well as Strom staff and volunteers served the lunch to those in attendance. Twenty-five fortunate seniors had their names drawn to receive \$100 Ameren Power gift checks.

A special thank you to Police Officer Larry Myers for ensuring all bases for the event were covered and the Monmouth Police and Sheriff's Departments for making it a very enjoyable special day! Truly our area is fortunate to have such dedicated law enforcement personnel who go beyond the call of duty to recognize and honor our senior population. You're the Greatest!!

MONTHLY TRIAD MEETING
 Due to conflicts with mandatory staff training, there will be no January Triad Meeting. Information regarding the February meeting will be in next months Strom Center News.



BINGO DATES FOR JANUARY

Bingo at Strom will be held on the following dates:

Tuesday, January 10, 1 PM

Tuesday, January 24, 1 PM

Suggestion donation for each Bingo card is a mere 25 cents

EVENING LIONS CLUB IN NEED OF THESE ITEMS...

One of our new staff members, Lynda Accardo just happens to be an Evening Lions Club member. She has shared a list of items which the Evening Lions would appreciate receiving....

- Old Hearing Aids

- Old Keys
- Used Ink Cartridges
- Old Glasses
- Old Cell Phones
- Pop Can Tabs

Strom Center has receptacles for these items if persons would like to drop them off at Strom; the Evening Lions Club members may then pick them up at Strom.

This is a good time to mention that the Evening Lions Club has done so much for this community...Strom has witnessed the generosity first hand...Thank You to those members!



STROM THRIFT SHOP

There was so much activity in our Strom Thrift Shop during the holiday season, I didn't get to wish everyone a Merry Christmas in the *Strom Center News*. I hope everyone had a wonderful Thanksgiving and Merry Christmas!

Our January month-long sales will include Mens and Womens Sweatshirts priced at only \$1.25 each!! Buy one puzzle and get one (of same or lesser value) FREE! We are still selling Novels and Hardback Books at \$1 each and the second one will cost only 50cents. Buy a Childrens Book for \$1 and the second will cost only 25cents.

Come check out our Thrift Shop! You will notice great (lower) pricing on almost all items. We will continue to have a variety of sales throughout the year !

..... Crystal Vanskike,
 Thrift Shop Manager

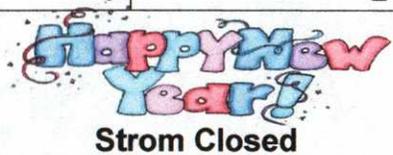


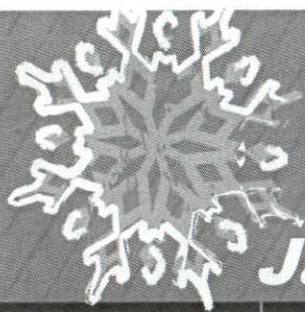



JANUARY 2017 Events






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2	3	4	5	6	7	
		9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch	9:30 AM: Exercise 11:30 AM: Lunch		
8	9	10	11	12	13	14	
	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch 1:00 PM: Bingo	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch (Birthday Dinner) 	11:30 AM Lunch	9:30 AM: Exercise 11:30 AM: Lunch		
15	16	17	18	19	20	21	
	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch 12:30PM: :O.D.O	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch 1:30 PM: Strom Board Meeting	9:30 AM: Exercise 11:30 AM: Lunch Mind Explorer Duel!		
22	23	24	25	26	27	28	
	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch 1:00 PM: Bingo	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch	9:30 AM: Exercise 11:30 AM: Lunch		
29	30	31	Call for reservations by 1 PM the prior day to Delores Sollenberger: 309- 734-5677 Thrift Shop open: Mon – Fri: 9AM- 4PM Saturday: 8:30 AM– 2:30PM Thrift Shop #: 309-224-865				
	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch	   				



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Jamieson Community Center Senior Nutrition

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CLOSED	3 Beef Sandy Mash Mashed Potatoes Asparagus Orange Tapioca Salad Wheat Bread	4 Meatloaf Baked Potato Brussel Sprouts Fruit Cocktail Dinner Roll	5 Tater Tot Casserole Green Beans Pears Wheat Bread	6 Chicken Fried Steak Mashed Potatoes Gravy California Veggies Peaches
9 Grilled Chicken Baked Beans Salad w/ Tomatoes Peaches Whole Grain Flat Bread	10 Hamburger Steak w/ Onions Mashed Potatoes Coleslaw Tropical Fruit Dinner Roll	11 Chicken, Broccoli & Rice Casserole Pickled Beets Broccoli Pineapple Cake	12 Roast Pork Mashed Potatoes Peas Pears Wheat Bread	13 Sloppy Joe Roasted Potatoes Tomatoes 5 Cup Fruit Salad Bun
16 Spaghetti w/ Meat Sauce Salad Garlic Bread Lush Cake	17 Beef Stew Peas, Carrots & Potatoes Lettuce Salad Mandarin Oranges Corn Bread	18 Glazed Ham Sweet Potatoes Wax Beans Jello Cake Wheat Bread	19 Sausage Gravy Tomato Juice Tri Taters Mixed Fruit Biscuit	20 Baked Chicken Green Beans Baby Carrots Apple Rings Wheat Bread
23 Chicken Spaghetti Corn Green Beans Apple Crisp	24 Potato Beef Casserole Winter Blend Veggies Pineapple Wheat Bread	25 Sweet & Sour Chicken Asian Veggies Salad Egg Roll Fortune Cookie	26 Lasagna w/ Meat Sauce Peas & Carrots Tomatoes Orange Garlic Bread	27 Ham & Beans Spinach Salad Strawberry Jello Corn Bread
30 Cheesy Tuna Casserole Normandy Veggies Peas Tropical Fruit	31 Tacos w/ Ground Beef & Cheese Lettuce & Tomato Green Beans Baked Apples Flour Tortilla		1% MILK SERVED AT ALL MEALS	POTATO BAR OPTION AVAILABLE DAILY

Lunch is served at 11:30 at these locations:
 Community Senior Citizens of Stronghurst
 (Mondays)
 309-299-5301
 Faith Bible Church in Oquawka
 (Tuesday - Friday)
 309-299-5301
 Kirkwood Senior Center
 309-768-2146
 Roseville Senior Center
 309-426-2277
 Strom Center
 309-734-5677

Reservations must be made by 12:30 PM the
 day BEFORE you want to eat.
 Please call the site you will attend.

Home-delivered meals are available for
 seniors meeting eligibility requirements.
 CALL 309-734-4251

Non-Discrimination Policy
 Jamieson Community Center does not
 discriminate in admission to programs or
 treatment of employment in programs or
 activities in compliance with the Illinois
 Human Rights Act; the U.S. Civil Rights Act;
 Section 504 of the Rehabilitation
 Employment Act; and the U.S. and Illinois
 Constitutions. If you feel you have been
 discriminated against, you have a right to file
 a complaint with the Illinois Department on
 Aging. For information, call 800-252-8966
 (Voice and TDD) or contact Programs and
 Services Manager at Western Illinois Area
 Agency on Aging at 800-322-1051.

Jamieson Community Center is partially
 funded by:
 The Western Illinois Area Agency on Aging
 And
 The Warren County United Way

HENDERSON COUNTY NEWS



2017....A YEAR TO BE HEALTHY !!



This is a reminder...there are sooo many ways to make the year 2017 a healthy one! Located in the gym at the Henderson County Health Department, there are several pieces of exercise equipment that anyone may use (first have to sign a equipment waiver, found as you enter the gym). There is also a walking 'track' free of obstacles to get you going! Not only are there physical exercise opportunities, there are mental ones also! There are books for loan, games to play, and friends to keep you emotionally healthy! Come check out all there is to offer!

ARE YOU RECEIVING THE STROM CENTER NEWS???

Throughout the year Strom does our best to keep all persons informed of the latest in legislation, program updates, state and local opportunities, and happenings within both the Strom site in Monmouth and Gladstone. But...there are many other reasons to be on the Strom Center Mailing List....Monthly, we have the Mind Explorers Quiz....if you are a winner you will receive a gift card to one of the local restaurants or grocery stores. Answers must be turned in by the 20th of each month to one of the Senior center workers...Carol McCrery, Kathy Ferrenburg, and /or Erica Little, or mailed to Strom Center, 211 South A Street, Monmouth, IL 61462.

From time to time we will also have a special quiz such as a Word Find, or Brain Teaser....rules for those are part of the instructions in the monthly newsletter.

If you wish to receive a FREE Strom Center News, please sign the Newsletter Request Form outside the Senior Center Office at the Henderson County Health Department.

If you have ANY news, celebration announcements, condolences, well-wishing, or events that would interest the senior population, please also give that information to one of the Strom Center workers! We would LOVE to include that in our newsletter! You may also email any information to: stromseniors@gmail.com.

HERE'S WISHING EVERYONE A VERY WONDERFUL NEW YEAR !!

