

STROM CENTER NEWS



MAY, 2017
Edition 326



Ladies Day Recognition Planned....

On Friday, May 12th, ladies at Strom Center will be our guests at **9:30 AM** for a simple brunch...free of charge of course!

Special recognitions will be awarded with a gift to all ladies in attendance.! There will be prize for each lady who brings a picture of her Mother (or Mother -figure) and shares a memory about her. Strom Center is proud to honor **all** ladies.

Please plan to attend.. To ensure there are adequate gifts and refreshments, it is necessary to make reservations no later than **May 5th** by calling 734-5677 or coming in to sign up.



B-I-N-G-O- DATES FOR MAY:

TUESDAY, MAY 9TH AND TUESDAY, MAY 23RD

Each day Bingo begins at 1 PM and ends approximately 3:30 PM



THANK YOU...to **Crystal Yeomans**, Admissions & Marketing Coordinator at Petersen Health Care (for both Courtyard Estates and Legacy Estates, Monmouth) who is hosting the Bingo on May 9th....We appreciate it!.



JEWELRY CLASSES FOR MAY:

MONDAY, MAY 8TH AND MONDAY MAY 22ND

Each day Jewelry begins at 9:30 AM and ends at approximately 11:15 AM

Thank you to our Jewelry Class leader, Donna Reyburn! Classes are free and result in some absolutely gorgeous creations! Come check it out!

A Very Special Lady...

Strom Center recently said farewell to a very special lady....

JOANN NELSON who passed away on April 19th. It would be impossible to know where to begin in sharing all the many ways JoAnn showed her love for Strom Center, as she was such a central figure in every area ...early on, she was a Board Member, she and her husband Phil (who passed away in May, 2016) did much of the cooking for Strom's special events and fund raisers, they organized many events and truly loved Strom and developed hundreds of friendships with fellow Strom members throughout the years.



JoAnn and Phil were avid card players at Strom especially with the Wednesday afternoon Bridge Players.

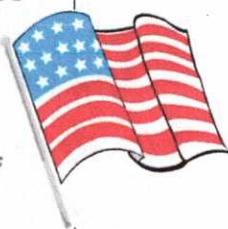
A very lasting endeavor the Nelsons established many years ago, was revamping Strom Center Thrift Shop from a part-time shop into a full-time actual 'store', very much like a regular retail store but with low prices. They envisioned a very clean well -organized store where all the donated clothes would be laundered and displayed in a way that shoppers could easily find what they desired. Non-clothing items would be clean and in good repair and all items would be very reasonably priced. The Nelsons both worked full-time in the Thrift Shop without pay, until JoAnn, due to health issues could no longer work, but Phil kept on working until shortly prior to his passing. Fortunately, the current Thrift Shop Manager, Crystal Vanskike was trained by the Nelsons and shared their vision, which she carries out even now. Because of the Nelsons, Strom's Thrift Shop has greatly benefitted Monmouth and surrounding areas, it has been a great source of additional income for services for seniors, it has provided needed / emergency items and clothing to persons through the Benevolency Fund, and it has provided a great volunteer opportunity to many who love to serve.

Strom Center extends our deepest sympathy to JoAnn's family....Our prayers and thoughts are with and for them~~

An additional note... The above picture truly shows the smile which **always** lit up JoAnn's face....one of her many special characteristics!

REMINDER: Strom Center will be closed on Monday, May 29th in observance of Memorial Day. No Appointments nor programs will be held or scheduled that day.

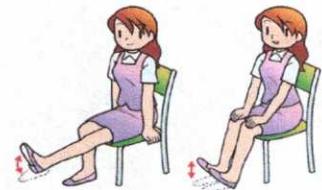
Memorial Day is a holiday for remembering the people who died while serving in the country's armed forces. Strom Center honors the families of and all the men and women who have sacrificed so much for our country, and for our freedom.



AN INVITATION FROM MARY HASTING...

STROM EXERCISERS

Strom Center hosts an Exercise Program three days per week...on Monday, Wednesday, and Friday at 9:30 AM. Everyone who attends reaps a double advantage...we have lots of fun exercising together, and we enjoy the health benefits that exercise provides. Each person exercises at his / her own pace....and lively music gets us in the 'exercise mood'! Come and check us out! No registering required!



News from Thrift Shop Manager Crystal Vanskike...

THRIFT SHOP CORNER.....

Strom Thrift Shop's Special for the Month of May is: **Womens PJ's and Sweat Pants....**

You won't find a better deal around for either than what you will find in our Thrift Shop! Be sure to check them out!

And you will definitely want to check out our summer items...everything summer-related is out and ready for viewing....swimsuits, shorts, capris, tank-tops, and some very beautiful and very popular summer dresses. *Annnnnd* we also have a great inventory of sandals for adults and children!...and much much more.....

Have you heard of our Coupon Program? After making your purchases in our Thrift Shop, you receive a 25% off coupon...present that the next time you shop and get 25% off of your purchase, **and** receive another 25% off coupon. (A coupon **must** be presented at the time of purchase to get the discount!)

For persons who find it hard to climb steps, don't forget, we have an elevator at the back entrance for public use.

Our Easter Basket give-away was quite a success. **HOPE RUTLEGE** and **HEATH KUBIAK** were the lucky winners. **Congrats to both!**



MAY TRIAD

The next meeting of our Warren County Triad is scheduled for **Thursday, May 11th at 1 PM**. Our program is not yet confirmed but each former and current attendee will receive a call sharing the upcoming program information.

During our April Triad meeting various videos of scams were shared...proving that even the most discerning persons may be fooled by very convincing con-artists.

As with each meeting, we encourage persons to bring instances of dubious mailings, information on questionable phone calls, and personal debatable encounters to share with others who may be unaware of the latest scams in the area.

If you have questions regarding our Triad meetings, or would like to be added to our Reminders Call List, please call 734 5677

Hope to see you on the 11th...refreshments are offered at each meeting.

Note from Darlene Cox, Potluck Planner...

APRIL POTLUCK...WHAT A GREAT EVENT! AND ANOTHER ONE PLANNED!

Strom's recent potluck dinner event proved to be a very enjoyable afternoon, where sixteen persons who attended enjoyed a delicious noon meal. Thank you to Bob Hillman for asking the noon blessing.

Bingo was played during the afternoon, and everyone won at least one prize. There was a lot of visiting; as with all of our potlucks, it is just a great time to get together and enjoy each other's company.

Our next potluck will be held on Saturday, June 24th at Noon. No need to sign up..just come and bring a dish to pass. We would love to see current and new faces...come and enjoy the day with us!!



Thank you...

A very special thank you goes out to everyone involved in this years Lenten Breakfast programs. To each church, speakers, music providers, volunteer servers, and especially to all who attended, you are appreciated. For over forty years the Monmouth Ministerial Association has carried out the organizational part of the series while local churches provided speakers, music and volunteers, and Strom volunteers prepared and served the early morning refreshments...

We look forward to many more years to come together at this very special inspirational season of Lent~



Pictured above are four of the several persons who assisted with this years Lenten Breakfast series.
From L to R are Shirley Caldwell, Judy Raes, Jackie Lemley, and Dorothy Walters.

The following is one of our "Cameo Shots" series. Thank you to staff member BOB ANDERSON for this interview and writing...

SHE ENJOYS HELPING PEOPLE.....

Many area residents have fond memories of former Monmouth restaurants, such as The Sunset Restaurant, The Filling Station III, Meling's Restaurant & Motel, Park-N-Eat, Dial-A-Chicken, The Rainbow Drive-In, Dog-N-Suds, and Gibbi's. Among these residents is Shirley Caldwell, who

worked at all those establishments, and then some.

"Speaking of restaurants, my mom was head salad lady at Meling's for years, and I was married in the basement of Hedrick's Cafe on South Main Street in 1961," she said, smiling.

Shirley was born northeast of Keithsburg, at home during a snowstorm, to Gertrude and Louis Chenault. "They rented a home in the country," she said. "Dad worked on the railroad but had a heart condition and passed away when he was 42." Before that, while Shirley was still an infant, her family moved to Monmouth.

"I had three brothers and two sisters," she said. "Our first home in Monmouth was on 9 and 1/2 Street. We were living there when I was five and Daddy died. After that we moved around town several more times. Mom was working and raising six

kids, so life wasn't always easy. I went to Harding five years and then to Lincoln for my sixth year. I got married fairly young and had one son and three daughters. We moved around the state a lot as my husband, Jim was transferred to manage different Star Service Stations. He worked with Phil Nelson at the Star station here in Monmouth, and we also lived in Winchester, Colchester, Pekin, and Chicago. Jim's parents and sisters lived in Chicago, but we moved back to Monmouth in '63 because we wanted our daughter, Kelly to go to school here - not in the big schools of Chicago." Shirley got her first job at the Rainbow Drive-In, when she was 16. She next worked at the Sunset Restaurant, which was located on West Broadway, where Cerar's Barnstormer Steakhouse now stands.

"We had four children at home, so I worked when we needed extra money," she said.

In the late 1960s, to help her family's finances, Shirley tended bar occasionally at First Street Tap, and other local taverns.

"I filled in for my sister, Patty Stokes at Case's Tavern on East Broadway, next to Dial-A-Chicken, and at Murf's Tap, which was also on First Street," Shirley said. "Patty is passed away now, but my younger sister, Sharon Heatherly and her husband still live near me." Shirley and Jim's last child was born in 1965, the couple divorced in 1979, and he passed away in 2004. Prior to that, in 1972, Shirley went back to working full time at the Filling Station III.

"I spent 13 years there," she said. "My main job was as a waitress and we had the best food in town. I also worked the bar when someone called in sick or was on vacation. I made fancy drinks there - Manhattans, Brandy Alexanders and martinis. Hubert Hedrick was the best boss there could ever be. He passed away while I was working there. That was probably my favorite restaurant job. We all worked together there so long and were such good friends, so there was always great teamwork. I enjoyed the variety of people there and taking care of them."

Following Hedrick's death, Shirley tended bar for a few months at Frankie's Place (now the



Woodshed) in 1986, and then got a job at Gibbi's, a restaurant along the highway where Monmouth's strip mall is now.

"Gibbi's was owned by Clyde and Beth Farwell," Shirley recalled. "Clyde worked for the school district and also employed many young people at the restaurant. I loved working with the kids from the high school, including Joe Bratcher and Chris McLaughlin. I worked the grill and did the ordering and scheduling. I was there seven years, and then worked full time at Axline's Pharmacy for 17 years. I really miss my people from there. We had so much fun. I loved all my jobs, and knew everybody at one time or another."

In 2011, Shirley retired from Axline's in order to better care for Dick Munson, with whom she lived for 32 years before his death in 2014. She now resides at Costello Terrace, and volunteers at Strom Center.

While she's "been through a lot" in her life, Shirley keeps a positive attitude and healthy lifestyle. "I've always enjoyed music and dancing - mostly at home with my brothers and sisters," she said. "My sister's husband, Gerald "Jake" Stokes, was in a band that played at The Blue Lantern in Oquawka. Larry Dye of Monmouth was their singer. Johnny Biddle from New Boston was drummer, and Vernon Dale, also of New Boston, played bass."

Shirley's other hobbies are reading, bicycling, exercising and playing Bingo at Strom Center, and other games at home including Zonk (played with dice) and Rummikub (played with tiles).

She has been volunteering at Strom Center - helping with the annual Lenten Breakfasts and bake sales downstairs and in the thrift store upstairs - for the past several years. "I love it," she said. "I enjoy making people happy and helping people. There's no point in being unhappy."

Congratulations to JACKIE LEMLEY, who was the drawing winner of the very nice Thermal Cooler (donated by Lynda Accardo)!

CALLING ALL CRIBBAGE PLAYERS!!

**(Or persons who would like to learn
to play Cribbage!!)**

Strom has a request from Carol S. who would love to start regularly scheduled Cribbage playing at Strom. Cribbage is a very enjoyable game....if you have never played it, NOW is the time to learn!



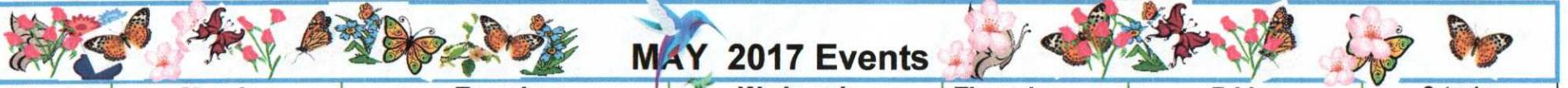
If you are interested, please call Strom Center (734 5677) or Carol S. (at 309 221 4998).

Strom's Main Room is a great place to get a regular Cribbage day scheduled!

If there are other regular card games and / or other activities, we would love to host them at Strom Center in the mornings or afternoons. There is no cost to host regular events at our center! The kitchen is available for refreshments, popcorn is available daily...

We're missing you, PAM!!! (Our staff member, and dear friend PAM ALLEN is continuing to deal with some health issues and will be out of office for a time.) We are missing you a lot and praying for your fast recovery..... Our Strom Gang just isn't complete without YOU!





MAY 2017 Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1	2	3	4	5	6	
	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch	9:30 AM: Exercise 11:30 AM: Lunch		
7	8	9	10	11	12	13	
	9:30 AM: Exercise 9:30-11 Jewelry Class 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 10:30-11:30 Blood Press. Check by WIHH 11:30 AM: Lunch 1:00 PM: Bingo	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch (Birthday Dinner 	9 AM Henderson Ladies Day 11:30 AM Lunch 1:00 pm Triad Meeting	9:30 AM: Ladies Day Brunch 11:30 AM: Lunch		
14	15	16	17	18	19	20	
 Mother's Day	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch 12:30PM: O.D.O	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch 1:30 PM: Strom Board Meeting	9:30 AM: Exercise 11:30 AM: Lunch		
21	22	23	24	25	26	27	
	9:30 AM: Exercise 9:30-11 Jewelry Class 11:30 AM: Lunch <i>Mind Explorer Due!</i>	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch 1:00 PM: Bingo	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch	9:30 AM: Exercise 11:30 AM: Lunch		
28	29	30	31	Call for reservations by 1 PM the prior day to Delores Sollenberger: 309- 734-5677    Thrift Shop open: Mon – Fri: 8AM- 4PM Saturday: 8:30 AM– 2:30 Thrift Shop #: 309-224-865 			
	 Strom Closed	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch				



MAY | 2017

Jamieson Community Center Senior Nutrition

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Ala King Peas & Carrots Baked Potato Brownies Biscuit	2 Chili w/ Meat Beans & Tomatoes Carrot Sticks Pears Corn Bread	3 Baked Spaghetti w/ Meat & Cheese Tomatoes Tossed Salad Peaches Garlic Bread	4 Grilled Chicken Lettuce & Tomato Normandy Veggies Jello w/ Fruit Bun	5 Pancakes & Sausage Hash Brown V-8 Juice Blueberry Strudel
8 Goulash w/ Meat Green Beans Stewed Tomatoes Pumpkin Bars	9 BBQ Chicken Coleslaw Corn Tropical Fruit Wild Rice	10 Ham Steak Scalloped Potatoes Broccoli Peach Cobbler Wheat Roll	11 Beef & Noodles Mashed Potatoes Capri Veggies Orange	12 Meatball Sandwich Potato Wedges Tossed Salad Plums Sub Bun
15 Pork Roast Green Bean Casserole Broccoli Salad Apricots Wheat Bread	16 Shepard's Pie Potatoes Mixed Veggies Baked Apples Biscuit	17 Country Fried Steak Mashed Potatoes Winter Veggies Chocolate Cake Wheat Roll	18 Chicken Alfredo Normandy Veggies Salad Fruit Cocktail	19 Sloppy Joe Mac & Cheese Spinach Bake Banana
22 Baked Chicken Mashed Potatoes Green Beans Strawberry Fluff Wheat Bread	23 Chicken Enchilada Casserole Diced Tomatoes Black beans Shredded Lettuce Tropical Fruit	24 Tacos w/ Meat & Cheese Lettuce & Tomato Corn Cookie	25 Pork Chop Cheesy Potato Casserole Broccoli Vanilla Pudding Dinner Roll	26 Roast Beef Hash Diced Potatoes Carrots Peaches Wheat Bread
29 CLOSED	30 Cheesy Maid Rites Baked Chips Broccoli Salad Butterscotch Pudding Bun	31 Chicken Ranch Wrap Lettuce & Tomato Mixed Veggies Cookie Wheat Tortilla		

Lunch is served at 11:30 at these locations:

Community Senior Citizens of Stronghurst
(Mondays)
309-299-5301

Faith Bible Church in Oquawka
(Tuesday - Friday)
309-299-5301

Kirkwood Senior Center
309-768-2146

Roseville Senior Center
309-426-2277

Strom Center
309-734-5677

Reservations must be made by 12:30 PM the day
BEFORE you want to eat.
Please call the site you will attend.

Home-delivered meals are available for
seniors meeting eligibility requirements.
CALL 309-734-4251

Non-Discrimination Policy

Jamieson Community Center does not
discriminate in admission to programs or
treatment of employment in programs or
activities in compliance with the Illinois Human
Rights Act; the U.S. Civil Rights Act; Section 504
of the Rehabilitation Employment Act; and the
U.S. and Illinois Constitutions. If you feel you
have been discriminated against, you have a
right to file a complaint with the Illinois
Department on Aging. For information, call 800-
252-8966 (Voice and TDD) or contact Programs
and Services Manager at Western Illinois Area
Agency on Aging at 800-322-1051.

Senior Nutrition is partially funded by:
Western Illinois Area Agency on Aging,
The Warren County United Way, & The
Galesburg Community Foundation.

TIME FOR AN UPDATE!



Recently we made the decision to go through all of our 2016 and 2017 client records and cross check persons who we have assisted in any way or with any program, or have merely requested a ***Strom Center News***, to ensure they all are receiving our monthly ***Strom Center News***. The ***Strom Center News*** is important because we try to include the latest information on government and local issues and programs which the senior population would find interesting, important, pertinent, and / or vital. We have come to the conclusion that even though we are mailing out close to 1000 newsletters monthly, many persons are still not receiving the newsletter either by mail or email. Only one issue of the newsletter per household is sent; there is no rhyme or reason as to which person is chosen in the household.

We have had many requests for ***Strom Center News*** to be sent via email. The benefit to Strom is that is cheaper to send, and it is a benefit to email -recipients because they receive the email faster than regular mail. However, we also have requests for the newsletter be sent by both methods, and we are happy to do so.

Just a reminder...the ***Strom Center News*** is Free of charge. We do ask that if you are going to be out of town for a period of time, please, please let us know; otherwise the newsletters are returned to Strom and we have to pay postage a 2nd time on them and we remove the name from the newsletter list. (To start the newsletter up again, you will have to contact us with that request.)

Also, we absolutely love to have input from our readers! If you have a joy or something to share, we would be happy to include it in our newsletter! However, the deadline for information to be submitted is by the 20th of the month. You may email the information to me, Carol McCrery at Stromseniors@gmail.com with the subject line: "Strom Article" or if you want to receive the newsletter by email or by regular mail please email me with the subject line: "Newsletter Request".

Any person who would like to receive the ***Strom Center News***, can be included on our newsletter mailing list. The newsletter is not only for persons age 60 and over, it is for everyone...Many family members of seniors request the newsletter so they can stay informed of the latest information for their parents or other family members.

By the way, we also offer the Strom Center News on cassette tape. Please call Strom Center (309 734 5677) if you are interested in this feature!!

STROM CENTER'S....

HENDERSON COUNTY NEWS

ALL

Henderson County Ladies

(age 60 and over).....

You are invited to our:

LADIES DAY RECOGNITION

When: Thursday, May 11th

Time: 9 AM

Where: Henderson County Health Department

A light brunch will be served and Token gifts given to each lady in attendance (who have signed up)!

Sign-ups are a MUST by May 9th!

Sign-up forms are outside the Strom Center Office located in the Henderson County Health Dept. or call Strom Center (734 5677) to let us know you will be attending!

A prize will be given to the lady who wears the largest earrings!!!

MIND EXPLORER



‘Mind Explorers’ is a monthly feature of STROM CENTER NEWS. Answer the questions and turn them in or mail them in by the 20th of the month. The person with the highest number of correct answers will be recognized in our next Monthly Newsletter.! (In case of a tie, the winner will be drawn). This month’s quiz is “Mother, May I? with a difficult-o-meter rating of 8.5+.....!!!

1. This famous mother had sons named John, Robert and Ted. Who was she? _____
 2. Known for her lighthearted bawdy double entendres this famous blonde star lived from August 17, 1893 – November 22, 1980. Her name was: _____
 3. This date is observed to commemorate the Mexican Army's unlikely victory over French forces at the Battle of Puebla. In Spanish it is known as: _____
 4. This slogan is used to signal a life-threatening emergency primarily by aviators and mariners. _____
 5. What is the name of the famous TV lawyer whose secretary was Della Street?

 6. This TV mother had 2 sons, the older whose name was Wally. What was her TV name?

 7. On the TV series, *Dobie Gillis*, what was his beatnik friend's name?

 8. The name of a brand of tear gas, often used by police is called: _____
 9. In 1914, Woodrow Wilson signed a proclamation designating _____ held on the second Sunday in May, as a national holiday: _____
 10. The title for an elected head of a city, town, or other municipality is: _____

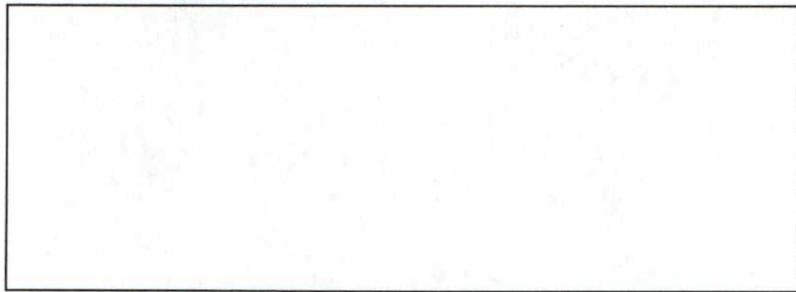
Answers to the Previous Mind Explorer (Winner is named on Recognition Page!)

1. What state was admitted into the US in 1836? (It's known as "The Natural State")? **ARKANSAS**
 2. The Andy Griffith Show was a popular TV show from 1960 – 1968. Who was the "lady of the house"? **AUNT BEE**
 3. What is the largest state in the US by area? **ALASKA**
 4. What does Popeye have tattooed on each of his arms? **ANCHOR**
 5. Which fruit is one of the main ingredients in guacamole? **AVACADO**
 6. What was the surname of the 2nd and 6th Presidents of the U.S.A.? **ADAMS**
 7. What does the second 'A' stand for in the name of the space agency NASA? **ADMINISTRATION**
 8. In mathematics, what name is given to a section of the circumference of a circle? **ARK**
 9. Who was the first murder victim in the Bible? **ABEL**
 10. Which author wrote 'Pride and Prejudice'? **AUSTEN**

STROM CENTER, INC.
211 South A Street
Monmouth, IL 61462

RETURN SERVICE REQUESTED

NON-PROFIT
U.S. POSTAGE PAID
PERMIT NO. 24
MONMOUTH, IL 61462



STROM CENTER, INC.
211 South A Street, Monmouth, IL 61462

Fax: 309-734-4560

Toll-free: 866-787-6628

- Director: Carol Neal McCrery 309-734-4560
- Information and Assistance & Outreach/ SHIP Counselor: Pam Allen 309-734-8074
- Information and Assistance Worker/ SHIP Counselor (Warren / Henderson Counties)
 - : Kathy Ferrenburg 309-734-5677 / 309-627-2812
- Information and Assistance Worker/ SHIP Counselor Henderson County:
Erica Little 309-627-2812
- Information and Assistance / Outreach: Lynda Accardo: 309 734 5677
 - : Strom General Inquiries: Bob Anderson: 309-734-5677
- Jamieson Community Center Nutrition Coordinator: Dolores Sollenberger: 309-734-5677
 - Strom Thrift Shop Manager: Crystal Vanskike: 309 224 8657

Non-Discrimination Policy:

Strom Center does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For information call 800-252-8966 (Voice and TDD) or contact Programs and Services Manager at Western Illinois Area Agency on Aging at 800-322-1051.

Strom Center is partially funded by:
The Western Illinois Area Agency on Aging
and
The Warren County United Way