

STROM CENTER NEWS

AUGUST 2018

Edition 341

We're Having an Open House!!

DATE: WEDNESDAY, AUGUST 15, 2018

TIME: 9 AM – 4 PM

REFRESHMENTS SERVED !!

DRAWINGS HELD THROUGHOUT THE DAY!!

**LOCATION: THE CORNER OF 4TH STREET AND SCHUYLER,
OQUAWKA, ILLINOIS**



Strom Center has recently relocated our Henderson County senior services to Oquawka, Illinois. We are very grateful to the Oquawka Township for allowing us to utilize their building for the center, which is located at the Corner of 4th Street and Schuyler. Hours of operation are from 9 AM – 4 PM, daily, Monday – Friday (except for some holidays) as well as Election Days when the building is used for voting.

Many persons will recall that this location once was Oquawka Senior Center, which closed a few years ago. The front part of the site has tables and chairs and we will soon have a large TV for seniors 'viewing. Hopefully, seniors will feel free to come in to visit, play cards, games, and at some point we would love to host Bingo activities and other activities as requested.

The back part of the building is where senior assistance programs will be available. Already persons are coming in for programs such as Medicare Counseling, Medicare D prescription drug help, Social Security issues, and Medicaid applications as well as Benefit Access (a program which lowers car license costs). But we expect to help many, many persons with a multitude of additional programs...All the programs provided by Strom Center in Monmouth will be available in the Oquawka site.

In the past a good number of persons from Henderson County have come to Strom Center to receive services as persons may receive services at either site...Monmouth or Oquawka. However, appointments are required at both...allowing persons to receive immediate service instead of having to wait while other clients are receiving help. To make an appointment, please call the Monmouth

office at 309 734 5677. Staff member Bob Anderson schedules appointments for both sites. However, if you wish to talk with one of the staff who is working that day at Oquawka, that phone number is 309 536 2558.

All staff at Strom Center will be working in Oquawka on set days.

By the way, Eagle View Community Health Center is hosting a Health Fair on the same day as Strom Center's HENDERSON SENIORS' CENTER Open House on August 15th...why not make a day of it and attend both? Strom Center will also be involved with the Eagle View Health Fair sharing information on the programs we offer. (See below invitation from Eagle View).

Your Invitation:

Eagle View Community Health Fair

1-3 p.m., Wednesday, August 15—Oquawka

You can have over \$75 in medical and dental screenings FREE during the Eagle View Community Health Fair scheduled from 1-3 p.m., Wednesday, August 15 at the Center, 1204 Highway 164 East, Oquawka, IL

Free services include blood pressure checks, oral cancer screenings, A1C screening, hemoglobin testing, glucose screening and blood typing. Other organizations will be available to share materials and discuss how their programs can help you and your family have better lives. You also can sign-up for prizes, get lots of free stuff and much, much more—all at the same place close to home.

The Eagle View Fair is held in conjunction with the National Health Center Week. This year's theme is "Celebrating Health Centers: Home of America's Health Care Heroes." For a listing of organizations planning to participate and to find out more about the Fair, contact Eagle View staff at 309-867-2202.



THANK YOU DOMINICK (AND MARIAH, TOO!).....

Strom recently received some printer carts (with A LOT of pieces) which needed to be assembled....to the rescue was Dominick Reading with the help of daughter Mariah who did a great job of putting them together (by the way they are the husband and daughter of staff member Stephanie Reading.....)

Welcome Janice!!

We are very happy to introduce JANICE PAINTER to those who may not already know her...Janice is employed by Jamieson Community Center as Nutrition Site Manager at Strom Center and we are so glad she is here! She has worked at Jamieson Center for four years.

Janice has spent most of her life in this area; she has two children, four grandchildren, and four great grandchildren as well as 'two sweet 4-legged babies'.

Janice has a wonderfully warm personality and is already established herself as a great addition to our Strom Family!! Welcome, Janice!



Pictured above, Janice Painter new Site Manager at Strom

THANK YOU TO ALL....

..who attended our Strom Center Annual Ice Cream Social! We had a tremendous turn out. Thank you to Shirley Caldwell for making the delicious Sloppy Joe sandwiches and everyone who brought pies and cakes (we received rave reviews on them all!) And thank you to persons who set up and prepared for the event as well as those who served the meal, over saw the ticket sales and 50/50 raffle sales. Thank you to the ice cream dippers and those who cleaned up afterwards. A BIG thank you goes out to those who came and supported the event, and of course a big thank you goes out to the Monmouth Municipal Band who did an outstanding job of sharing their talents with those in attendance. We look forward to next year!



Congratulations to Emma Godinez for winning the 50/50 raffle drawing!!

A Note of Caution.....A good friend of Strom's, asked that we give all seniors a word of caution about letting solicitors in their homes, no matter how genuine or personable they appear to be. Just such a situation actually presented a potential problem when a solicitor became quite rudeIt was a nerve-racking ordeal. No need to be scared...just very cautious!

The following is information provided for by Anne Liby, TRIAD Recorder



MONTHLY TRIAD MEETING

Strom staff member Lynda Accardo was our TRIAD speaker for the month of July. She gave a brief description of her staff position.

Lynda shared the Strom flyer and explained each service which Strom provides. The majority of those in attendance were surprised at the wide range of those services.

The Opioid Class Lynda recently attended was discussed in detail. She displayed the Narcan Nasal Spray which is given in case of an opioid drug overdose. The cost of one bottle of Narcan Nasal Spray is approximately \$145.

The newest Strom staff member, Stephanie Reading, was introduced. She told about herself and her family. She was welcomed by the TRIAD members.

The meeting ended with a gift drawing won by Carolyn Butler. Another drawing was won by Jackie Lemley.

Refreshments were served.

The next Triad meeting will be held on Thursday, August 9th at 1 PM at Strom Center. The speaker will be Bruce Morath. Please come join us if you can. If you would like a reminder call, call 734-4339 and let Anne Liby know and / or leave your name and number at Strom Center with that request.

From Darlene Cox, our Potluck Planner.....

July Potluck....

The Potluck held on July 21st, was very nice. We had 22 persons in attendance; 16 followed the dinner with playing Bingo. Everyone had a wonderful time, it was a very nice day. There was lots of visiting and everyone went home happy. As always, we had lots of delicious food. Bob Hillman asked the blessing.

Our next potluck will be held on Saturday, September 22nd at noon. If you haven't been to one of our potlucks, plan to come and join us!

A GROOVY GRANDMOTHER QUESTION: How many days in June was over 90 degrees?

Answer: 17



From Thrift Shop Manager, Crystal Vanskike....



THRIFT SHOP CORNER

The Christmas in July Sale was a BIG hit! Thanks to our Volunteers and to all who donated to the Christmas-themed Bake Sale. There have been a huge number of positive responses.

Big Savings in August...just in time for school! From August 1-11th we are putting 12 (yes 12) sections of items priced 1/2 off. Selected items are men, women, and teen-girl and girl racks. Customer Appreciation Week-end is August 3rd and 4th...25% off of EVERYTHING in the store, including Sale items (which will result in 75% off of the 1/2 off Sale rack items!) You don't want to miss this chance to get the lowest prices ever for many items. Lots of school supplies and bookbags are making their way to our shelves. All are priced low. Shop Local, Shop at Strom Thrift Shop!

COMING IN SEPTEMBER.....

OSF HEALTH FAIR

Strom Center is happy to announce that Strom Center and OSF will partner to host a Health Fair on September 12th here at Strom Center. As of this date the possible (but not yet confirmed) offerings are as follows:

- Foot Screenings
- Skin Screenings
- A1C Cholesterol Screenings
- Lipid Profile Screenings
- Blood Pressure Screenings.
- Bone Density

There will be final details of the Health Fair, including times, and provider and agency participants in our September Strom Center News...be watching! But be sure to mark September 12th on your calendar!

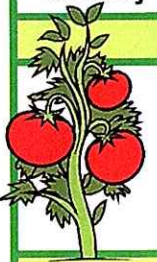

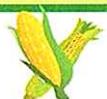
Thank you to Susan Buck, MSN, RN, and Education Coordinator from OSF Holy Family Medical Center for organizing this event!

ODO Winners: Shanghi Rummy:

ANNE LIBY 1st Winner and BARBARA NICHOLS....2ND Winner

Next ODO date: August 21 at 12:30 PM

Call 309 734 5677 if you are interested in participating!

=AUGUST 2018 Events						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
			1	2	3	4
	Call for reservations by 1 PM the prior day: Stephanie Reading: 309- 734-5677 Thrift Shop open: Mon – Fri: 8:30AM- 4PM Saturday: 8:30 AM– 2:30 Thrift Shop #: 309-224-8657		9:30AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch	9:30 AM: Exercise 11:30 AM: Lunch <div>Thrift Shop Customer Appreciation Days</div>	
5	6	7	8	9	10	11
	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch	9:30AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch (Birthday Dinner )	11:30 AM Lunch 1:00 pm Triad Meeting	9:30 AM: Exercise 11:30 AM: Lunch	
12	13	14	15	16	17	18
	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 10:30-11:30 Blood Pr. Check by WIHH 11:30 AM: Lunch 1:00 PM: Bingo	9:30AM: Exercise 9:30-10:30 AM Free Blood Press by Ct Yard Estates 11:30 AM: VOPA 11:30 AM: Lunch 9am-4 pm Open House at Oquawka Senior Center	11:30 AM Lunch 1:30 PM: Strom Board Meeting	9:30 AM: Exercise 11:30 AM: Lunch	
19	20	21	22	23	24	25
	9:30 AM: Exercise 11:30 AM: Lunch Mind Explorer Due!!	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch 12:30 PM: O.D.O.	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch	9:30 AM: Exercise 11:30 AM: Lunch	
26	27	28	29	30	31	
	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch 1:00 PM: Bingo	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	1 1:30 AM Lunch	9:30 AM: Exercise 11:30 AM: Lunch	



AUGUST | 2018

Jamieson Community Center Senior Nutrition

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**1% Milk
Served At
All Meals**

**Potato Bar
Offered Daily**

1 Baked Chicken
Roasted Potatoes
Broccoli w/Cheese
Wheat Bread
Fruit Cocktail

2 Sloppy Joe/Bun
Potato Salad
Capri Veggies
Mandarin Oranges

3 Ham & Cheese/Sub
Roll
Tater Tots
Salad
Cookie

6 Pork Chop
Baked Beans
Normandy Veggies
Stuffing
Applesauce

7 Country Fried
Steak
Mashed Potatoes
Green Beans
Wheat Bread
Choc. Pudding

8 Tacos
Lettuce & Tomato
Refried Beans
Tortilla
Pears

9 Sweet & Sour
Chicken
Stir Fry Veggies
Spring Egg Roll
Fried Rice
Fortune Cookie

10 Goulash
Stewed Tomatoes
Corn
Elbow Macaroni
Tropical Fruit

13 Turkey
Club/Pretzel Bun
Cauliflower
Carrots
Pears

14 BBQ Rib Patty
/Bun
Broccoli Salad
Baked Beans
Orange Fluff

15 French Bread
Pizza w/Sausage
&Pepperoni
Corn
Salad
Peaches

16 Grilled Chicken
Normandy Veggies
Brussel Sprouts
Wild Rice
5 Cup Salad

17 Ham Steak
Scalloped
Potatoes
Coleslaw
Wheat Roll
Apple Slices

20 Beef and Potato
Casserole
Wax Beans
Peas
Wheat Bread
Peaches

21 Meatball Sandwich
Potato Wedges
Salad
Mixed Fruit

22 BBQ Chicken
Baby Bakers
Corn
Wheat Roll
Pineapple

23 Breakfast
Casserole
Hash Browns
V-8 Juice
Wheat Bread
Banana

24 Hamburger Steak
Mashed Potatoes
Green Beans
Dinner Roll
Brownie

27 Cavatini Supreme
Diced Tomatoes
Green Beans
Tapioca Pudding

28 Cheesy Maid
Rite/Bun
Mixed Veggies
Salad
Tropical Fruit

29 Chicken Pot Pie
Diced Potatoes
Peas & Carrots
Lime Jello

30 Pork Roast
Gravy
Mashed Potatoes
Capri Veggies
Wheat Bread
Apricots

31 Swiss Steak
Tomatoes &
Peppers
Pea Salad
Rice
Cookie

Lunch is served at 11:30 at these locations:
Community Senior Citizens of Stronghurst

(Mondays)
309-299-5301

Faith Bible Church in Oquawka
(Tuesday - Friday)

309-299-5301

Kirkwood Senior Center

309-768-2146

Roseville Senior Center

309-426-2277

Strom Center

309-734-5677

Reservations must be made by 12:30 PM the
day BEFORE you want to eat.

Please call the site you will attend.

Home-delivered meals are available
for

seniors meeting eligibility
requirements.

CALL 309-734-4251

Non-Discrimination Policy

Jamieson Community Center does not
discriminate in admission to programs or
treatment of employment in programs or
activities in compliance with the Illinois
Human Rights Act; the U.S. Civil Rights Act;
Section 504 of the Rehabilitation

Employment Act; and the U.S. and Illinois
Constitutions. If you feel you have been
discriminated against, you have a right to file
a complaint with the Illinois Department on
Aging. For information, call 800-252-8966
(Voice and TDD) or contact Programs and
Services Manager at Western Illinois Area

Agency on Aging at
800-322-1051.

Jamieson Community Center is partially
funded by:

The Western Illinois Area Agency on Aging
And

The Warren County United Way

MIND EXPLORER



'Mind Explorers' is a monthly feature of STROM CENTER NEWS. Answer the questions and turn them in or mail them in by the 20th of the month. The person with the highest number of correct answers will be recognized in our next Monthly Newsletter. (In case of a tie, the winner will be drawn). This month's quiz is "August Activities!" with a difficulty-meter rating of 8.5+.....!!!

1. What is the 3rd most popular ice cream flavor (after vanilla and chocolate) A) butter pecan, B) Strawberry, C) Cookie and Cream, or D) Rocky Road: _____
2. In major league baseball how far is it from the pitcher mound to home plate? About A) 45 feet, B) 50 feet, C) 60 feet or D) 65 feet: _____
3. Calabaza and Hubbard are both types of what vegetable? _____
4. Creeping Charlie is a kind of: _____
5. According to the Admin. Agricultural Code, a bushel of green beans weighs: A) 35 pounds, B) 45 pounds, C) 60 pounds or D) 75 pounds: _____
6. What is the distance of a standard marathon race? _____
7. According to American Gardens, tomatoes are the most popular vegetable planted. What is the second most popular vegetable planted? _____
8. Traditionally, which American city is hottest in August? A) phoenix, B) Las Vegas, C) Miami, or D) Dallas: _____
9. Who is the latest US President to be born in August? _____
10. Unscramble the letters to find a favorite summer activity (3 words): **AMICESCOILRACE**:

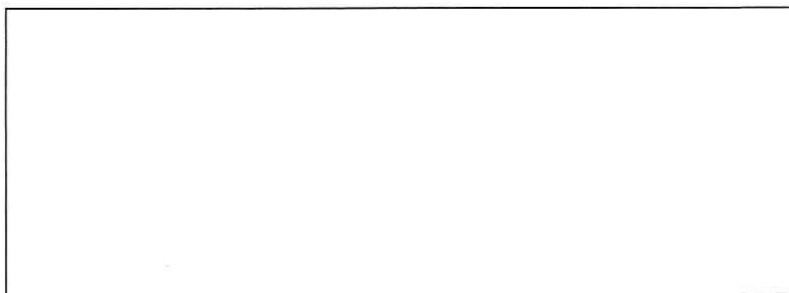
Answers to the Previous Mind Explorer (Winner is named on Recognition Page!)

1. If you want to see larger-than-life faces of Thomas Jefferson, George Washington, Abraham Lincoln and Theodore Roosevelt, you should visit: **MT RUSHMORE**
2. Located on the Florida coast, this has been the launch site for every US human space flight since 1968: **KENNEDY SPACE CENTER**
3. This famous pier located in Chicago extends over the waters of Lake Michigan: **NAVY PIER**
4. These are a mountain range rising along the Tennessee–North Carolina border: **SMOKY MOUNTAINS**
5. He was an American inventor best known for inventing the cotton gin: **ELI WHITNEY**
6. This "Magic Kingdom" is located in Lake Buena Vista, FL: **DISNEY WORLD**
7. This is a famous steep-sided gorge carved by the Colorado River in Arizona: **GRAND CANYON**
8. In 1947, this was built in St. Louis, MO. as a remembrance of the millions of Americans who left everything to start new lives in the West. **GATEWAY ARCH**
9. This gift from France was one of the first sites immigrants to the country from Europe would see as they sailed into New York' harbor. **STATUE OF LIBERTY**
10. This famous author's real name is Samuel Clemens: **MARK TWAIN**

STROM CENTER, INC.
211 South A Street
Monmouth, IL 61462

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RETURN SERVICE REQUESTED



STROM CENTER, INC.
211 South A Street, Monmouth, IL 61462
Fax: 309-734-4560
Toll-free: 866-787-6628

- Director: Carol Neal McCrery 309-734-4560
- Information and Assistance & Outreach Worker/ SHIP Counselor Kathy Ferrenburg 309-734-5677 (Warren)
 - Information and Assistance Worker & Outreach Worker/ SHIP Counselor Henderson County Erica Little 309-536-2558
 - Information and Assistance / Outreach/ SHIP Counselor: Lynda Accardo: 309 734 5677 (Warren)
 - Information and Assistance & Outreach Worker: Stephanie Reading: 309 734 8074(Warren)
- ***Note: When in the Henderson Oquawka Site Staff may be reached at 309 536 2558***
 - Strom General Inquiries: Bob Anderson: 309-734-5677
 - Strom Thrift Shop Manager: Crystal Vanskike: 309 224 8657
 - Jamieson Community Center Nutrition Coordinator: 309-734-5677

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