

# STROM CENTER NEWS

JANUARY , 2019 *edition 346*

## POWER FOR SENIORS 2018

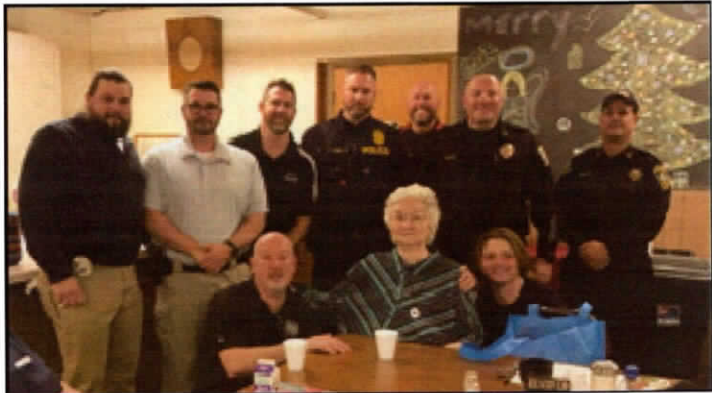


Pictured above: Members of the “Shooting Stars” along with who helped serve meals at the recent Power for Seniors Day.



Above: Local law-enforcement officers who served meals and sponsored the Power for Seniors Meal as well as many drawings...

Shown on the right: Law Enforcement personnel surrounded GLORIA HILLMAN, who was given a surprise recognition for her many years as a dedicated and very much respected and loved dispatcher



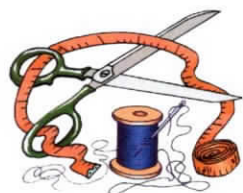
*So Many  
Winners!!*

See “Power for Seniors” on following pages....



**“SANTA FOR SENIORS” ...  
A TRULY HEART-WARMING EVENT**

Security Savings Bank Staff, Staff member Bob Anderson and wife Kim, staff and volunteer delivery persons, as well as generous givers, made this year's Santa for Seniors program very special! Strom Center is blessed that Strom's Bob Anderson and wife Kim start organizing the program early... (Kim is VERY creative in 'tag-making!' and does a superb job of promoting the program) and both do an amazing job of pulling together the many names of participants and gift ideas for each. The staff at Security Savings Bank hang the tags on the Christmas Tree in the bank and generous persons and groups respond with much generosity ensuring that many seniors and disabled persons have an enjoyable Christmas. The great success each year of this program is due to many coming together with the mission of giving and sharing....definitely all in the spirit of Christmas.



**Thank You to THE  
WEDNESDAY QUILTERS  
CLUB**

Again, a **BIG THANK YOU** goes out to the WEDNESDAY QUILTERS CLUB which meets weekly at Heritage Bible Church. They again came through for our Santa for Seniors Christmas Program providing throws to be delivered along with our other presents this year. All the creations were beautifully made, very cozy-looking and are perfect sizes. Those persons who were blessed with the covers were delighted and very grateful. Thank you ladies!!

**CONGRATULATIONS TO OUR  
RAFFLE WINNER!**



**AMY McCRERY** was the very lucky winner of the *beautiful* Swedish Woven Throw created and donated by **PATTY SCHWASS**.

The drawing brings in a great amount of money each year to help with emergency funding. Thank you Patty for the many beautiful throws you have created and donated for Strom!

**JANUARY TRIAD  
MEETING...**



Our January Triad meeting will be held on Thursday, January 10<sup>th</sup>, at 1 PM. We are very happy to welcome Trevor Davies from McGuire Davies Funeral Home.

All persons are welcome and encouraged to attend our monthly Triad meetings. Persons are also encouraged to bring any questionable mailings, information of suspicious phone calls and or encounters to the meeting to share with others. Countless persons have benefitted from knowing what scams are circulating the area. We also can look up information on the standing of charities....which helps many decide which ones they plan to support.

There is no requirement to register...and there are no dues or fees. Refreshments are served at each meeting.

*Thank you to Anne Liby for her part in planning each meeting. We appreciate it!!*

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**Just a Note...** From time to time different agencies close for different holidays. Jamieson Community Center will close on January 21st for Martin Luther King, Jr.'s birthday, therefore there will be no meals served at Strom Center. While Strom Center recognizes that holiday, we will not be closed on that day.

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**POWER FOR SENIORS: ANOTHER  
HUGE SUCCESS!**



On December 12th approximately 160 seniors enjoyed a delicious lunch prepared by Jamieson Center, and funded by the Fraternal Order of Police Lodge 265. Both members of the Warren County Sheriff's office as well as the Monmouth Police Department and volunteers from both, as



well as the Monmouth Shooting Stars, Strom staff and volunteers served the lunch to those in attendance. Twenty-five fortunate seniors had their names drawn to receive \$100 Ameren Power gift checks and many additional gift cards from various stores were also won through drawings throughout the event.

A well-deserved surprise recognition of GLORIA HILLMAN'S long and dedicated service as a dispatcher for the Police Department was a highlight of the Power for Seniors Event.

A special thank you to Police Officer Larry Myers for ensuring all bases for the event were covered and the Monmouth Police and Sheriff's Departments for making it a very enjoyable special day! Truly our area is fortunate to have such dedicated law enforcement personnel who go beyond the call of duty to recognize and honor our senior population. *You're the Greatest!!*



**JANUARY BINGO DATES**

Bingo at Strom will be held on  
Tuesday, January 8th, 1 PM  
Tuesday, January 22<sup>nd</sup>, 1 PM  
Suggested donation for each  
Bingo card is a mere 25 cents

Note from Darlene Cox, Potluck Dinner Planner..

## NOVEMBER POTLUCK

Sixteen persons made it to our November potluck even though the day was cold and we had an accumulation of snow on the ground. Participants enjoyed the delicious noon meal and spent the afternoon playing Bingo. We had one new attendee and invite others to come join us at our potlucks. There is no charge or sign up ...just bring a dish to pass.

Unfortunately, many may not receive the January, 2019 Strom Center News by the **New Year's Day Potluck**, but it will be held at Noon and will be a great way to Welcome in the New Year. (I (Darlene) will report on it next month). My how the time flies by! Hope to see you all again and maybe even more at our future potlucks. The food is always delicious and the time together is so enjoyable.

Happy New Year to all and God Bless!  
....Darlene

**THANK YOU TO DARLENE COX...for planning and reporting the Potlucks.**

## WEATHER CLOSINGS....

Just a reminder....If there are dangerous weather conditions, listen to WRAM (1330)/WMOI (97.7) on the local radio station for information on closings. We attempt to notify the radio station as early as possible the day in question. Generally speaking, if there are events, programs, or special happenings scheduled on that day at Strom, they will be cancelled...but listen to the radio for specifics. Staff tries to contact scheduled appointments for rescheduling.

Almost always, if local schools are closed, Strom will also be closed.

## MEDICARE D PLAN-CHANGING SAVES CLIENTS CLOSE TO \$800,000!

The final count is still being computed but it appears that Strom Center Staff has saved Warren and Henderson Counties a total of close to \$800,000 by reviewing with the clients what their 2018 plan would be if they remained in the same plan, looked at 2019 plans, and switched them to a more cost-saving plan. For some the savings were less than \$100, but for many the cost-savings resulted in over \$1000. Bottom Line: IT PAYS TO REVIEW PLANS EVERY YEAR!



WELCOME TO STROM'S THRIFT SHOP CORNER

HAPPY NEW YEAR TO ALL!!



Looking back at 2018, and now looking ahead to 2019, we foresee an abundance of clothing donations, for which we feel very blessed. Sooo during the months of January and February, we will be featuring Specialty Racks of the best selection of clothing items we have to offer highlighting Womens Shirts, Blazers, Sweaters, and Turtlenecks, all washed and ready to wear.

Monthly Customer Appreciation Sales will continue, with our first in the new year being January 4<sup>th</sup> and 5<sup>th</sup>. During those days shoppers will receive an additional 25% off entire items in the shop...even including those items already on sale!

Come in and shop in our Thrift Shop! New items are added daily! And as always, if you don't see what you are looking for...Ask!

All of us here in the Strom Center Thrift Shop wish you a wonderful year 2019!! ..... Strom Center Thrift Shop Manager, Crystal Vanskike

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Strom Center's .....

## HENDERSON COUNTY SENIORS...

Looking back on year 2018, Strom Center has been through many changes. In the spring we opened up the Strom Center Henderson County Senior Center in Oquawka, Illinois at the Oquawka Township Office building located at 410 Schuyler Street. The Township Board is a great partner in providing a center where seniors can meet and activities can be held. In the next few months, we will have cable TV available, the coffee is always on, and persons may make appointments to have a wide range of assistance with many programs, including but not limited to Medicare Counseling, Medicaid applications, Disability applications, Advocacy issues, Benefit Access (car license cost reductions)

Outreach, Emergency services and much much more. Staff is available every weekday, and we have 'specialists' in nearly all of the programs.

The Henderson County Senior Center is open from 9AM -12 and 1-4 PM daily, Monday through Friday. To make an appointment, persons may call the Monmouth office at 309 734 5677 (or toll-free 866-787-6628) which is our central hub for appointment scheduling. (Just a note: the toll-free # will be changing the first week of January, and will be announced in our next Strom Center News). The direct line into the Oquawka office is 309 867 4231.

***We welcome all to stop in and check out the center!!!***

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*Henderson County Senior Center....*

## **BINGO DAYS**

At this point, Strom is trying out different days for our Bingo days....in the month of January, Bingo will be held on the following days...



Wednesday, January 9<sup>th</sup>, 1 - 3:30 PM

Wednesday, January 23<sup>rd</sup>, 1-3:30 PM

Both popcorn and drinks are available throughout the afternoon. Bingo prizes are great! Each person may have up to 4 cards free, additional cards are 25 cents each. We have very large Bingo cards available and have magnetic chips and magnetic wands for use. **No reservations necessary....just show up!**







**JANUARY 2019  
WARREN COUNTY**

| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday                                       | Friday                                    | Sat. |
|---|---|--|--|--|---|------|
| Call for reservations by 1 PM the prior day: Janice Painter: 309- 734-5677<br>Thrift Shop open:<br><b>Mon – Fri: 8:30AM- 4,</b><br><b>Sat: 8:30 -2:30</b> |   | 1<br><b>New Year's Day Potluck at Noon</b>                                     | 2<br>9:30AM: Exercise<br>11:30 AM: VOPA<br>11:30 AM: Lunch   | 3<br>11:30 AM Lunch                            | 4<br>9:30 AM: Exercise<br>11:30 AM: Lunch | 5    |
| 6   | 7   | 8  | 9  | 10   | 11  | 12   |
|   | 9:30 AM: Exercise<br>11:30 AM: Lunch                              | 9:00 AM: Wood Carvers<br>9:00AM: Crafters<br>11:30 AM: Lunch<br>1 PM: Bingo    | 9:30AM: Exercise<br>11:30 AM: VOPA<br>11:30 AM: Lunch  | 11:30 AM Lunch<br>1:00 pm Triad Meeting        | 9:30 AM: Exercise<br>11:30 AM: Lunch      |      |
| 13  | 14  | 15   | 16   | 17   | 18  | 19   |
|   | 9:30 AM: Exercise<br>11:30 AM: Lunch                              | 9:00 AM: Wd. Carvers<br>9:00AM: Crafters<br>11:30 AM: Lunch<br>12:30 PM:O.D.O. | 9:30AM: Exercise<br>11:30 AM: VOPA<br>11:30 AM: Lunch<br>9:30-10:30 AM:Blood Press Ck by Courtyard Estates | 11:30 AM Lunch<br>1:30 PM: Strom Board Meeting | 9:30 AM: Exercise<br>11:30 AM: Lunch      |      |
| 20  | 21  | 22   | 23   | 24   | 25  | 26   |
|   | 9:30 AM: Exercise<br>11:30 AM: Lunch<br><b>Mind Explorer Due!</b> | 9:00 AM: Wood Carvers<br>9:00AM: Crafters<br>11:30 AM: Lunch<br>1 PM: Bingo    | 9:30 AM: Exercise<br>11:30 AM: VOPA<br>11:30 AM: Lunch   | 1:30 AM Lunch                                  | 9:30 AM: Exercise<br>11:30 AM: Lunch      |      |
| 27  | 28  | 29   | 30   | 31   |   |      |
|   | 9:30 AM: Exercise<br>11:30 AM: Lunch                              | 9:00 AM: Wood Carvers<br>9:00AM: Crafters<br>11:30 AM: Lunch                   | 9:30 AM: Exercise<br>11:30 AM: VOPA<br>11:30 AM: Lunch   | 11:30 AM Lunch                                 |   |      |



# JANUARY | 2019

## Jamieson Community Center-Senior Nutrition

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|--|---|---|---|--|
| 31<br>Potato Bar Option<br>Available Daily!  | 1<br>JCC Closed!<br>Happy New<br>Year!  | 2 Beef Sandy Mash<br>Mashed Potatoes<br>Asparagus<br>Wheat Bread<br>Chocolate Pudding     | 3 Tater Tot Casserole<br>w/Hamburger<br>Wheat Bread<br>Pears                            | 4 Meatloaf<br>Baked Potato<br>Brussel Sprouts<br>Dinner Roll<br>Fruit Cocktail |
| 7 Chicken Fried Steak<br>Mashed Potatoes w/<br>Gravy<br>California Blend<br>Dinner Roll<br>Peaches | 8 Ham Balls<br>Green Beans<br>Parsley Potatoes<br>Wheat Bread<br>Cranberry Sauce                      | 9 Chicken, Broccoli<br>and Rice Casserole<br>Succotash<br>Pickled Beets<br>Pineapple Cake | 10 Roast Pork<br>Mashed Potatoes<br>w/Gravy<br>Peas<br>Wheat Bread<br>5 Cup Fruit Salad | 11 Sloppy Joe w/ Bun<br>Roasted Potatoes<br>Lettuce Salad<br>Pears             |
| 14 Ham Steak<br>Sweet Potatoes<br>Wax Beans<br>Wheat Bread<br>Apricots                             | 15 Beef Stew w/Peas,<br>Potatoes & Carrots<br>Lettuce Salad<br>Biscuit<br>Mandarin Oranges            | 16 Spaghetti w/ Meat<br>Sauce<br>Tossed Salad<br>Garlic Bread<br>Lush Cake                | 17 Sausage Gravy<br>Tomato Juice<br>Tri-Taters<br>Biscuit<br>Mixed Fruit                | 18 Baked Chicken<br>Lima Beans<br>Baby Carrots<br>Wheat Bread<br>Apple Rings   |
| 21 JCC Closed in<br>Observance of<br>Martin Luther<br>King Jr Day!                                 | 22 Chicken Spaghetti<br>Corn<br>Green Beans<br>Strawberry Jello                                       | 23 Beef Stir Fry<br>w/Asian Veggies<br>Egg Roll<br>Rice                                   | 24 Lasagna w/Meat<br>Peas and Carrots<br>Spinach Salad<br>Garlic Bread<br>Orange        | 25 Ham and Beans<br>Spinach<br>Corn Bread<br>Apple Crisp                       |
| 28 Pulled Pork w/Bun<br>Normandy Veggies<br>Tater Rounds<br>Strawberry Pretzel<br>Cake             | 29 Beef Tacos<br>w/Flour Tortilla<br>Cheese, Lettuce and<br>Tomatoes<br>Green Beans<br>Tropical Fruit | 30 Chicken Alfredo<br>Broccoli<br>Cauliflower<br>Peaches                                  | 31 Sausage Links<br>V-8 Juice<br>Hash Brown Patty<br>Pancakes<br>Banana                 | 1 1% Milk Served<br>with all Meals!  |

Lunch is served at 11:30 at these locations:

Community Senior Citizens of  
Stronghurst (Mondays)  
309-299-5301

Faith Bible Church in Oquawka  
(Tuesday - Friday)  
309-299-5301

Kirkwood Senior Center  
309-768-2146

Roseville Senior Center  
309-426-2277  
Strom Center  
309-734-5677

Reservations must be made by 12:30 PM  
the day BEFORE you want to eat.  
Please call the site you will attend.

Home-delivered meals are available for  
seniors meeting eligibility requirements.  
CALL 309-734-4251

Non-Discrimination Policy  
Jamieson Community Center does not  
discriminate in admission to programs or  
treatment of employment in programs or  
activities in compliance with the Illinois  
Human Rights Act; the U.S. Civil Rights  
Act; Section 504 of the Rehabilitation  
Employment Act; and the U.S. and Illinois  
Constitutions. If you feel you have been  
discriminated against, you have a right to  
file a complaint with the Illinois  
Department on Aging. For information,  
call 800-252-8966 (Voice and TDD) or  
contact Programs and Services Manager  
at Western Illinois Area Agency on Aging  
at 800-322-1051.

Jamieson Community Center is partially  
funded by:  
Western Illinois Area Agency on Aging,  
Warren County United Way &  
Galesburg Community Foundation.

## Looking Back over 2018.....



It can be a very happy and rewarding to look over the outgoing year...as with every year there are high points and low points....

Every year we mourn the losses of dear friends but especially so in 2018 when we all experienced the loss among others, of our Strom Board President, Bob Hillman who was not only on the Board but did so much behind the scenes every day. We still look for him to come through that front door with his unique laugh..and humorous comments! (I still think my first name is "Hey, Girl" instead of Carol!!)

Strom opened up the Henderson County Seniors Center in Oquawka and re-organized our staff schedule to benefits the Henderson seniors.

New Board members were added and re-positioning some of the Strom Board members happened.

We added a new staff member, Stephanie Reading to our Program Team....and a great asset she is!

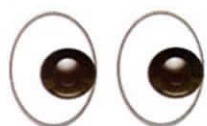
We are happy for our program staff member Erica Little becoming Mrs. Andrew Pence...

We welcomed Janice Painter to Strom Center. Even though Janice is a Jamieson Center staff member, she is a super great fit at Strom with her warm personality and ever-ready- to -help-out personality.

We always are aware how great of a group of volunteers we have...those who help out at Strom functions, those who help with the Strom Center Newsletters each month, those who help in the kitchen, and those who work in the Strom Center Thrift Shop...Wow! What would we ever do without them???

We are so grateful for those who financially make it possible for Strom Center to function: Western Illinois Area Agency on Aging, The Warren County United Way, the Churches who see Strom as a Mission, Club and Organizations who generously give, and especially individuals who see our commitments to assisting those in need and want to be part of such a worth while endeavor....

Personally, I want to thank all those with whom I come in contact every day at Strom. Can I brag that I have the Best Staff, The Best Board, The Best Volunteers, and the Best Community that anyone could ask for...I am truly blessed .....



**Looking Forward....Happy New Year to All!**



## MIND EXPLORER



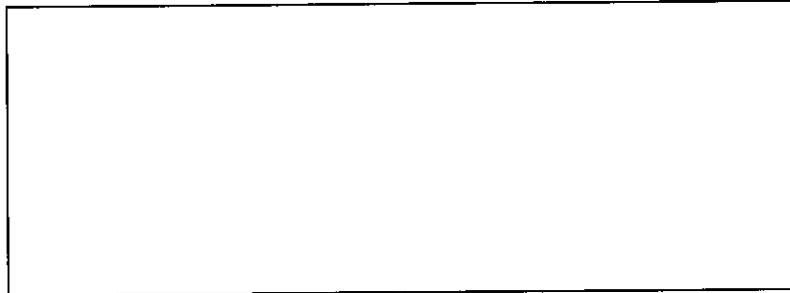
'Mind Explorers' is a monthly feature of STROM CENTER NEWS. Answer the questions and turn them in or mail them in by the 20th of the month. The person with the highest number of correct answers will be recognized in our next Monthly Newsletter. (In case of a tie, the winner will be drawn). This month's quiz is "New Year But Old Shows!" with a difficult-o-meter rating of 5.5+.....!!!

1. What are the names of the main married couple in the cartoon, "The Flintstones"? \_\_\_\_\_ and \_\_\_\_\_
2. Still running after 27 seasons, this animated TV show has characters Bart and Marge in the character line up. The title of the show is: \_\_\_\_\_
3. What TV show ran from 1972 – 83, and had characters "Trapper John" and "Radar"? \_\_\_\_\_
4. This TV weekly show depicting life in the 50's starred the Fonz and Richie Cunningham. What was the title of the show? \_\_\_\_\_
5. Florence Henderson was the mom in a blended family in what 70's TV show? \_\_\_\_\_
6. Mel Brooks created a TV weekly show with a bungling spy ("007") titled: \_\_\_\_\_
7. What actor played the starring role in the 70's *Rockford Files*? \_\_\_\_\_
8. These castaways, including Ginger and Mr. Howell were in what TV sitcom? \_\_\_\_\_
9. Oscar, Big Bird and the Cookie Monster can be found on what TV show? \_\_\_\_\_
10. Bewitched was about a witch/housewife played by what star? \_\_\_\_\_  
(Answers to the Previous Mind Explorer (Winner is named on Recognition Page!))
1. In the comedy Christmas movie, "A Christmas Story", starring Darren McGaven, Ralphie hopes to get what special gift for Christmas? **RED RYDER BB GUN**
2. In 1957, Elvis Presley sang "Blue Christmas", but who was the county singer who first made the song popular in 1948? **ERNEST TUBB**
3. In *It's a Wonderful Life*, what character did Jimmy Stewart play? **GEORGE BAILEY**
4. What does "Feliz Navidad" mean? **MERRY CHRISTMAS**
5. This doll known by only its first name has been a favorite Christmas item since its launch in 1959:  
**6. BARBIE**
7. In the poem, "Twas the Night Before Christmas", St. Nick's clothes were all tarnished with? **ASHES**
8. **AND SOOT.**
9. Each bag contains 15 candy canes. If there are 2 dozen bags to a box, how many candy canes are there in 12 ½ boxes? **4500**
10. According to the Bible how many angels spoke directly to the shepherds? **ONE**
11. Unscramble the letters to find a Christmastime favorite: TENORMANS: **ORNAMENTS**
12. In "The Twelve Days of Christmas" song, what did "my true love bring to me"? **FIVE GOLDEN RINGS**

STROM CENTER, INC.  
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Monmouth, IL 61462

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Fax: 309-734-4560 Toll-free: 866-787-6628  
Strom Center Monmouth Site: 309 734 5677  
Strom Center Oquawka Site: 309 867 4231  
Carol Neal McCrery, Director

***Non-Discrimination Policy:***

Strom Center does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For information call 800-252-8966 (Voice and TDD) or contact Programs and Services Manager at Western Illinois Area Agency on Aging at 800-322-1051.

Strom Center is partially funded by:  
**The Western Illinois Area Agency on Aging and The Warren County United Way**