# STROM CENTER NEWS

**MAY, 2019 EDITION 350** 



## Ladies Day Brunch

On Friday, May 10<sup>th</sup>, all ladies age 60 and over will be Strom Center's guests for brunch...free of charge of course! The event will start at 9:30 AM.

Special recognitions will be awarded with a gift to all ladies in attendance. There will be a drawing for all persons who bring an heirloom piece of jewelry (or sentimental jewelry item) and tells about it during our event. Please plan to attend! To ensure there are adequate gifts and refreshments, it is necessary to make reservations no later than Monday, May 6<sup>th</sup> by either calling 734-5677 or coming in to sign up.

An Announcement from Board Member SHIRLEY CALDWELL....

### Good News!! We're having a Bake Sale!!

Strom Center is having a Bake Sale on the following days/ times:



FRIDAY, MAY 3rd and SATURDAY, MAY 4th

9 AM - 3 PM each day

We have always had a great variety of cookies, candies, cakes, etc...Annnd all will be reasonably priced (and sooooo delicious!)

If you would like to donate baked

goods, please bring them to Strom Center by Thursday noon! All items would be greatly appreciated!

**A Reminder...**Strom Center will be closed on Monday, May 27<sup>th</sup> in observance of Memorial Day... We honor all those who have served and / or gave their lives serving in the U.S. Military.





#### MONTHLY TRIAD

Our April TRIAD speaker was JAYME HORNER-Emergency 911

Telecommunicator. She was accompanied by IVY PEO. A slide show presentation and information on a new program was shared with those in attendance.

There are eight full time and three part time dispatchers who cover city and county areas. There are two dispatchers on duty at all times with 24/7 coverage. These personnel are completing training to become Emergency Medical Dispatchers. The courses are 32 – 40 hours long, and the hope is that once completed implementation will be in

Picured: Ivy Peo and Jayme Horner

three to four months.

Among other items discussed included that when a 911 call is made from a landline, the staff has immediate access to your

name and address. If a call is made from a cell phone, staff can trace you to a general idea of your location.

Questions were asked and answered. Scams were discussed; refreshments were served. Door Prize was won by Gloria Hillman.

Our May TRIAD Meeting Speaker (Thursday, May 11<sup>th</sup> at 1 PM) will be Jacob Irish, from Western Illinois Area Agency on Aging. He will speak on the Senior Medicare Patrol Program which is a very effective program which promises to impact all who attend. (Please see attached flier about the program). All persons are encouraged to attend. Sign-up is not required.



SMP presentation
Thursday, May 9th
1:00pm
Strom Center
211 South A St.,
Monmouth, IL 61462

Senior Medicare Patrol: Protect, Detect, and Report Medicare

Join Western Illinois Area Agency on Aging (WIAAA) and Strom Center to discuss the important issue of Medicare Fraud. This presentation will provide information and tips to help Medicare beneficiaries detect and protect themselves from Medicare fraud, as well as how to report any suspicious activity. There will be time to ask questions about Medicare and Medicare Fraud after the presentation.



The following is provided by Thrift Shop Manager Crystal Vanskike...

### Thrift Shop Corner....

The Parking Lot Sale was a HUGE Success! Thank you to everyone who volunteered and to all of our workers and customers.

The Sales for May are:

Women's Shirts (pullover and button-down), Women's Jeans, Casual Capris...all are \$1 each. The number of these items available is great due to a large inventory.

We are also going to continue the BoGo Sale for Infant - Teen size kids clothes. This includes Pants, Shorts, Capris, Shirts, PJs, Jammie Pants, and Bath Robes. (Continued...) Thrift Shop Corner continued.....

We are blessed with a wide variety of donations ... Always worth checking out new items daily!

CUSTOMER APPRECIATION Week-end is Friday May 3<sup>rd</sup> and Saturday, May 4<sup>th</sup>. Items will be 25% off EVERYTHING, including Sale Items!!!

By the way, remember Strom's Bake Sale is also on Friday, May 3<sup>rd</sup> and Saturday, May 4<sup>th</sup>.....a great opportunity to check out the Thrift Shop and the Bake Sale!

As always, if there is a certain item you are looking for but don't see it, ASK!

Our clothes and other Thrift Shop items are clean and ready to wear / use!

\*\*\*\*\*\*\*\*

From Carol McCrery, Strom Center Director
ABOUT OUR THRIFT SHOP...



It never ceases to amaze me the magnitude of work that is required and carried out by our Thrift Shop Manager Crystal Vanskike and her

'team' of staff and volunteers. The process of sorting through donations, making sure they are in good repair, clothing laundered, if needed mended, ironed, tagged for size and prices, displayed, etc. etc ...is truly a huge undertaking. Not many could possibly run such a well - tuned program but this group who are very dedicated, do a superb job! The proceeds of our Thrift Shop not only provide for programs not otherwise funded by other means, they provide

emergency funds for a great number of persons in need. Also, items from the Thrift Shop are often-times donated free of charge when needed.

As with ALL of my staff and wonderful volunteers at Strom Center, I am blessed...they are outstanding..... they do what they do and do it so well!!

\*\*\*\*\*\*

#### **RECOGNITIONS...**

MIND EXPLORER WINNER:

MARILYN PERRIN

\*\*\*\*\*

SHANGHI RUMMY WINNER:

SHIRLEY PETERSON

2ND PLACE: MILDRED EGGER

\*\*\*\*\*

NEWSLETTER HELPER:

MARY HASTING

\*\*\*\*\*

## V.O.P.A. TO START UP AGAIN!!

By popular demand we are starting up our VOPA (Very Observant Person Award) at Strom Center.

- Each day, Staff member Kathy Ferrenburg will post the daily VOPA Clue on our inside white board
- The clues start on Thursdays.
- When you think you have the answer to the clues you can put



your answer in the Answer
Basket located in the serving
area.

- · Only one answer per person
- Each Wednesday a name is drawn until the correct answer is drawn.
- The winner gets a prize
- At the end of the month, the winners for the month are entered into a Grand Finale Drawing and one person will receive a prize.

Also....check out the announcements that are posted each day. It is interesting to see "This Day in History" as well as happenings at Strom Center.



A very Special Thank You to Kathy O'Brien Haddick (my .....Carol McCrery's, twin

sister!) She does a great job of making the VOPA fun and providing a range in levels of difficulty from week to week.

Winners do not need to be present to win the prizes...winners will be posted in our



'Recognitions' area of the newsletter as well as on the White Board in the middle of our Main Area. Be sure and check out the clues!

#### **Parkinson's Support Group**

(For Parkinson's Patients and Their Caregivers)

The next Parkinson's Support Group will be held at the Warren County YMCA in the Rock Steady Workout Room on Monday, May 13<sup>th</sup> from 4 to 5 PM.

This is a wonderful opportunity to learn about Parkinson's as well as gain support from other participants.

Thank you to Marcia Parrish for facilitating this group! Our area is so fortunate to have someone bring attention and options for help to the subject of Parkinson's.

Marcia can be reached by email at <a href="mailto:mparrish468@gmail.com">mparrish468@gmail.com</a> or phone 309 221 7907. Fortunately, Marcia has agreed to speak at one of our future monthly TRIAD meetings. (Just as a side note...Please check out our Resource Center at Strom Center. We have both books and tapes that may be borrowed free of charge which cover a multitude of health challenges as well as books for Caregivers.)

\*\*\*\*\*\*

#### Lenten Services ....

Thank you to Strom Volunteers who set up each week, and rose very early to prepare for the Lenten Breakfasts...SHIRLEY CALDWELL, MARILYN PERRIN, and JACKIE LEMLEY. Thanks to DENNY McCRERY for picking up the rolls each week. And of course thank you to the Monmouth Ministerial Association for overseeing and scheduling the participating churches, those churches and their members for greeting and serving as well as providing music and programs. We look forward to the Lenten season again next year; another wonderful time to fellowship and share....



## Western Illinois Area Agency on Aging

Aging and Disability Resource Center

#### 2019 PUBLIC HEARINGS

Western Illinois Area Agency on Aging invites all community members and aging professionals to two Public Hearings. Join us to help us meet the needs of older adults, adults with disabilities, their caregivers and grandparents raising grandchildren:

LEARN about services
SHARE your ideas
YOUR OPINION COUNTS!

Thursday, May 16, 2019 10:00am to 11:30am

Strom Center 211 South A Street Monmouth, Illinois 61462

Friday, May 17, 2019 10:00am to 11:30am

Mendota Area Senior Services 1901 Tom Merwin Drive Mendota, Illinois 61342

#### WE HAVE A POTLUCK COMING UP....

Strom Center will host a potluck on May 18th **at Noon.** Plates, silverware, cups/glasses will be furnished. Just bring what-ever food dish you wish to bring....

After enjoying our meal we will play bingo and / or cards.



#### WINNERS FROM OUR PARKING LOT SALE RAFFLES:

The following persons were the fortunate winners at our Parking Lot Sale Raffle:

Boys 20" BMX Bike: ---MATERN

• Girls 20" BMX Bike: FELICIA SHAWLER

40" Flat Screen TV: JOANN NEEDHAM

Tool Bundle: MIKE ADAM

Tool Bundle: SALOMA YODER

Scentsy Basket: DARCY DARNELL

Gnome Basket: CLARIDIN SOTA

Gift Cards......

McDonalds (2 Big Macs): JESS WEIR

Becks (\$25 Card): JO ELLEN WAYMATH

McDonalds (2 Big Macs): SHIRLEY PETERSON

Save A Lot (\$20 Card): TAMI REYNOLDS

o Save A Lot (\$20 Card): SUE CLARK

o Save A Lot (\$20 Card): CATHERINE LEE

Save A Lot (\$20 Card): CHRIS DENISON

VOLUNTEER WINNER: Save A Lot (\$20 Card): ANNE LIBY



#### STROM CENTER'S MAY BINGO DATES

Bingo will be played at Strom Center on the following dates in May: Tuesday, May 14<sup>th</sup>, and Tuesday, May 28<sup>th</sup>. Bingo starts at 1 PM and ends approximately at 3 PM. We have a great variety of prizes; popcorn and drink are available.

Cards are only 25 cents each. If you haven't joined us....plan to do so!!



000	MAY 2019 WARREN COUNTY						8
5	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
Å	Call for reservations by 1 PM the prior day: Janice Painter: 309- 734-5677 Thrift Shop open: Mon – Fri: 8:30AM- 4PM Saturday: 8:30 AM– 2:30PM		9:30AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch	9:30 AM: Exercise 11:30 AM: Lunch 9 am – 3 pm Bake Sale	9 am – 3 pm Bake Sale	
	5	6	7	8	9	10	11
		9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch	9:30AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch 1:00 pm Triad Meeting: SMP Prog	9:30 AM: Ladies Day Brunch 11:30 AM: Lunch	
	12	13	14	15	16	17	18
	Mothers Day	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch 1 PM: Bingo	9:30AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch 1:30 PM: Strom Board Meeting	9:30 AM: Exercise 11:30 AM: Lunch	NOON: STROM POTLUCK
	19	20	21	22	23	24	25
		9:30 AM: Exercise 11:30 AM: Lunch Mind Explorer Due!	9:00 AM: Wd. Carvers 9:00AM: Crafters 11:30 AM: Lunch 12:30 PM:O.D.O.	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch	9:30 AM: Exercise 11:30 AM: Lunch	
	26	27	28	29	30	31	No.
		Memorial Day Strom Closed	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch 1 PM: Bingo	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch	9:30 AM: Exercise 11:30 AM: Lunch	

11.10

MAY 2019

Jamieson Community Center-Senior Nutra

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Potato Bar Option Available Daily!	30 1% Milk Served with All Meals!	1 Sausage and Pepperoni French Bread Pizza Corn Salad Mixed Fruit	Rigatoni w/ Tomato and Meat Sauce Broccoli Apple Sauce	3 Chicken Salad Sandwich on Flat Bread Cherry Tomatoes Coleslaw Grapes
6 Chicken Fajitas w/ Green and Red Peppers Tortilla California Veggies Rice Apricots	7 BBQ Rib Patty w/Bun Corn Green Beans Sugar Free Jello w/ Bananas	8 Baked Spaghetti w/ Meat, Cheese & Tomatoes Tossed Salad Garlic Bread Peaches	9 Italian Chicken Au Gratin Potatoes Peas Wheat Bread Applesauce	Pork Burgers w/ Bun Baked Beans Carrot Sticks Pears
13 Oven Fried Chicken Coleslaw Corn Wild Rice Plums	14 Cheesy Ham and Hash Brown Bake Normandy Veggies Pasta Salad Peaches	15 Roast Beef and Colby Jack Cheese w/ Pretzel Bun Green Beans Tri-Taters Pineapple Lush Cake	16 Maid Rite w/ Cheese & Bun Mashed Potatoes Tossed Salad Orange	17 Cod Fillets Baked Potato Broccoli w/ Cheese Wheat Bread Tropical Fruit
20 Meatball Sandwich w/ Sub Roll Sweet Potatoes Salad Strawberry Cake	21 Beef Enchilada w/ Corn and Black Beans Corn Tortilla Shredded Lettuce Banana	22 Chicken Parmesan w/Diced Tomatoes Au Gratin Potatoes Gartic Bread Fruit Cocktail	23 Ham, Egg & Cheese Biscuit Tri-Tater V-8 Juice Apple Slices	24 Chili Cheese Hot Dog w/ Bun Carrot Sticks Apricots
<sup>27</sup> JCC Closed in Observance of Memorial Day!	28 Chipped Beef w/ Biscuit Mashed Potatoes Capri Veggies Orange	29 Taco Salad w/ Ground Beef Lettuce, Cheese and Tomatoes Chili Cheese Fritos Baked Apples	30 Cottage Cheese Potato Soup Green Beans Corn Bread Tropical Fruit	31 Chicken and Cheese Quesadilla Corn Tossed Salad Grapes

Lunch is served at 11:30 at these locations: **Community Senior Citizens of** Stronghurst (Mondays) 309-299-5301 Faith Bible Church in Oquawka (Tuesday - Friday)

309-299-5301 Kirkwood Senior Center 309-768-2146

Roseville Senior Center 309-426-2277 Strom Center 309-734-5677

Reservations must be made by 12:30 PM the day BEFORE you want to eat. Please call the site you will attend.

Home-delivered meals are available for seniors meeting eligibility requirements. CALL 309-734-4251

Non-Discrimination Policy Jamieson Community Center does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act: the U.S. Civil Rights Act: Section 504 of the Rehabilitation Employment Act: and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For information, call 800-252-8966 (Voice and TDD) or contact Programs and Services Manager at Western Illinois Area Agency on Aging at 800-322-1051.

> Jamieson Community Center Senior Nutrition is partially funded by: Western Illinois Area Agency on Aging, Warren County United Way & Galesburg Community Foundation.

## Henderson Seniors...

Thank you to Eagleview Community Health Center's Yvonne Knapp, for providing us with many events taking place in Henderson County. The following is only part of those listings. Complete listing is posted at the Henderson Seniors Center in Oquawka.

#### **HENDERSON COUNTY 2019 MAY EVENTS**

#### Henderson County Museum Opens in Raritan

Open for the season Wednesday, May 1 by appointment. The Henderson County Museum, located on East Main Street, depicts rural lifestyles during the early 1900's. The four building complex features schoolrooms, farm kitchens, wearing apparel, and many farm implements of the day. The museum was founded by the Henderson County Historical Society in 1976. For more information, call 309-746-6103.

The Schuyler Street Stroll Garage Sale: Garage Sale to benefit the Oquawka community's Schuyler Street Stroll is slated for Friday, May 10 and Saturday, May 11 starting at 8 a.m. at 301 North 8th Street, Oquawka. For more information, call 319-759-3863

**Village of Stronghurst Clean-up Day;** Curbside collection begins at 6 a.m., Friday, May 17. For more information, contact the Village Hall at 309-924-1525.

Raritan Clean-up Weekend: Friday-Sunday May 17, 18, 19: Two collection boxes will be available on the Northwest corner of the township garage property. One box is for appliances. One is for all other items. No tires, batteries or oil. All items must be placed in the boxes not on the ground. Service is for residents of the Village of Raritan and Raritan Township.

**Oquawka City-Wide Clean-up:** Saturday, May 18. Contact Oquawka Village Hall at 309-867-3481 for more information or visit Village of Oquawka Facebook page.

**Doc Pogue Memorial Spray Park Stronghurst Opens:** The seasonal opening for the Spray Park is scheduled for Memorial Day, Monday, May 27. The park will be open 11 a. m-8 p. m. every day through Labor Day, Monday, September 2. For more information, contact the Stronghurst Village Hall. 309-924-1525.

Henderson County Museum Open Memorial Day: Monday, May 27, 9 a.m. - 3 p.m. The Henderson County Museum, located on East Main Street in Raritan depicts rural lifestyles during the early 1900's. The three building complex features schoolrooms, farm kitchens, wearing apparel, and many farm implements. For more information, call 309-746-6103.

Relay for Life Lunch: 11 a.m.-1 p.m., Friday, May 10. Raritan State Bank Pavilion, 108 East Main Street, Raritan. Serving hamburgers, hot dogs, chips, drinks. Free will offering to support Relay for Life activities.

**Village of Stronghurst City Wide Garage Sale Day:** Saturday, May 4. Varying opening and closing times. Participants should have information to Village Hall by May 1. Maps available starting May 2. For more information, contact Village Hall at 309-924-1525.



## Ladies Day Celebration

On Wednesday, May 8<sup>th</sup>, all ladies age 60 and over will be Strom Center's guests for lunch...free of charge of course! The event will start at Noon and will be held in our Strom Site at 410 Schuyler Street, Oquawka.

Special recognitions will be awarded with a gift to all ladies in attendance. There will be a drawing for all persons who bring an heirloom piece of jewelry (or sentimental jewelry item) and tells about it during our event.

Following our Ladies Day Program, we will play Bingo...(about 1:30 PM-3PM). Please plan to attend! To ensure there are adequate gifts and food, it is necessary to make reservations no later than Monday, May 6<sup>th</sup> by either calling 734-5677 or coming in to sign up. (Unfortunately, reservations made after that date may not receive the Ladies Day gifts..)

### Check this out>>>>

Jacob Irish from Western Illinois Area Agency on Aging will present the SMP Program on May 24 (see details!) Please plan to attend! Refreshments will be served following the program.

**Reminder**...Strom Center's Oquawka Senior Site will be closed on Monday, May 27<sup>th</sup> in observance of Memorial Day....



SMP presentation
Friday, May 24<sup>th</sup>
1:00 pm
Oquawka Strom Center
410 Schuyler St.
Oquawka, IL 61469

Senior Medicare Patrol: Protect, Detect, and Report Medicare Fraud:

Join Western Illinois Area Agency on Aging (WIAAA) and Mercer County Senior Center to discuss the important issue of Medicare Fraud. This presentation will provide information and tips to help Medicare beneficiaries detect and protect themselves from Medicare fraud, as well as how to report any suspicious activity. There will be time to ask questions about Medicare and Medicare Fraud after the presentation.





'Mind Explorers' is a monthly feature of STROM CENTER NEWS Answer the questions and turn them in or mail them in by the 20th of the month. The person with the highest number of correct answers will be recognized in our next Monthly Newsletter.! (In case of a tie, the winner will be drawn). This month's quiz is "Looking For May!" with a difficult-o-meter rating of 6.0+.....!!!

1.	This famous lawyer had a sidekick named Della
2.	The boundary between Pennsylvania and Maryland, surveyed between 1763 and 1767 is called:
3.	This famous cosmetic empire was created by a 19-year-old entrepreneur named Thomas Lyle Williams and named after his sister, in 1915:
4.	This famous English actor played Brutus in <i>Julius Caesar</i> (1953), opposite Marlon Brando:
5.	The definition of melee i: A) banquet, B) skirmish, C) bug-infested, or D) a question:
6.	This city is the county seat of Bibb County in Georgia: Type equation here.
7.	TV's Sheriff Andy and Barney lived here:
8.	Nicknamed "The Say Hey Kid", this former Major League Baseball (MLB) center fielder spent almost all of his 22-season career playing for the New York/San Francisco Giants:
9.	According to the US Census, "Main" is the A) first, B) seventh, C)20 <sup>th</sup> , or D) 50 <sup>th</sup> most popular name for a street.
10	.The title of an elected head of a city or town:
	***********
	(Answers to the Previous Mind Explorer (Winner is named on Recognition Page!)

- 1. Nimbostratus clouds are commonly known as: RAIN CLOUDS
- 2. April 15th was established as "Tax Day" in what year? 1955
- 3. What actress starred in the 1952 movie, "Singin' in the Rain"? DEBBIE REYNOLDS
- 4. Who was the first US President to be born in the month of April? **THOMAS JEFFERSON**
- 5. In every year April starts on the same day of the week as what other month? JULY
- 6. April starts with the letter A, and how many US states have capitals which start with the letter A? 5
- 7. What US state pays the highest per cent of taxes? NEW YORK
- 8. What holiday always falls on the first Sunday after the first full moon after the spring equinox.? **EASTER**
- 9. What is the birthstone for April? **DIAMOND**
- 10.Unscramble the letters to find a common sight in the Spring: ACARISNOT: RAINCOATS

STROM CENTER, INC. 211 South A Street Monmouth, IL 61462

RETURN SERVICE REQUESTED

NON-PROFIT U.S. POSTAGE PAID PERMIT NO. 24 MONMOUTH, IL 61462

 <u> </u>	 	

#### STROM CENTER, INC.

Warren County Site: Monmouth 211 South A Street, Monmouth, IL 61462

Henderson County Site: 410 Schuyler Street, Oquawka, IL 61469

Fax: 309-539-4256 Toll-free: 833 856 9624 Strom Center Monmouth Site: 309 734 5677 Strom Center Oquawka Site: 309 536 2558 Carol Neal McCrery, Director

Non-Discrimination Policy:

Strom Center does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For information call 800-252-8966 (Voice and TDD) or contact Programs and Services Manager at Western Illinois Area Agency on Aging at 800-322-1051.

Strom Center is partially funded by:
The Western Illinois Area Agency on Aging and The Warren County United Way