

STROM CENTER NEWS

JUNE, 2019 edition 351



GENTLEMENS DAY at Strom Center...

On **Friday, June 14th** Gentlemen will be honored at

Strom Center throughout the morning. Stop in at anytime from **9-11 AM** for Delicious Rolls, Juice, and Coffee. There will be drawings during the morning, concluding with a main drawing at 11 AM (need not be present to win!) No reservations are necessary...just stop in and enjoy the morning! We hope to see you then!



Thank you, Thank you, Thank you.... To all of the ladies who organized the

May Bake Sale here at Strom Center! They did an awesome job! Also, a BIG thanks go out to all the persons who donated home-made baked goods. And of course we thank those who came in to shop.....!!



JUNE BINGO DAYS ...

will be Tuesday, June 11th, and Tuesday, June 25th..both will start at 1 pm and end approximately at 3 pm. Cost per

card is 25cents each. We have a

great variety of prizes...Refreshments and drink are available. If you haven't joined us for Bingo yet....do so!

The Answer is YES!!!

Several persons have inquired as to whether they can put information on our Blinking Strom Sign in our front window...the answer is Yes! If you have an upcoming event, a birthday to be recognized, or a reminder, etc., we would be happy to put the information on our sign. Leave the information at the front desk, call 734 5677 and share the information with our staff worker, Bob Anderson, or email Carol at

StromSeniors@Gmail.com.

Strom Center's closings (holidays, weather closings, etc,) are always shown on the sign.



ATTENTION CAREGIVERS!

Staff worker, Lynda Accardo is continually adding information to our Strom Resource

Center. Just recently she added three very interesting books which contain a lot of great information:

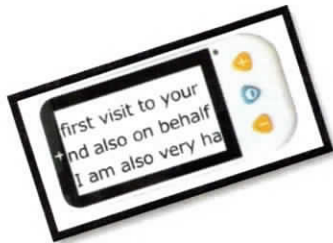
- **Navigating Your Later Years for Dummies**
- **Five Years Before You Retire**
- **Get What is Yours**

Because each is the only copy we have, they must be kept at the Center or signed out for one week only.

Just a reminder: we have portable DVD players which may also be checked out to view a number of Caregiver DVDs that may also be checked out... the DVDs have some great information and tips.



Visually impaired? We have electronic magnifiers to use while you are utilizing our Resource Center... Persons who have tried them out love them! Come check them out...



(We also have table-top models for use!)

RECOGNITIONS.....

Bridge (May 20th)

High: **ROSA FILLMAN**

2nd High: **PEGGY HARRIS**

Low: **CAROLYN ROSS**



Mind Explorer Winner:

BILL OLSON



Newsletter Helper:

BILLIE ROSS

OUR DAY OUT:

ShangHi Rummy Winner

ANNE LIBY



2nd Place:

BARBARA NICHOLS

O.D.O... The next **Our Day Out** is scheduled for the 3rd Tuesday of the month at 12:30 PM...(June 18th).

Thrift Shop Corner



JUNE is a Big month for us in the Strom Center Thrift Shop.

We are showcasing our Wedding Inventory, from reducing the cost of our Wedding Dresses to half prices to Wedding and Reception necessities. Clothing Sales are a carryover from last month due to high demand as well as ample inventory....



Women's Shirts and **Capris** are only \$1 each. **Infants through Teen Sizes** are "Buy One, Get One" (BoGo Sale). Pay for the higher priced item and get a second of equal or lesser value FREE!

Customer Appreciation Sale week-end is June 7th and 8th...Get 25% Off of ALL your purchases!

.....Thrift Shop Manager Crystal Vanskike

Parkinson's Support Group

*(For Parkinson's Patients and
Their Caregivers)*

The next Parkinson's Support Group will be held at the Warren County YMCA in the Rock Steady Workout Room on Monday, June 10th from 4 to 5 PM.

If you wish to know more about Parkinson's and / or you are caring for someone with Parkinson's, you will benefit from this monthly gathering.

Again, we appreciate Marcia Parrish facilitating this group! Marcia can be reached by email at mparrish468@gmail.com or phone 309 221 7907.

JUNE TRIAD



The speaker for our May



TRIAD meeting was Jacob Irish, (shown here) Program Coordinator Information and Assistance Staff Worker at Western Illinois Area Agency on Aging. He also works with the SHIP (Senior Health Insurance Program) program.

Jacob, who attended Monmouth College briefly

told about himself and then shared information on the SMP (Senior Medicare Patrol) Program. SMP is administered by Age Options, All 50 states are funded for this program. The main goal of SMP is to eliminate Medicare Fraud by being alert to possible instances of fraud and being informed as to how to report it. Examples of Medicare Fraud are:

- Being billed for services not received
- Being billed for equipment non needed
- Being billed for unnecessary medical procedures not needed

Jacob emphasized that there are honest mistakes made sometimes on billing, but fraud is an intentional act.

There are specific ways to protect oneself from fraud:

- Protect your Medicare Card
- Keep a journal /calendar of when and what services were provided
- When you receive an EOMB (explanation of Medicare Benefits) review it to ensure it is correct
- Report suspected abuse / fraud by contacting SMP at 800 699 9043 (or take it to a Strom staff member)

Thank you to Jacob for bringing this very important information to our seniors!

The upcoming June 13th TRIAD meeting, which will begin at 1:30 PM will be a speaker from Fareway Foods. The public is welcome to attend. Question & Answer time follow each program. Reservations are not required, nor are there membership fees. If you would like to have a monthly reminder call, please call Strom Center at 309 734 5677 with that request. Refreshments are available at the meetings.










We're Getting Ready!!

Recently we have been hit with some very challenging weather conditions...Rain, Rain, Rain! Fortunately, we have not experience terribly hot weather YET! But we know it may be hitting us right around the corner. To help keep seniors comfortable, Strom is again offering to loan out fans. Our Fan Loan Program allows for one fan per request, but PLEASE feel free to let us know if you are really in need of two. The duration of the loan is until the end of the summer season for returns. Each person (or friend or family member) will be required to sign out the fan. We have mostly box fans in inventory but we do have a few floor fans. Call Strom for more information: 309 734 5677.



JUNE 2019 WARREN COUNTY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.	
							1
		<p>Call for reservations by 1 PM the prior day: Janice Painter: 309-734-5677</p> <p>Thrift Shop open: Mon – Fri: 8:30AM- 4PM Saturday: 8:00 AM– 2:30</p>					
2	3	4	5	6	7	8	
	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch	9:30AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch	9:30 AM: Exercise 11:30 AM: Lunch		
9	10	11	12	13	14	15	
	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch 1 PM: Bingo	9:30AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch 1:00 pm Triad Meeting	9 – 11 AM: Gentlemens Day 9:30 AM: Exercise 11:30 AM: Lunch <i>Flag Day</i> 		
16	17	18	19	20	21	22	
 Father's Day	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wd. Carvers 9:00AM: Crafters 11:30 AM: Lunch 12:30 PM:O.D.O.	9:30-10:30 AM Bld Press (Ct Yard Est) 9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch 1:30 PM: Strom Board Meeting Mind Explorer Due!	9:30 AM: Exercise 11:30 AM: Lunch <i>1st Day of summer</i> 		
23	24	25	26	27	28	29	
	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch 1 PM: Bingo	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch	9:30 AM: Exercise 11:30 AM: Lunch		
30							



Out and About in the Community...

If you have a Community Event that would be especially interesting to seniors, please feel free to submit it to Strom by bringing it in or mailing to: 211 South A Street, Monmouth, IL 61462, or emailing to StromSeniors@Gmail.com.

Strom Center's Outreach

Strom Staff Worker, Lynda Accardo will be visiting both Oak Terrace and Costello Terrace to provide Outreach Services. If there are any concerns, applications, and / or information you would like assistance with, please note the day and time for each location. (However, Outreach is available at any time by calling 309 734 5677 and requesting a staff person to come to your home.)

- Oak Terrace, Friday, June 7 from 10 - 11 AM
- Costello Terrace, Friday, June 7, 11 AM - Noon

ICE CREAM SOCIAL

1ST UNITED METHODIST CHURCH
221 E. BROADWAY, MONMOUTH

THURSDAY, JUNE 6
SERVING 5:00 - 7:30 PM



SLOPPY JOE & CHIPS
CAKE & ICE CREAM
BEVERAGES

DONATION: \$7.00
Children Under 5 Free

MONMOUTH CITY BAND
WILL PERFORM 7:00-8:00 PM

Join us at Legacy Estates for a

PALLET PARTY

THURSDAY, JUNE 6TH
6:00PM - 9:00PM

1200 West Broadway • Monmouth, IL

Cost: \$40-\$60 (depending on your choice of pallet size)
\$10 from each pallet will go toward our Tenant Activity Fund

Visit Pinned It
Creations Events
on Facebook
for more details



Legacy Estates
of Monmouth

Call Sharon or Missy with any
questions at: (309) 734-0909

WWW.COURTYARDESTATES.NET



INTERESTED IN BECOMING A CENSUS TAKER???

You can apply online: 2020census.gov/jobs

***Great Pay * Flexible Hours * Weekly Pay *Paid Training**

For more information or help applying please call **1 855 JOB 2020**

The flier with more information is on Strom Center's Entry-Way Bulletin Board

HENDERSON SENIORS....

Interesting Events in and Around Henderson County



GENTLEMEN'S DAY AT STROM'S HENDERSON SENIOR OQUAWKA SITE..

On Wednesday, June 12th from Noon until 1 PM, Senior Gentlemen are invited to come to the Oquawka Senior Site to enjoy lunch. Prizes will be given out and we will have several drawings. Please call Strom Center 309 734 5677 to let us know you are coming...or stop in at our Oquawka site (410 Schuyler Street, Oquawka, Monday – Thursday, from 9 AM – 4 PM) to sign up. And please feel free to stay afterwards and play Bingo from 1 – 3 PM.



HENDERSON SENIORS JUNE BINGO DATES

Bingo will be played at our Henderson Senior Oquawka Site on the following dates / times:

WEDNESDAY, JUNE 12: 1 – 3 pm

WEDNESDAY, JUNE 25: 1-3 pm

No charge to play 4 cards, additional cards are 25 cents each.

Refreshments are served....No sign up necessary!!

Thank you to Ernest Pilkington for the following information:

RELAY FOR LIFE

The 11th Annual Gladstone Methodist Church Relay for Life Team Yard and Bake Sale will be held on Saturday, June 15th from 8 AM until Noon at the Gladstone Park, Gladstone, Illinois.

ALL PROCEEDS WILL BE DONATED TO THE RELAY FOR LIFE

THANK YOU TO EAGLE VIEW HEALTH SYSTEM'S YVONNE KNAPP FOR PROVIDING THE FOLLOWING INFORMATION!

Turnbull Heritage Museum--Biggsville

The Turnbull Heritage Museum was assembled in 2018 and is located in the former facilities of Turnbull Funeral Home in Biggsville, Illinois. (IL 164 and Church Street) The museum features a collection of private artifacts from the "undertaking" business of the Turnbull Family, beginning in 1884. Open by appointment. For more information, contact John Turnbull at 309-371-3595.

Doc Pogue Memorial Spray Park-- Stronghurst

The Spray Park will be open 11 a. m-8 p. m. every day through Labor Day, Monday, September 2. For more information, contact the Stronghurst Village Hall. 309-924-1525.

Henderson County Museum Open—Raritan

The Henderson County Museum is open weekends and by appointment. Located on East Main Street in Raritan, the museum depicts rural lifestyles during the early 1900's. The three building complex features schoolrooms, farm kitchens, wearing apparel, and many farm implements. For more information, call 309-746-6103.

Eagle View Bingo Fundraiser

2-5 p.m., Sunday, June 9 at the VFW Hall, corner of Sycamore & Warren, Gladstone. Doors open at 1:30 p.m. \$25.00 per person for 10 cards with 9 games per card. Baskets valued at over \$25 will be awarded each Bingo round. Bake sale and 50/50 drawing. Bring your own snacks/beverages. (alcohol allowed)

Relay for Life Lunch

11 a.m.-1 p.m., Friday, June 14. Raritan State Bank Pavilion, 108 East Main Street, Raritan. Serving hamburgers, hot dogs, chips, drinks. Free will offering with proceeds going to local Girl Scout Troop. For more information, contact 309-746-6200.

Henderson County Community Resources Council—Gladstone

9:30-11 a.m., Friday, June 21 at the Henderson County Health Department (HCHD), 208 West Elm, Gladstone, IL. Featured organization is Western Illinois Home Health/Western Illinois Managed Home Services. The Council includes representatives of organizations that provide services and programs to community residents. For more information, call 309-221-2743 or 309-867-2202 ext. 234 or email: enrollment@eagleviewhealth.org

STROM CENTER NEWSLETTER INFORMATION....

Strom Center welcomes any item of information which may be of interest to area seniors to be included in our monthly Strom Center Newsletter. If you have any items for our newsletter either mail it to Strom Center, 211 South A Street, Monmouth, IL 61462 by the 21st of the month in which you wish to have the information included or email it to Carol McCrery at StromSeniors@Gmail.com with the **subject line: Newsletter Information.**

Also...we currently have many many persons (of all ages) requesting our monthly Strom Center Newsletter. If you would like to have the Free Strom Center News mailed to you, either send your request to Strom Center, 211 South A Street, Monmouth, Illinois, 61463, give it to one of the staff workers at the Oquawka Site (410 Schuyler Street, Oquawka, IL 61469), or request the newsletter via email by emailing Carol McCrery at StromSeniors@Gmail.com. We can send paper copies or email copies (the email copies are in color!)

OUR OQUAWKA SITE SCHEDULE...

Strom Center is open **Monday through Thursday** from 9 AM until 4 PM. Please call for appointments 309 734 5677. Bob Anderson in our Monmouth Strom Center Office schedules the majority of our appointments.

JUNE | 2019



Potato Bar
Option
Available Daily!

Jamieson Community Center-Senior Nutrition

1% Milk Served
with
All Meals!

<p>3</p> <p>Pork Loin Roasted Potatoes Wax Beans Wheat Roll Pumpkin Brownie</p>	<p>4</p> <p>Egg Salad Sandwich Green Beans Sweet Potato Nuggets Wheat Bread Pears</p>	<p>5</p> <p>Chicken Strips Mashed Potatoes California Veggies Corn Bread Tropical Fruit</p>	<p>6</p> <p>Hamburger Steak Ranch Potatoes Normandy Veggies Wheat Bread Banana</p>	<p>7</p> <p>Salmon Patties Broccoli Cauliflower Wheat Bread Apple Spice Cake</p>
<p>10</p> <p>Baked Pork Chop Mashed Potatoes Coleslaw Wheat Bread Pineapple</p>	<p>11</p> <p>Chicken w/Green and Red Peppers Asian Veggies Rice Noodles Peaches</p>	<p>12</p> <p>Beef Stroganoff Peas Carrots Apple Crisp</p>	<p>13</p> <p>Shepherd's Pie w/ Ground Beef Mashed Potatoes Green Beans Dinner Roll Pears</p>	<p>14</p> <p>Fish Patty w/Bun Tossed Salad Scalloped Potatoes Orange</p>
<p>17</p> <p>Sweet and Sour Chicken Asian Veggies Spring Egg Roll Rice Strawberry Fluff</p>	<p>18</p> <p>Hot Ham and Cheese Sub Tri-Tater Spinach Salad Apple and Cranberries</p>	<p>19</p> <p>Chicken Pot Pie w/Peas and Carrots Mashed Potatoes Pears</p>	<p>20</p> <p>Italian Cavatini w/Meat Sauce Lettuce Salad Carrots Banana</p>	<p>21</p> <p>Breakfast Casserole w/Sausage V-8 Juice Hash Browns Biscuit Tropical Fruit</p>
<p>24</p> <p>Ham Salad Sandwich w/Croissant Carrot Sticks Pea Salad Peach Cobbler</p>	<p>25</p> <p>Cheesy Tuna Casserole California Blend Veggies Fruit Cocktail</p>	<p>26</p> <p>Cheeseburger w/Bun Seasoned Potatoes Tossed Salad Apricots</p>	<p>27</p> <p>Hot Turkey Sandwich w/Gravy Broccoli Corn Wheat Bread Apple Crisp</p>	<p>28</p> <p>Pork Roast Mashed Potatoes Green Beans Pineapple</p>

Lunch is served at 11:30 at these locations:
Community Senior Citizens of Stronghurst (Mondays)
 309-299-5301
Faith Bible Church in Oquawka (Tuesday - Friday)
 309-299-5301
Kirkwood Senior Center
 309-768-2146
Roseville Senior Center
 309-426-2277
Strom Center
 309-734-5677

Reservations must be made by 12:30 PM the day BEFORE you want to eat. Please call the site you will attend.

Home-delivered meals are available for seniors meeting eligibility requirements. CALL 309-734-4251

Non-Discrimination Policy
 Jamieson Community Center does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For information, call 800-252-8966 (Voice and TDD) or contact Programs and Services Manager at Western Illinois Area Agency on Aging at 800-322-1051.

Jamieson Community Center Senior Nutrition is partially funded by: Western Illinois Area Agency on Aging, Warren County United Way & Galesburg Community Foundation.

MIND EXPLORER



'Mind Explorers' is a monthly feature of STROM CENTER NEWS Answer the questions and turn them in or mail them in by the 20th of the month. The person with the highest number of correct answers will be recognized in our next Monthly Newsletter.! (In case of a tie, the winner will be drawn). This month's quiz is "A Month for Father, Flag and Flowers!" with a difficult-o-meter rating of 8.5+.....!!!

1. What color of stripe is always on the top and bottom of the U.S. Flag? _____
2. What is a plant that lives for more than two years called? _____
3. Who was only father-daughter collaboration to hit the top spot on the Billboard pop music chart in 1967 singing the hit single "Something Stupid"?

4. On August 3, 1949, what President signed an Act of Congress that would designate June 14 of each year as National Flag Day? _____
5. What famous dad is known for the saying, "read my lips"? _____
6. This white-petaled flower is also the name of a famous duck's girlfriend?

7. What is the official state flower for Illinois? _____
8. Mary, Mabel, and Margaret made cookies for their large family's Father's Day picnic. Mary baked 2 ½ dozen cookies, Mabel baked twice as many cookies as Mary, and Margaret baked a third as many as Mabel.. How many cookies did the ladies bake altogether?

9. According to the US Census, which is the most popular gift given on Father's Day? A) golf clubs, B) tools, C) fishing rods, or D) neck ties: _____
10. Unscramble the letters to find a Father's Day activity (3 words): AVOUCHTOOKEA :

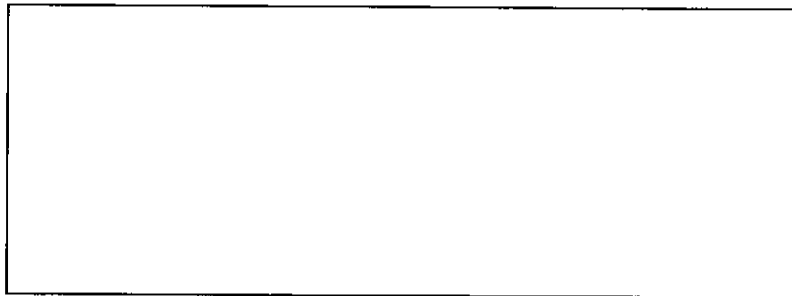
(Answers to the Previous Mind Explorer (Winner is named on Recognition Page!)

1. This famous lawyer had a sidekick named Della **PERRY MASON**
2. The boundary between Pennsylvania and Maryland, surveyed between 1763 and 1767 is called: **MASON DIXON LINE**
3. This famous cosmetic empire was created by a 19-year-old entrepreneur named Thomas Lyle Williams and named after his sister, in 1915: **MAYBELLINE**
4. This famous English actor played Brutus in *Julius Caesar* (1953), opposite Marlon Brando: **JAMES MASON**
5. The definition of melee is: A) banquet, B) skirmish, C) bug-infested, or D) a question: **B) SKIRMISH**
6. This city is the county seat of Bibb County in Georgia: **MACON**
7. TV's Sheriff Andy and Barney lived here: **MAYBERRY**
8. Nicknamed "The Say Hey Kid", this former Major League Baseball (MLB) center fielder spent almost all of his 22-season career playing for the New York/San Francisco Giants: **WILLIE MAYS**
9. According to the US Census, "Main" is the A) first, B) seventh, C) 20th, or D) 50th most popular name for a street **B) SEVENTH**
10. The title of an elected head of a city or town: **MAYOR**

STROM CENTER, INC.
211 South A Street
Monmouth, IL 61462

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MONMOUTH, IL 61462

RETURN SERVICE REQUESTED



STROM CENTER, INC.

Warren County Site: Monmouth

211 South A Street, Monmouth, IL 61462

Henderson County Site: 410 Schuyler Street, Oquawka, IL 61469

Fax: 309-539-4256 Toll-free: 833 856 9624

Strom Center Monmouth Site: 309 734 5677

Strom Center Oquawka Site: 309 536 2558

Carol Neal McCrery, Director

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