

STROM CENTER NEWS



JULY, 2019
edition 352



STROM ICE CREAM SOCIAL

Thursday, July 11th is the date set for Strom's Annual Ice Cream Social. Serving will be from **5-7 PM**. The entertainment for the evening will be provided by the **Monmouth Municipal Band** which will begin playing at 7 PM. The social will be held inside.



Tickets for Ice Cream, Homemade Cake, or Homemade Pie and drink are only **\$3.50**. **For an additional \$3.50 you may enjoy a delicious Sloppy-Joe Sandwich and chips.**

This event should provide a wonderfully enjoyable evening for all who attend



By the way....Donations of home-made pies and cakes are greatly appreciated...please let us know if you will be bringing either, by calling 734 5677. See you on the 11th!



Thank you to ANNE LIBY for recording minutes from our TRIAD each month!!

UPCOMING JULY TRIAD....

Warren County TRIAD speakers for the month of June were representatives from future Fareway Store, who plan to relocate to Monmouth once the store has opened.



Fareway Store speakers shown above

Greg Stevens has been with Fareway for 17 years and Brian Riley has been with Fareway for 14 years.

The new Fareway will be located at 1181 North 6th Street, Monmouth. Fareway opened its first store in 1938; there are now 125 stores; 3 are in Illinois and 122 in Iowa. The representatives shared customer friendliness is very important, even carrying groceries to the shoppers cars. They request no tipping employees.

The Store will offer Coupon Days; ads will be in the Review Atlas and they will also honor price matching. Hours are from 7 AM to 9 PM with no opening on Sundays.



The store will have one speed checkout lane, two self-checkouts, and four manned checkouts. . Ribbon cutting for the store will be July 30th and opening date is July 31st.

There was a question answer time following the program.

Doug Casaro with the Monmouth Police Department informed the group of current scams, including Publishers Clearing House, Credit and Debit Card being compromised at gas stations, grocery stores and ATMs. If this happens your bank should immediately be informed. Other area scams were also covered. Refreshments were served.

Our July TRIAD speaker will be Amy Patterson with our local Chamber of Commerce. Everyone is welcome...Please come join us! There are no dues, and no reservations are required. If you would like to receive a reminder call the day prior to the meeting, please call Strom Center (309 734 5677) and leave a message for Anne Liby. Refreshments are served following each meeting.

BINGO DATES FOR JULY...

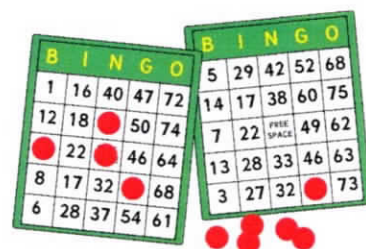
Bingo will be held on the following days and times in July:

Tuesday, July 9th at 1 PM

Tuesday, July 23rd at 1 PM

Refreshments and drink are available!

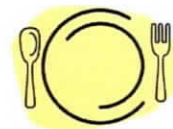
Cost is only 25 cents per card!



We have a great variety of prizes ! (Thank you Judy Raes and Marilyn Perrin for doing our 'Bingo Shopping')

JULY POTLUCK COMING UP!

Our next Strom Potluck will be held on **Saturday, July 20th at Noon.** Plates, Silverware, cups /glasses will be furnished, Just bring whatever food dish you wish to prepare. After enjoying our meal we will play Bingo. Remember to mark your calendar for July 20th!



Reminder!! Strom Center will be closed at 3 PM on July 3rd and all day on July 4th in observance of Independence Day!! No programs nor appointments will be held, but we will be open the following day.



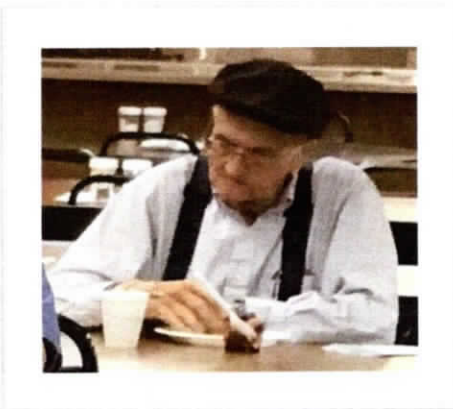
Parkinson's Group to Meet in July

The Warren County Parkinson's Support Group will meet Monday, July 8th at 4:00 in the RockSteady room at the Warren County YMCA. The program will be presented by Jennifer Ohashi DPT on The Benefits of Exercise and Physical

Therapy for Parkinson's patients. There will also be a short demonstration of Rock Steady Boxing by Jim Cook.

All persons with Parkinson's and their caretakers are invited to attend. Any questions, please call Marcia Parrish 309-221-7907.

Recent Gentlemen's Day at Strom Center....



Notes from Strom Thrift Shop Manager, Crystal Vanskike....

THRIFT SHOP CORNER

So many wonderful donations are coming in daily that we are able to continue all of our previous special sales! Women's Shirts and Capris are only \$1 each. Infant through Teen Sizes (marked



Continued.....

clothes) are still on our BoGo Sale (Buy One Get One---pay higher price get the second one of equal or lesser price FREE.)

The Updated July Sale is in Women's Jeans...they are \$2 each (all brands!)



CUSTOMER APPRECIATION SALE IS JULY 5TH AND SATURDAY JULY 6TH.

During Customer Appreciation Days you will get an additional 25% off of **EVERTHING** in the store including Sale Items!!



The Thrift Shop will close at 2:30 PM on July 3rd, and all day on July 4th in observance of Independence Day.

COMING IN SEPTEMBER.....!!!!



Strom Center and OSF Health Care are partnering to host a Senior Health Fair in September. We are very excited about this event and are currently firming up healthcare providers, programs, and services and give-aways which will be offered on the day of the Health Fair. A light breakfast will be offered...Be Watching for more about this in our August and September *Strom Center News*.

RULES OF THE ROAD REFRESHER COURSE...



The FREE Rules of the Road Refresher Course is offered by the Illinois Secretary of State's Office at the Warren County Public Library (62 Public Square, Monmouth, Illinois.) A representative from Jesse White's office will update drivers on current rules of the road, review the vision

and driving exams, and prepare drivers for the general written and road sign exams.

This course is intended for drivers over the age of 16 who are preparing for their renewal exam. This class is FREE and open to the public, but registration is required. The next class will be held on Tuesday, July 23rd from 1:30 – 3:30 PM.

Thank you to the Warren County Public Library for providing the above information!


Are You Interested.....???



Strom Center is working with 7 Stars Touring to resume the day trips we frequently offered a few years ago. Most of the trips were to area casinos, but some were to other events as well. Some were even over-night trips

...We need your input!! Are you interested? Obviously, this will take some planning on both 7 Stars Touring's side as well as by Strom Center. Please call (309 734 5677) and let Bob know if these trips would be something in which you would like to participate.

JULY 2019 WARREN COUNTY

						
	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
	1	2	3		5	6
	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch	9:30AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch Strom close 3 PM	Strom Closed	9:30 AM: Exercise 11:30 AM: Lunch	
7	8	9	10	11	12	13
	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch 1 PM: Bingo	9:30AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch 1:00 pm Triad Meeting 5 PM Strom Ice Cream Social	9:30 AM: Exercise 11:30 AM: Lunch	
14	15	16	17	18	19	20
	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wd. Carvers 9:00AM: Crafters 11:30 AM: Lunch 12:30 PM: O.D.O.	9:30-10:30 Ct Yard Est Blood Press 9:30AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch 1:30 PM: Strom Board Meeting	9:30 AM: Exercise 11:30 AM: Lunch	<i>Noon: Strom Potluck</i>
21	22	23	24	25	26	27
	9:30 AM: Exercise 11:30 AM: Lunch Mind Explorer Due!	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch 1 PM: Bingo	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch	9:30 AM: Exercise 11:30 AM: Lunch	
28	29	30	31	Call for reservations by 1 PM the prior day: Janice Painter: 309- 734-5677 Thrift Shop open: Mon – Fri: 8:30AM- 4PM Saturday: 8:30 AM– 2:30		
	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch	9:30AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch			

Strom Center's

HENDERSON SENIORS



Thank you to Yvonne Knapp from Eagle View Health System for providing Strom with the following July events held in Henderson County. (The entire list is on the bulletin board in our Strom Center Oquawka Senior Center.)

Flying Hooks and Needles—July 1

1:30 p.m., Monday, July 1, Stronghurst Senior Center.

Census Job Recruiter at Library

8:30-11:30 a.m., Tuesday, July 2, a U. S. Census job recruiter will be at the Henderson County Public Library. Applicants must be 18 years or older and born in the United States. Applications will be submitted online with the assistance of the recruiter. Successful applicants will earn \$16.00/hour.

Raritan Independence Day Celebration

At dusk Wednesday, July 3 fireworks on Moore Farm, 3 ½ miles south of Raritan. Food available on site.

Annual Historical Society BBQ Lunch

The Henderson County Historical Society's Annual BBQ is set for 11 a.m.-1 p.m., Thursday, July 4 at St. Pat's Community Center, northeast of Raritan. Pork chops or chicken plus sides and desserts, drinks. Take out available. Free will donation.

Movies at the Library

Adults - Wednesday afternoons enjoy Showtime Movie at the Library at 1:30 p.m. Next is July 3. Kids - Thursday afternoons enjoy Showtime Movie at the Library at 2 p.m. Next July 11. Admission, popcorn and drink are free! For more information, contact 309-627-2450.

Library Bookmobile Schedule

The Bookmobile will be making weekly stops throughout Henderson County. For more information, call the Henderson County Public Library at 309-627-2450. You can visit us on our website at www.hendersoncolibrary.com or like us on Facebook.

Family Summer FEST—July 11

Summer Families Enjoying Summer Together (FEST). 5-7 p.m., Thursday, July 11. Doc Pogue Splash Park, Stronghurst. Open to the community. Water activities, kid-friendly music, free food, bounce house, car seat safety checks. Bring a blanket or lawn chair to enjoy a picnic and music. Sponsored by the Regional Office of Education #33. For more information and to register for safety checks contact 309-734-3908.

Monmouth Country Club. Registration starts at 8 a.m.; tee off at 9 a.m. 4-person, 18 holes Best Ball. \$50 a player. Lunch by Chicks at the Club included. For more information, contact 1-309-924-1872.

Henderson County Fair--July 20-27--Stronghurst

Henderson County Fairgrounds, Stronghurst. Features family night; farmers' breakfast; horse, rabbit, poultry, sheep, dog, cat, beef, swine and tractor shows; queen pageant; 4-H fair; kids activities; tractor pull; Figure 8 Race; inflatable rides; food; and more. For all events, dates and times, visit www.hendersoncofair.com or contact Henderson County Fair Association, 309-924-1177.

Saturday, August 3. The Gladstone Methodist Church will serve breakfast Thursday-Saturday mornings. Community volunteers will serve chicken and noodles Thursday, August 1. The Henderson County Health Department will serve

Doc Pogue 5k Run/Walk June 30

The 6th Annual Doc Pogue 5K Run/Walk is set for Saturday, July 13 starting at the Stronghurst Village Park. Registration begins at 7 a.m. with the Run/Walk starting at 8 a.m. Entry fee is \$25.00. The KiddieK Run (2 blocks) for ages 10 and under immediately follows the 5K. Entry fee is \$15.00. Sausage gravy, biscuit and eggs breakfast at the Stronghurst American Legion on South Broadway immediately follows the Run. Free will donation. To register or for more information, contact Jade at 309-337-1950 or Melinda at 309-221-2711.

Henderson County Museum Open—Raritan

The Henderson County Museum is open weekends and by appointment. Located on East Main Street in Raritan, the museum depicts rural lifestyles during the early 1900's. The three building complex features schoolrooms, farm kitchens, wearing apparel, and many farm implements. For more information, call 309-746-6103.

Turnbull Heritage Museum--Biggsville

The Turnbull Heritage Museum was assembled in 2018 and is located in the former facilities of Turnbull Funeral Home in Biggsville, Illinois. (IL 164 and Church Street) The museum features a collection of private artifacts from the "undertaking" business of the Turnbull Family, beginning in 1884. Open by appointment. For more information, contact John Turnbull at 309-371-3595.

Horse and Buggy Museum—Biggsville

The Horse and Buggy Museum is open 10 a.m.-3 p.m. Tuesday-Saturday most of the year or by appointment. Contact Mary—309-627-2462. Visit: www.horseandbuggymuseum.com.

Biggsville History Museums and Historic Park

The Biggsville Museum is open 10 a.m.-3 p.m. Tuesday-Saturday most of the year or by appointment. Contact Mary--309-627-2462. The Lynn Hotel across the street houses a Biggsville schools museum.

Bingo at Henderson Senior Center, 410 Schuler Street, Oquawka. July 10th, and 24th from 1 – 3 PM. Snacks and Drink served.

COME JOIN US FOR BINGO

**When: Wednesday, July 10 and
Wednesday, July 24th**

Time: 1 – 3 PM

Where: Henderson Senior Oquawka Center, 410 Schuyler Street, Oquawka, IL (No charge to play 4 cards, additional cards are 25 cents each.)



COMING IN SEPTEMBER.... AT OUR HENDERSON - OQUAWKA SENIOR SITE:

A MATTER OF BALANCE

The benefits of the A MATTER OF BALANCE Class are many.

You Will Learn to:

- * view falls as controllable
- *Set goals for increasing activity
- *make changes to reduce fall risks at home
- 8 Exercise to increase strength and balance

Who Should Attend?

- *Adults age 60 and over
- * anyone interested in improving balance, flexibility and strength
- * anyone who has fallen in the past or concerned about falls
- *anyone who has restricted activities because of falling concerns.

There will be more details about this class, which will be held at the Henderson Oquawka Senior Center in Oquawka, in our August edition of the Strom Center News. But in the meantime, think about attending and spread the word!

The Matter of Balance class is offered through the Western Illinois Area Agency on Aging



!!!!!!! SCAM ALERT !!!!!!

NOTICE TO EVERYONE!!! Strom Center is receiving calls from persons who are wondering if their call from the IRS and / or Social Security is the real thing. The following helps answer those concerns... ***Please call Strom Center if in doubt or just to let us know that you have received such a call. We can help you report the issues to the proper authorities.***

Note: The following information is taken from the web page of the Philadelphia Region, U.S. Social Security Administration. More about such scams can be found on the FBI website: www.fbi.gov/scams-safety.

WATCH OUT FOR SCAMS!

It seems there are scams all over the place these days. You've won the lottery of some obscure country or a needy millionaire in Europe is seeking your help transferring funds to the United States.

These kinds of scams can be upsetting, particularly when you realize the reason they exist — because so many people fall for them.

Especially upsetting are the scams that target people who depend on Social Security benefits — and use Social Security’s name in their shady dealings.

Recently, we have heard of a number of scams where individuals posing as Social Security employees call and ask for personal information like your name, Social Security number and bank account information. The caller alleges that we need this information so we can issue you additional funds or rebates or they allege that because of a computer glitch your personal information has been lost.

Another scam used an email that was designed to look like it came from Social Security. It provided information about the annual cost-of-living-adjustment and directed readers to a website designed to look like Social Security’s site so people could “update their information” — valuable information to identity thieves and criminals.

In an effort to combat such scams, we want to make one thing perfectly clear: Social Security will not send you an email asking you to give us your personal information, such as your Social Security number, date of birth, or other private information. If someone saying they are from Social Security does email you requesting information, don’t respond to the message. Instead, contact your local Social Security office or call us at 1-800-772-1213 (TTY 1-800-325-0778) to see whether we really need any information from you.

Whatever you do, don’t fall victim to a scam. Don’t give out your personal information. Social Security and the Office of Inspector General (OIG) take these scams very seriously. We do everything we can to stop the perpetrators and educate the public. To report suspicious activity, please call the OIG Hotline at 1-800-269-0271. (If you are deaf or hard of hearing, call the OIG TTY number at 1-866-501-2101.) A Public Fraud Reporting form is also available online at OIG’s website:

https://www.socialsecurity.gov/fraudreport/oig/public_fraud_reporting/form.htm.

Remember: You will always receive prior notification from us by mail or telephone before a personal visit is made. When in doubt, contact us at 1-800-772-1213 (TTY 1-800-325-0778) and we can verify the identity of the Social Security employee who has contacted you.

An additional note: Even if your caller ID shows the caller to be from the Social Security Administration and shows the correct number...the call could very easily be a scam...Ask the person for their name / ID and call the Social Security back to confirm the authenticity of the call. (800-772-1213).

JULY | 2019



Jamieson Community Center-Senior Nutrition

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Tenderloin w/Bun Baked Beans Normandy Veggies Orange Fluff	2 Beef Sandy Mash Mashed Potatoes Asparagus Wheat Bread Vanilla Pudding	3 Meatloaf Baked Potato Brussel Sprouts Dinner Roll Fruit Cocktail	4 JCC Closed! Happy 4 th of July!	5 Swiss Steak w/ Stewed Tomatoes Corn Casserole Dinner Roll Banana
8 Chicken Salad Potato Salad Cole Slaw Wheat Bread Peaches	9 Ham Balls Green Beans Parsley Potatoes Wheat Bread Cranberry Sauce	10 Roast Pork Mashed Potatoes w/Gravy Peas Wheat Bread 5 Cup Fruit Salad	11 Chicken Fried Steak Mashed Potatoes w/Gravy California Blend Dinner Roll Orange	12 Sloppy Joe w/ Tomatoes and Bun Roasted Potatoes Pears
15 Sausage Gravy w/Biscuit Tomato Juice Tri-Taters Mixed Fruit	16 Roast Beef w/Colby Jack Cheese on Pretzel Bun Mashed Potatoes Mixed Veggies Mandarin Oranges	17 Spaghetti w/ Meat Sauce Tossed Salad Garlic Bread Angel Food Cake w/ Strawberries	18 Ham Steak Sweet Potatoes Wax beans Wheat Bread Apricots	19 Turkey Sub w/Lettuce and Tomato Carrot Sticks Grapes
22 Pulled Pork w/Bun Cucumber and Tomato Salad Seasoned Potato Wedges Apple Crisp	23 Lemon Chicken Steamed Potatoes Tossed Salad Pasta Salad Fruit Cocktail	24 Beef Stir Fry Broccoli Spring Egg Roll Rice Pineapple	25 Lasagna w/ Meat Peas and Carrots Spinach Salad Garlic Bread Orange	26 Chicken Spaghetti Corn Green Beans Strawberry Jello
29 Tacos w/ Ground Beef, Lettuce Tomato and Cheese Flour Tortilla Green Beans Tropical Fruit	30 Chicken Alfredo Broccoli Cauliflower Peaches	31 Tuna Salad Sandwich Au Gratin Potatoes Summer Squash Wheat Bread Strawberry Shortcake	1% Milk Served With All Meals!	2 Potato Bar Option Available Daily!

Lunch is served at 11:30 at these locations:
Community Senior Citizens of Stronghurst
 (Mondays)
 309-299-5301
 *Faith Bible Church in Oquawka
 (Tuesday - Friday)
 309-299-5301
 *Will be moving to Oquawka Township Hall
Kirkwood Senior Center
 309-768-2146
Roseville Senior Center
 309-426-2277
Strom Center
 309-734-5677

Reservations must be made by 12:30 PM the day BEFORE you want to eat. Please call the site you will attend.

Home-delivered meals are available for seniors meeting eligibility requirements. CALL 309-734-4251

Non-Discrimination Policy
 Jamieson Community Center does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For information, call 800-252-8966 (Voice and TDD) or contact Programs and Services Manager at Western Illinois Area Agency on Aging at 800-322-1051.

Jamieson Community Center Senior Nutrition is partially funded by: Western Illinois Area Agency on Aging, Warren County United Way & Galesburg Community Foundation.



MIND EXPLORER

'Mind Explorers' is a monthly feature of STROM CENTER NEWS. Answer the questions and turn them in or mail them in by the 20th of the month. The person with the highest number of correct answers will be recognized in our next Monthly Newsletter. (In case of a tie, the winner will be drawn). This month's quiz is "People and Places of This Great Country!" with a difficult-o-meter rating of 8.0+.....!!!

1. These are a mountain range rising along the Tennessee–North Carolina border:

2. Strom Center is planning a bake sale. Jane volunteered to bake 6 dozen cookies, Mabel volunteered to make 60 cookies and Lois said she would make $\frac{3}{4}$ as many as Jane. In all, how many cookies would the three ladies bake? _____
3. Who was our sixteenth President? _____
4. George Washington's first career was as a A) surveyor, B) blacksmith, C) veterinarian, or D) farmer: _____
5. Unscramble the letters to find one of our country's most popular tourist attractions (2 words): RANGONCANDY: _____
6. This famous author's real name is Samuel Clements: _____
7. He was an American inventor best known for inventing the cotton gin:

8. What famous American said, "In this world nothing can be said to be certain, except death and taxes". ? _____
9. Puerto Rico is a _____ of the United States.
10. If you want to see larger-than-life faces of Thomas Jefferson, George Washington, Abraham Lincoln and Theodore Roosevelt, you should visit: _____

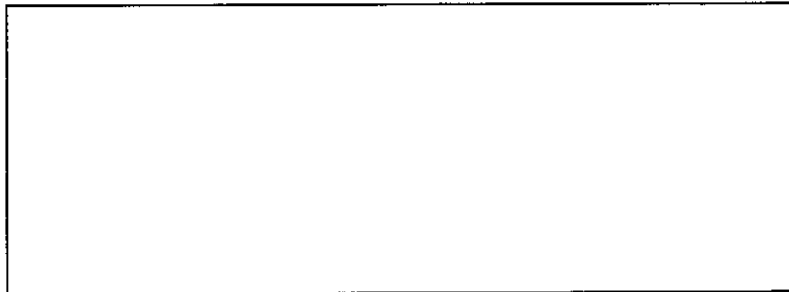
Answers to the Previous Mind Explorer (Winner is named on Recognition Page!)

1. What color of stripe is always on the top and bottom of the U.S. Flag? **RED**
2. What is a plant that lives for more than two years called? **PERENNIAL**
3. Who was only father-daughter collaboration to hit the top spot on the Billboard pop music chart in 1967 singing the hit single "Something Stupid"? **FRANK AND NACY SINATRA**
4. On August 3, 1949, what President signed an Act of Congress that would designate June 14 of each year as National Flag Day? **HARRY S. TRUMAN**
5. What famous dad is known for the saying, "read my lips"? **GEORGE BUSH**
6. This white-petaled flower is also the name of a famous duck's girlfriend: **DAISY**
7. What is the official state flower for Illinois? **VIOLET**
8. Mary, Mabel, and Margaret made cookies for their large family's Father's Day picnic. Mary baked 2 $\frac{1}{2}$ dozen cookies, Mabel baked twice as many cookies as Mary, and Margaret baked a third as many as Mabel.. How many cookies did the ladies bake altogether? **110 COOKIES**
9. According to the US Census, which is the most popular gift given on Father's Day? A) golf clubs, B) tools, C) fishing rods, or D) neck ties: **D) NECK TIES**
10. Unscramble the letters to find a Father's Day activity (3 words): AVOUCHTOOKEA : **HAVE A COOKOUT**

STROM CENTER, INC.
211 South A Street
Monmouth, IL 61462

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U.S. POSTAGE PAID
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MONMOUTH, IL 61462

RETURN SERVICE REQUESTED



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Strom Center Monmouth Site: 309 734 5677
Strom Center Oquawka Site: 309 536 2558
Carol Neal McCrery, Director

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