

STROM CENTER NEWS



NOVEMBER, 2019 EDITION 356

POWER FOR SENIORS PROGRAM TO BE HELD



The Fraternal Order of Police Lodge 265 will honor area seniors (age 60 and over) on **TUESDAY, DECEMBER 17TH**. The police are covering the cost for all seniors to eat at Strom Center **FREE** of Charge! A drawing will be held during the noon lunch at which time a number of seniors will each win \$100 gift certificates towards their Ameren Power Bill.



Jamieson Community Center will prepare the meal for the event, which will include:

- * PARMESON CHICKEN
- * AUGRATIN POTATOES
- * GARLIC BREAD
- * FRUIT COCKTAIL

Due to the large number of seniors meals to be prepared, early sign up is required. **Please call your reservations in no later than December 10th**. Unfortunately, reservations made after that date may not be honored. Because the meal will be prepared by Jamieson Community Center's Nutrition Program, each senior will be required to have completed a Nutrition Form prior to the meal. The noon meal will be served at 11:30 AM, but registration and seating will begin at 10 AM.

Our sincere thanks go out to Fraternal Order of Police Lodge 265 for their continual support and attention given to our area seniors. They do an absolutely splendid job in their day to day duties and we commend them for going far beyond those duties in honoring the senior population.

BEAUTIFUL CREATION BY PATTY SCHWASS TO BE RAFFLED

For several years PATTY SCHWASS (pictured) has donated beautiful handmade Swedish throws to be raffled here at Strom Center. We are so happy that she is keeping with the tradition and has created yet another gorgeous throw. The type of weaving in this throw was developed from a design our ancestors used to create on Huck Towels. The unique design is blue on a light cream background and measures 47 inches by 74 inches. While it looks beautiful in this picture,

CONTINUED.....>>>>>



it is awesome in person. It is currently on display here at Strom Center in the Main Area. Chances are \$1 each or 6 chances for \$5. (Proceeds will go toward Client Assistance) The drawing will be held during our Christmas Party in December. You need not be present to win. **Thank you, Again, Patty!!!!**

From Thrift Shop Manager, Crystal Vanskike

STROM THRIFT SHOP CORNER...

The **KEEP THE COMMUNITY WARM Event** was great success!! We were able to help many with our abundance of coats and other items.

Thank You to the many organizations who came to help with the set up. Check out our Face Book page for a full list of these wonderful people as well as pictures of the event.

SALES FOR NOVEMBER:

Customer Appreciation Sale Dates: November 1st & 2nd....25 % off of EVERYTHING!

- Mens pullover shirts (both long and short-sleeves) \$1.
- Womens shirts: \$1
- Womens cardigans = \$1
- Infant – Teen-size clothes with high-lighted tag: Buy One Get One (Pay for higher priced item get equal or lesser value item Free) Nearly all the kids racks are marked 1/2 off.

As always, everything is washed and ready to wear.

NOVEMBER STROM THRIFT SHOP CLOSINGS:

Our Thrift Shop will be closed.....

- at 2:30 PM on November 11th Veterans Day
- at 2:30 on Wednesday, November 27th
- ALL DAY on November 28th (Thanksgiving)

Strom Thrift Shop Regular Hours:

Monday – Friday: 8 AM – 4 PM
Saturdays_ 8 AM – 2:30 PM

Strom Thrift Shop Phone:
309 224-8657

We will be open ALL Day on BLACK FRIDAY, November 29th.

NOVEMBER OUTREACH

Staff Member Lynda Accardo will be providing Medicare D Outreach at the following times & places:

November 1: Oak Terrace 9 AM - 11 AM

November 1: Costello Terrace 11 AM - 1 PM

November 4: 9 AM - 2 PM: Stronghurst Community Senior Center, 118 South Broadway, Stronghurst, IL



OUTREACH IN ROSEVILLE AND KIRKWOOD...

Staff member Stephanie Reading will provide Outreach in both Roseville and Kirkwood... at the following times and places:

- November 13: 8:30 AM - 4 PM at the Roseville Senior Center
- November 20: 8:30 AM - 1:30 PM at the Kirkwood Senior Center



These Outreach dates will provide Medicare D Reviews. Please call Stephanie at 309 734 5677 for information regarding Outreach.

WARREN COUNTY TRIAD

Our TRIAD speaker for October was Carol McCrery, Director of Strom Center.



Everyone present received a hand out “ 2020: Changes in Medicare and Medicare D”.

Carol discussed Medicare Parts A, B, C, and D and what each covers.

She also spoke about Medicare Supplements and stated that if Medicare does not cover a claim, neither will a Medicare Supplement. She reminded persons to review the Explanation of Medicare Benefits statements sent to them to make sure all services are covered. Appeal processes are allowed but there are time

frames in which appeals may be made.

Strom Center provides Yellow Medication Forms which are required for Enrollment by Strom Staff. Carol said that these are important to verify specifics of persons medications, such as dosage amounts and whether the medication is an extended release medication, etc. All the information on the Yellow Medication Form helps the staff to filter plans to the best advantage of our Enrollees.

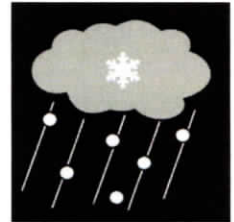
One of the main topics stressed was that a Medication Review needs to be planned each year. Many persons save literally thousands of dollars to choose a plan each year which fits their individual needs. Plans change: deductibles, premiums, formularies, co-pays can be very different from one year to the next; all which greatly impact plan costs.

There was a question and answer time following the presentation. Refreshments followed. Door prize winner was Carolyn Butler.

MEDICARE D SEASON IN FULL SWING

Many persons have already attended their Medicare D annual reviews and already thousands in savings are a reality. We have a record number of Yellow Medication Forms coming in each day. As many know, the process time for actual enrollments takes longer this year and therefore, it may be difficult to get everyone reviewed. The sooner the yellow Medication Forms are received, the sooner the appointments can be made; the forms are numbered as they arrive. Appointment scheduled times depend on the counselor requested....All staff are certified. Unfortunately, we can't promise an appointment times for Medication Forms received after November 30th.

Strom Center's Weather-Related Emergency Procedure...



Already, this area has experienced a light snow and forecasts are calling for additional flurries. We recognize the potential danger involved in providing services should the weather situation become extreme. In such cases, the centers both in Monmouth and Oquawka will be closed under the authority of Strom Center's Director, Carol McCrery. Please listen to the local radio stations. Strom Center's Monmouth site has a flashing sign in the front window which will state if we are closed, allowing persons to view it without leaving their cars. If the closing lasts more than two days, the radio station will be requested to announce actions and procedures to be taken by the centers to meet the needs of the area seniors. Both Strom Center locations have "In Case of Emergency Forms" for persons to list important emergency numbers such as Police, Fire, Ambulance, Power and Gas Companies, Home Care Providers Family Contacts, all needed in case of emergencies. These are great to keep close at hand in case of an emergency and are available free of charge at each of the sites.

November Bingo Dates for Strom Center Sites



Bingo will be played at the **Monmouth Strom Center Site** on the following Dates & Times:

Tuesday, November 12th and Tuesday, November 26th from 1- 3PM

Cost is 25cents per card. Refreshments are available throughout the afternoon(s).

Bingo will be played at the **Strom Center Oquawka Site** on the following Dates and Times:

Wednesday, November 13th from 1- 3 PM

Wednesday, November 27th from 1-3 PM

In Oquawka there is no charge to play 4 cards, additional cards are 25 cents each. Persons attending are eligible for the twice monthly gift card drawing...Make reservations to eat that day at our site and play Bingo afterwards!!

DON'T FORGET !!

APPLICATIONS FOR THE **SANTA FOR SENIORS** PROGRAM ARE DUE TO BE RETURNED TO STROM CENTER BY **NOVEMBER 22ND**!! Anonymous tags for seniors whose names are submitted to be entered into the Santa for Seniors Program will be hung on the Christmas Tree at the Security Savings Bank in Monmouth; persons may take tags off and purchase listed suggested gifts for the seniors. If you know a senior who is alone at Christmas and /or low income and would enjoy receiving a Christmas gift(s) delivered just prior to Christmas, please fill out an application and return it to Strom. If you would like an application mailed to you, please call Bob Anderson at 309 734 5677.



 **HARVEST BIBLE CHAPEL**

COMMUNITY
THANKSGIVING
Dinner

- harvestmonmouth.org -

COMMUNITY UNITED
around friendship and food



THURSDAY, NOVEMBER 28



DINE-IN | 12:00 - 1:30PM

DELIVERY | AVAILABLE AT 11:30AM
TAKEOUT | AVAILABLE AT 11:45AM



AMERICAN LEGION

1110 NORTH 11TH ST | MONMOUTH, IL



QUESTIONS?

EMAIL US | INFO@HARVESTMONMOUTH.ORG

Need a delivery? Call (309) 536-3242

Looking to volunteer? Visit harvestmonmouth.org/tghelp

Want to help support? Give at Security Savings Bank

**NOVEMBER 2019
WARREN COUNTY**

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
		 <p align="center"> Call for reservations by 1 PM on the prior day: Janice Painter: 309- 734-5677 Thrift Shop open: Mon - Fri: 8:30AM- 4PM Sat. - 8:30 AM- 2:30 pm </p>			1	2
3	4	5	6	7	8	9
 <p>Daylight savings ends 2 AM</p>	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch	9:30AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch	9:30 AM: Exercise 11:30 AM: Lunch	
10	11	12	13	14	15	16
	 <p>Veterans Day Strom closed</p>	9:00 AM: Wd. Carvers 9:00AM: Crafters 11:30 AM: Lunch 1 PM: Bingo	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch 1:00 pm Triad Meeting	9:30 AM: Exercise 11:30 AM: Lunch	
17	18	19	20	21	22	23
	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wd. Carvers 9:00AM: Crafters 11:30 AM: Lunch 12:30 PM:O.D.O.	9:30 AM: Exercise 10:30-11:30 Bld Pr. Ck. by Ct. Yard Est. 11:30 AM: VOPA 11:30 AM: Lunch Mind Explorer Due!!	11:30 AM Lunch 1:30 PM: Strom Board Meeting	9:30 AM: Exercise 11:30 AM: Lunch	
24	25	26	27	28	29	30
	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch 1 PM: Bingo	9:30 AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch			

NOVEMBER | 2019



Jamieson Community Center~Senior Nutrition

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Potato Bar Option Available Daily!	29	30 1% Milk is Served with All Meals!	31	1 Hamburger Steak Ranch Potatoes Normandy Veggies Wheat Bread Banana
4 Shepherd's Pie Dinner Roll Peach Cobbler	5 Baked Pork Chop Mashed Potatoes Coleslaw Wheat Bread Pineapple	6 Beef Stroganoff Peas Carrots Apple Crisp	7 Chicken w/Asian Noodles, Green and Red Peppers Asian Veggies Pears	8 Fish Patty w/Bun Tossed Salad Scalloped Potatoes Orange
11 Chicken Pot Pie w/Peas and Carrots Mashed Potatoes Pears	12 Breakfast Casserole w/Sausage V-8 Juice & Biscuit Hash Browns Tropical Fruit	13 Hot Ham & Cheese Sub Tri-Taters Spinach Salad Apples and Cranberries	14 Italian Cavatini w/Meat Sauce Lettuce Salad Carrots Banana	15 Sweet and Sour Chicken Asian Veggies Spring Egg Roll Rice Strawberry Fluff
18 Tenderloin w/Bun Roasted Potatoes Wax Beans Pumpkin Brownies	19 Hot Beef Sandwich Broccoli Corn Wheat Bread Chocolate Cake	20 Tater Tot Casserole w/Ground Beef & Green Beans Dinner Roll Peaches	21 Cheeseburger Seasoned Potatoes Tossed Salad Apricots	22 Pork Roast Mashed Potatoes Carrots Wheat Bread Tropical Fruit
25 Ham and Beans Spinach Salad Corn Bread Apple Crisp	26 Pulled Pork w/Bun Normandy Veggies Tater Rounds Orange	27 Turkey Mashed Potatoes Green Bean Casserole Stuffing Pumpkin Pie	28 JCC Closed! Happy Thanksgiving!	29 JCC Closed!

Lunch is served at 11:30 at these locations:

Mondays
Community Senior Citizens of
Stronghurst
309-299-5301
Roseville Senior Center
309-734-4251

Tuesday - Friday
Henderson Senior Center, Oquawka
309-299-5301

Monday-Friday
Kirkwood Senior Center
309-768-2146
Strom Center
309-734-5677

Reservations must be made by 12:30 PM
the day BEFORE you want to eat.
Please call the site you will attend.

Home-delivered meals are available for
seniors meeting eligibility requirements.
CALL 309-734-4251

Non-Discrimination Policy
Jamieson Community Center does not
discriminate in admission to programs
or treatment of employment in
programs or activities in compliance
with the Illinois Human Rights Act; the
U.S. Civil Rights Act; Section 504 of the
Rehabilitation Employment Act; and the
U.S. and Illinois Constitutions. If you
feel you have been discriminated
against, you have a right to file a
complaint with the Illinois Department
on Aging. For information, call 800-
252-8966 (Voice and TDD) or contact
Programs and Services Manager at
Western Illinois Area Agency on Aging
at
800-322-1051.

Jamieson Community Center
Senior Nutrition is partially funded by:
Western Illinois Area Agency on Aging
& Warren County United Way

MIND EXPLORER



'Mind Explorers' is a monthly feature of STROM CENTER NEWS. Answer the questions and turn them in or mail them in by the 20th of the month. The person with the highest number of correct answers will be recognized in our next Monthly Newsletter. (In case of a tie, the winner will be drawn). This month's quiz is "You'll Find It in November!" with a difficult-o-meter rating of 7.0+.....!!!

1. What President declared Thanksgiving a national holiday in November 1863?

2. Female turkeys cluck, male turkeys: _____
3. The day after Thanksgiving has come to be known as _____
4. On November 2, 1947, the first and only flight of Howard Hughes' flying boat occurred. What was it named? _____
5. What is the birthstone for November? _____
6. What ends each year on the first Sunday of November? _____
7. Veterans Day was first called: _____
8. What state which joined the Union in November 1907 is nicknamed "the Cowboy State"?

9. Unscramble the letters to find a Thanksgiving menu item: OWESTEASTPOET:

10. For her church's Thanksgiving meal, Jill and Lynn are estimating how many cookies to bake. If 36 adults are given 2 cookies each and 48 children are given one each how many dozens of cookies are needed? _____

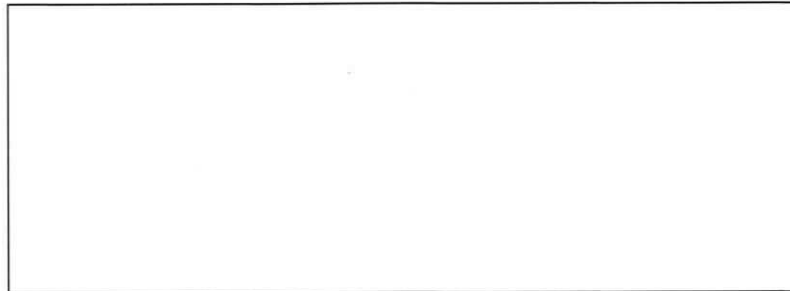
Answers to the Previous Mind Explorer Found in this Newsletter under "Recognitions"

1. Before Columbus Day became a Federal holiday, it first became a state holiday in 1906 in what state?
COLORADO
2. Of the three ships Columbus was given, which one did not make the return trip to Spain because it ran aground? **SANTA MARIA**
3. Jimmy is wearing a Halloween costume of a character whose favorite saying is "Yabba Dabba Doo!" Who is he dressed up like? **FRED FLINTSTONE**
4. Until 1971, Columbus Day was observed on what date? **OCTOBER 12**
5. What is the full moon that is seen nearest to the time of the autumnal equinox called? **HARVEST MOON**
6. For Halloween, Joe's costume included a can of spinach. What character was he portraying? **POPEYE**
7. In the World Series, most often played in October, what team has won the most World Series titles? **NEW YORK YANKEES**
8. The opal is often named as the birthstone for October, but a pink gemstone is also October's birthstone. What is the name of this gemstone? **TOURMALINE**
9. Unscramble the letters to Find an October activity: RIBBONBOFGAPSLEP: **BOBBING FOR APPLES**
10. This candy bar given to trick-or-treaters is also defined as "a half-suppressed, typically scornful laugh".
SNICKER

STROM CENTER, INC.
211 South A Street
Monmouth, IL 61462

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MONMOUTH, IL 61462

RETURN SERVICE REQUESTED



STROM CENTER, INC.
Warren County Site: Monmouth
211 South A Street, Monmouth, IL 61462
Henderson County Site: 410 Schuyler Street, Oquawka, IL 61469
Fax: 309-539-4256 Toll-free: 833 856 9624
Strom Center Monmouth Site: 309 734 5677
Strom Center Oquawka Site: 309 536 2558
Carol Neal McCrery, Director

Non-Discrimination Policy:

Strom Center does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For information call 800-252-8966 (Voice and TDD) or contact Programs and Services Manager at Western Illinois Area Agency on Aging at 800-322-1051.

Strom Center is partially funded by:
The Western Illinois Area Agency on Aging and The Warren County United Way