

# STROM CENTER NEWS



FEBRUARY, 2020 EDITION 359

## Memories...live on

This past month has been somewhat difficult here at Strom Center. Someone very dear and close to our hearts has passed away and her leaving has been hard to



accept. **PAM ALLEN** died on January 1<sup>st</sup>. She worked at Strom Center for several years and was always known for her efficiency, compassion, and dedication to those she assisted. Many persons have their ups and downs...but Pam was the same everyday...very calm, had a comforting voice, and went about what she needed to do without drama, judgement, or opinions. It would be very easy to see why everyone who knew her would feel as though they were her best friend...she made everyone feel special.

Pam had so many gifts...she was an artist, a singer, she knitted, she sewed, and the list goes on and on and on....I treasure the items she gifted me with...but best of all her friendship.

Pam's had a strong faith in God and lived her life as a strong witness to that faith.

Pam left a little stand-up verse on my desk for my birthday one year....It says "When life hurts, God hears"...

.....And He does...

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## LENTEN BREAKFASTS TO BEGIN....

The 45<sup>th</sup> Annual Lenten Lay Breakfast Series sponsored by the Monmouth Ministerial Association will get underway **Friday, February 28, 2020** and continue each Friday morning through Good Friday, April 10, 2020. Strom Center will again be the host for the series.



Breakfast begins at 6:30 AM with the program from 7:15 – 7:45 AM.

The following is a list of the participating churches :

- February 28: Immanuel Baptist Church
- March 6: First Lutheran Church
- March 13: Faith Presbyterian Church
- March 20: Fairview Center Church & Cameron Christian Church
- March 27: Immaculate Conception Church
- April 3: First Methodist Church
- April 10: Heritage Bible Church

**Thank you to Anita & Jon Sims for providing the above information!!**

## MEDICARE D QUESTIONS??

As in prior years, January and February can be a challenge for some Medicare D Enrollees...this has proved to be the situation again this year. Always, the deductible period is difficult; this year most plans have a \$435 deductible. However, once that amount has been met, most persons will see quite a drop in the cost of medications. Also, it is extremely important to remember which pharmacy provides the least cost for medications. When Strom Staff assists with Medicare D reviews each year, we print out the plan you have chosen along with the pharmacy you chose. There can be a HUGE difference in prices among pharmacies depending in which Medicare D plan you are enrolled. There is not any one pharmacy which is the best for all plans....if you do not have the printout which was given to you at the time of enrollment and can't remember which pharmacy works best with your Medicare D plan, please feel free to call Strom for your information.

For persons who attended the Medicare Informational meetings, I (Carol McCrery) stated that when you enroll in a plan you receive a Medicare D Formulary Book. I stressed how important that book is...it lists the medications which the plans cover as well as the tier level for each (generic, non preferred generic, brand, non-preferred brand names, as well as specialty drugs.) It also lists alternate medications for specific conditions if your medications isn't covered.

Well.....unfortunately, this year for many of the Medicare D Plans, the formulary book is NOT included in the plan's Welcome Packet. But there is both a number to call to request the formulary book or the information shows a website where you can access the information

online. If this is the case with your plan, please do request the Formulary Book....it is such a great resource when a medication is prescribed. If your medication isn't covered it will help you and your health-care provider consider alternatives which may be as effective as the one(s) prescribed. It also gives you the cost of each Tier level of medications, so you know immediately how much you will be charged at the pharmacy.

If you have questions, please call Strom (309 734 5677) for assistance.

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## HOMESTEAD EXEMPTION FREEZE FORMS..



Many persons are bringing in their PTAX340 2020 Senior Citizens Assessment Freeze Homestead Exemption Applications to be completed and / or notarized....However, there may be persons who are eligible for this program who are unaware of what the form is and who is eligible.

*(The following is taken in part from the PTAX-340 Form...)*

The Senior Citizens Assessment Freeze Homestead Exemption allows you, as a qualified senior citizen to have your home's equalized assessed value "frozen" at a base year value and prevent or limit any increase due to inflation. The base year generally is the year before the year you first qualify and apply for the exemption. For example, if you first qualify and apply in 2020, your property's equalized assessed value will be frozen at the 2019 equalized assessed value. **Freezing your property's equalized assessed value does NOT mean that your property taxes will not go up, it does mean that your assessed value will not raise.** There are some circumstances which may influence whether your tax bill goes up; such as improvements on your property. However, if your home's equalized

assessed value decreases over time, you will benefit from any reduction.

**ELIGIBILITY:**

The senior citizens assessment freeze homestead exemption qualification for the 2020 tax year (for property taxes due in 2021) are as follows:

- You will be 65 or older during 2020
- Your TOTAL HOUSEHOLD (you, your spouse, and all other persons who used your residence as a principal dwelling place on January 1, 2020) income in 2019 was \$65,000 or less
- On January 1, 2019, and January 1, 2020 you Used the property as your principal place of residence
- You owned the property, or had legal equitable interest in the property as evidenced by a written instrument, or had a leasehold interest in the property used as a single family residence
- You were liable for the payment of property taxes.

There may be other circumstances which may effect your eligibility.

For assistance in completing a PTAX-340 Homestead Exemption Freeze Form, call Strom Center at 309 734 5677 for an appointment and a staff member will help you as well as notarize the form. The 2020 Homestead Exemption Freeze Form is due December 1, 2020.

For additional information and / or unique situations you may call the Supervisor of Assessment Office at 309 734 8561.

***Just a Note: Supervisor of Assessments Kathleen Elliott and her staff are extremely helpful in answering questions on subjects such as this one. Thank you for all you do !!!***

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**Reminder...**Strom Center will be closed on Monday, February 17<sup>th</sup> in observance of Presidents Day....

## Warren County Triad



The January Triad speaker was Anne Liby who discussed Strom Center's Medical Equipment Program. A list of our medical equipment was given to each attendee and some were on display at the meeting. There is no cost for items loaned out for a period of three months. Items may be returned anytime during those three months and an extension of loan time may be approved if needed and there is not another person waiting for the item.



Pictured above:  
Anne Liby

Strom Director Carol McCrery talked of two new programs. The first, 'engAGED' is one which encourages seniors to stay connected and / or involved. There are many opportunities for seniors to 'engage' such as coming to Strom to play Bingo, eating the noon meal at Strom, and one which Strom is providing: **Telephone Assurance** where senior volunteers make daily calls to seniors who would like a friendly telephone visit each day.

Another engAGED opportunity which will soon be introduced is our "Reaching Out" program where seniors may access the computers at Strom for emailing family, friends, or merely 'surf the web."

A second new and vital program is the **ADRD (Alzheimer Disease and Related Disorders) Gap-Filling Service**, a program which assists Caregivers of persons with Dementia

or Caregivers themselves who may suffer from dementia, with funds to purchase goods, supplies, or other items to meet their needs. There are a multitude of costs that may fit within the guidelines of this program, such as monitors, seat risers, wanderer alarms, etc.

Anyone interested in either of these programs are encouraged to call Strom Center and ask for Carol.

Door prize winner this month was Jackie Lemley. The speaker for March 13<sup>th</sup> meeting will be Marcia Parish, Facilitator with the Warren County Parkinson Support Group.

All persons are invited to attend the TRIAD meetings held on the 2<sup>nd</sup> Thursday of each month at 1 PM.

Refreshments are available during the afternoon.

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From Thrift Shop Manager, Crystal Vanskike....

### THRIFT SHOP CORNER

We have great sales planned for February...check 'em out!!

- Women's Shirts...\$1 each
- Women's Cardigans..\$2 each
- Men's Dress Shirts, both Long & Short Sleeves....\$2.50 each
- Sheets...Singles & Sets 1/2 Off

New items are added daily!!

Visit our Facebook Page "Strom Thrift Shop" for information on Bonus Sales, Fund Raisers, and any weather closings!!

## OUT AND ABOUT THE COMMUNITY

*The Gerlaw Christian Church (948 245<sup>th</sup> Avenue, Gerlaw, IL ) is hosting their 65<sup>th</sup> Annual Pancake and Whole Hog Sausage Day:*

*Wednesday, February 5, 2020*

*Serving 11 AM - 7 PM*

*Carry Outs Available.*

*Free Will Donation*



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**HERITAGE BIBLE CHURCH is hosting a SOUP & SALAD LUNCHEON**

Serving: Chili, Potato Soup, Ham Sandwiches, Brownies & Drink

Sunday, February 9, 2020

12 - 2 PM (or until supplies last)

Free Will Offering



## Parkinson's Support Group

*(For Parkinson's Patients and Their Caregivers)*

The next Parkinson's Support Group will be held at the Warren County YMCA in the Rock Steady Workout Room on Monday, February 10<sup>th</sup> from 4 to 5 PM.

If you wish to know more about Parkinson's and / or you are caring for someone with Parkinson's, you will benefit from this monthly gathering.

Again, we appreciate Marcia Parrish facilitating this group! Marcia can be reached by email at [mparrish468@gmail.com](mailto:mparrish468@gmail.com) or phone 309 221 7907.

# RECOGNITIONS FOR JANUARY

Newsletter Partner: **CAROLYN BUTLER**



*Mind Explorer Winner:* **MICHELE McCOLLUM** (Henderson County) & **MARILYN PERRIN** (Warren County)

## BRIDGE WINNERS:

January 6: High: JEAN KASKO 2<sup>nd</sup>: **MAXINE STEWART**,  
Low: BETTY McBRIDE



*SHANGHI RUMMY WINNERS:* ANNE LIBY 2<sup>nd</sup> **BARBARA NICHOLS**

## V.O.P.A. WINNERS...

Week 1: **ANNE LIBY** (Answer: Mouse)

Week 2: **BRIANNA PIERCE** (Answer: Mice)

Week 3: **DONNA SCHOLZ** (Answer: Eye)

Week 4: **DONNA SMOCK** (Answer: Spice)

December Grand Finale Winner: **CRYSTAL VANSKIKE**



## February Word Challenge

It's about time again for another Word Challenge!! Both Presidents Day and Valentines Day are special days within the month so we will make both a part of our challenge.

### “Presidents celebrate Cupids Day”

Rules as always for our Word Challenges are as follows:

- Number the words you list
  - No proper names
  - Use only the letters in the phrase
- All words must be found in the dictionary
  - No apostrophes

Be sure to return your list by 4 PM on Friday February 21<sup>st</sup>.



## February Bingo Days (Warren County)

Tuesday, February 11th and Tuesday, February 25th at 1 PM

# BINGO DAYS IN OQUAWKA.....

Weather permitting....!! The following dates / times of Bingo at the Strom Center Oquawka Senior Center are:

**Wednesday , February 12.....1 to 3 pm**

**Wednesday, February 26... 1 to 3 pm**



Each person is allowed up to 4 cards Free...25 cents each additional card. Popcorn and drink available throughout the afternoon.

***Come and join in the fun! No pre-sign up required !***

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## CHANGE IN STAFF SCHEDULES AT OQUAWKA SITE..

Several clients have asked for specific staff members to assist them when they need help ....All clients have the choice of scheduling their appointments in either Oquawka or Monmouth... However, the following days are when specific staff member will be at the Oquawka Senior Center located at 410 Schuyler Street, Oquawka, Illinois.

- **Mondays..... Lynda Accardo Email: Lynda.StromCenter@Gmail.com**
- **Tuesdays.....Kathy Ferrenburg Email: KathyFerrenburg.StromCenter@Gmail.com**
- **Wednesdays.....Stephanie Reading Email: StephanieR@Gmail.com**
- **Thursdays.....Erica Pence (Erica works only at the Oquawka Site)**
- **(Erica.StromCenter@Gmail.com)**

**Director Carol McCrery's Email: StromSeniors@Gmail.com**

Of course there are exceptions to every rule but the above is generally the schedule followed. Please feel free to call our main line (309 734 5677) with any requests on making appointments....our staff worker Bob Anderson after asking some questions, may be able to connect you with a staff worker who can answer your questions over the phone. For those with internet and email access, Strom is happy to respond to emails.

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**Henderson County Seniors !!!** Check out the **WORD CHALLENGE** on the Recognitions Page in this Strom Center News !!! We will have a winner from both Henderson County and Warren County.




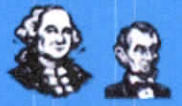
**Winner receives a prize gift card!!** Deadline for entries is February 21<sup>st</sup> by 4 PM.

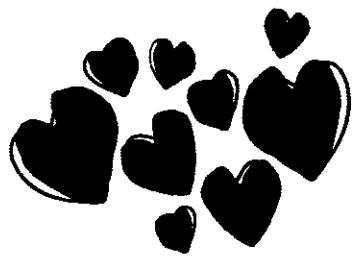
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**WEATHER CLOSINGS**...STROM CENTER WILL ALWAYS CLOSE BOTH WARREN COUNTY SITE AND HENDERSON COUNTY SITE IF WEATHER DICTATES ...Weather Closings will be announced on WRAM 97.7 Monmouth and KGRS 101.7 Burlington.




**FEBRUARY 2020**  
**WARREN COUNTY**

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.	
		<p style="text-align: center;"><b>Call for reservations by 1 PM on the prior day: Janice Painter: 309- 734-5677</b></p> <p style="text-align: center;"><b>Thrift Shop open:</b>                      Mon – Fri: 8:00AM- 4PM                      Sat.- 8:00 AM– 2:30 pm</p> 					1
2	3	4	5	6	7	8	
 Ground Hog Day	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch	9:30AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch	9:30 AM: Exercise 11:30 AM: Lunch		
9	10	11	12	13	14	15	
	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch 1 PM: Bingo	9:30AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch 1:00 pm Triad Meeting	9:30 AM: Exercise 11:30 AM: Lunch  <b>Valentine's Day</b>		
16	17	18	19	20	21	22	
<p style="text-align: center;"><b>Presidents Day</b></p>  (Strom Closed)		9:00 AM: Wd. Carvers 9:00AM: Crafters 11:30 AM: Lunch 12:30 PM: O.D.O	9:30 AM: Exercise 9:30-10:30 Bld Pr. Ck. by Ct. Yard Est. 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch 1:30 PM: Strom Board Meeting <b>Mind Explorer Due</b>	9:30 AM: Exercise 11:30 AM: Lunch		
23	24	25	26	27	28	29	
	9:30 AM: Exercise 11:30 AM: Lunch	9:00 AM: Wood Carvers 9:00AM: Crafters 11:30 AM: Lunch 1 PM: Bingo	9:30AM: Exercise 11:30 AM: VOPA 11:30 AM: Lunch	11:30 AM Lunch	9:30 AM: Exercise 11:30 AM: Lunch		



# February 2020



## Jamieson Community Center-Senior Nutrition

Monday

Tuesday

Wednesday

Thursday

Friday

Potato Bar  
Option  
Available  
Daily!

*Happy  
Valentine's  
Day*

1% Milk  
Served with  
All Meals!

3

Shepherd's Pie  
w/Green Beans  
Mashed Potatoes  
Dinner Roll  
Peach Cobbler

4

Baked Pork Chop  
Baby Bakers  
Coleslaw  
Wheat Bread  
Pineapple

5

Beef Stroganoff  
Peas  
Carrots  
Apple Crisp

6

Chicken w/Asian  
Noodles  
Green and Red  
Peppers  
Asian Veggies  
Pears

7

Fish Patty on Bun  
Tossed Salad  
Scalloped Potatoes  
Orange

10

Sweet and Sour  
Chicken  
Asian Veggies  
Spring Egg Roll  
Rice  
Pears

11

Breakfast  
Casserole  
V-8 Juice  
Hash Browns  
Biscuit  
Tropical Fruit

12

Hot Ham and  
Cheese Sub  
Tri Taters  
Spinach Salad  
Apples and  
Cranberries

13

Italian Cavatini  
w/Meat Sauce  
Lettuce Salad  
Carrots  
Banana

14

Chicken Pot Pie  
w/Peas and Carrots  
Mashed Potatoes  
Strawberry Fluff

17

**JCC Closed in  
Observance of  
President's Day!**

18

Hot Beef Sandwich  
Broccoli  
Corn  
Wheat Bread  
Chocolate Cake

19

Tater Tot Casserole  
w/Ground Beef  
Dinner Roll  
Peaches

20

Cheeseburger on  
Bun  
Seasoned Potatoes  
Tossed Salad  
Apricots

21

Pork Roast  
Mashed Potatoes  
Carrots  
Wheat Bread  
Fruit Cocktail

24

Beef Tacos  
Corn  
Flour Tortilla  
Tropical Fruit

25

Pulled Pork  
On Bun  
Normandy  
Veggies  
Tater Rounds  
Orange  
Corn

26

Turkey Sandy  
Mash w/Gravy  
Mashed Potatoes  
Green Beans  
Wheat Bread  
Apple Slices

27

Ham and Beans  
Spinach Salad  
Corn Bread  
Apricots

28

Chicken Alfredo  
Broccoli  
Cauliflower  
Peaches

Lunch is served at 11:30 at these  
locations:

**Mondays**  
**Community Senior Citizens of  
Stronghurst**  
309-299-5301

**Roseville Senior Center**  
309-734-4251

**Tuesday - Friday**  
**Henderson Senior Center, Oquawka**  
309-299-5301

**Monday-Friday**  
**Kirkwood Senior Center**  
309-768-2146

**Strom Center**  
309-734-5677

Reservations must be made by 12:30 PM  
the day BEFORE you want to eat.  
Please call the site you will attend.

**Home-delivered meals are available  
for seniors meeting eligibility  
requirements.**  
**CALL 309-734-4251**

Non-Discrimination Policy

Jamieson Community Center does not  
discriminate in admission to programs or  
treatment of employment in programs or  
activities in compliance with the Illinois  
Human Rights Act; the U.S. Civil Rights  
Act; Section 504 of the Rehabilitation  
Employment Act; and the U.S. and Illinois  
Constitutions. If you feel you have been  
discriminated against, you have a right to  
file a complaint with the Illinois Depart-  
ment on Aging. For information, call 800  
-252-8966 (Voice and TDD) or contact  
Programs and Services Manager at West-  
ern Illinois Area Agency on Aging at

800-322-1051.

Jamieson Community Center  
Senior Nutrition is partially funded by:  
Western Illinois Area Agency on Aging  
& Warren County United Way



## MIND EXPLORER



'Mind Explorers' is a monthly feature of STROM CENTER NEWS. Answer the questions and turn them in or mail them in by the 20th of the month. The person with the highest number of correct answers will be recognized in our next Monthly Newsletter.! (In case of a tie, the winner will be drawn). This month's quiz is "Will You Be Mine?" with a difficult-o-meter rating of 7.0+.....!!!

1. This cartoon character, which thrived on spinach, had one true love. We know them as \_\_\_\_\_ and \_\_\_\_\_
2. What were the first names of the 'Brady Bunch' parents? \_\_\_\_\_ and \_\_\_\_\_
3. This famous movie star was married to Lauren Bacall: \_\_\_\_\_
4. Tony Curtis was once married to what "Psycho" star? \_\_\_\_\_
5. This 20th century First Lady had the same married last name as her maiden name. Who was she? \_\_\_\_\_
6. For many years, who was Katherine Hepburn's mate (both onscreen and off) although they never married? \_\_\_\_\_
7. Scarlet may have been pursued by Rhett in "Gone With the Wind" but she had her eyes on this married character who played the role of: \_\_\_\_\_
8. Delilah coaxed this man to divulge the secret of his strength. The result? He got a haircut! What was his name? \_\_\_\_\_.
9. Joe DiMaggio was once married to this famous movie star. What was her name? \_\_\_\_\_
10. Alfred Steele, the former CEO of Pepsi-Cola Company, was this star's fourth husband: \_\_\_\_\_

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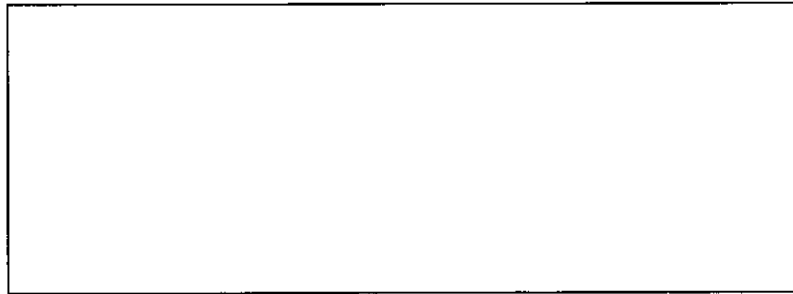
Answers to the Previous Mind Explorer (Winner is named on Recognition Page!)

1. The famous "Beale Street" is found in what southern city? **MEMPHIS**
2. Released in 1969, this song about a Texas city, was sung by Glen Campbell: **GALVESTON**
3. The only US President born in Georgia: **GEORGIA**
4. This southern state has a nickname of "The Magnolia State": **MISSISSIPPI**
5. What is the most populated city in Florida? **JACKSONVILLE**
6. The Grand Canyon National Park is located in what state? **ARIZONA**
7. How many *main* islands make up the state of Hawaii? **8**
8. Located in Kentucky, this racetrack is strictly for thoroughbreds: **CHURCHILL DOWNS**
9. Extending between Springer Mountain in Georgia and Mount Katahdin in Maine, this is considered to be the longest hiking trail in the world: **APPALACHIAN TRAIL**
10. Northern residents who go south for the winter are called: **SNOWBIRDS**

STROM CENTER, INC.  
211 South A Street  
Monmouth, IL 61462

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MONMOUTH, IL 61462

***RETURN SERVICE REQUESTED***



**STROM CENTER, INC.**

Warren County Site: Monmouth

211 South A Street, Monmouth, IL 61462

Henderson County Site: 410 Schuyler Street, Oquawka, IL 61469

Fax: 309-539-4256 Toll-free: 833 856 9624

Strom Center Monmouth Site: 309 734 5677

Strom Center Oquawka Site: 309 536 2558

Carol Neal McCreery, Director

***Non-Discrimination Policy:***

Strom Center does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For information call 800-252-8966 (Voice and TDD) or contact Programs and Services Manager at Western Illinois Area Agency on Aging at 800-322-1051.

Strom Center is partially funded by:

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