

STROM CENTER NEWS

JUNE, 2021 edition 375



GENTLEMENS DAY at Strom Center...

On **Friday, June 18th** Gentlemen will be honored at Strom Center throughout the morning. Stop in at anytime from **9-11 AM**

for Delicious Rolls, Juice, and Coffee. There will be drawings during the morning, concluding with a main drawing at 11 AM (need not be present to win!) No reservations are necessary....just stop in and enjoy the morning! We hope to see you then!



JUNE TRIAD

YES!! We ARE actually resuming our monthly TRIAD meetings. On Thursday, June 10th at 1 PM MARCIA PARRISH will present an informational program sharing details on the monthly Parkinson's Support Group which she hosts. (see following article). We are especially delighted that Marcia will be with us as we had to cancel her presentation when Covid-19 necessitated halting programs in 2020.

Our monthly TRIAD meetings are held the 2nd Thursday of each month at 1 PM. Anne

Liby does a wonderful job of scheduling very informative speakers who provide very relative information to the seniors population.

All persons are invited to attend TRIAD meetings. There are no dues and registration is not required. Anne does provide a reminder call to persons requesting one.

Refreshments are served following each meeting.

Please call Anne Liby for additional information. (309) 221 6263.

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Parkinson's Support Group (For Parkinson's Patients and Their Caregivers)

The next Parkinson's Support Group will be held at the Warren County YMCA on Monday, June 14th from 4 to 5 PM.

If you wish to know more about Parkinson's and / or you are caring for someone with Parkinson's, you will benefit from this monthly gathering.

Again, we appreciate Marcia Parrish facilitating this group! Marcia can be reached by email at mparrish468@gmail.com or phone 309 221 7907.

FANS AVAILABLE

A reminder to many...during the hot weather which will soon be upon us, **Strom Center** has fans available for use...Please stop by Strom Center or call 309 734 5677 for more information on obtaining a fan.



Also, the **Monmouth Township** has Free Fans for which persons may be eligible. Call Donna Scott at 309 734 2651 for information.

JUNE BINGO AND "BYOL" (Bring Your Own Lunch) DATES

Strom will host Bingo at Strom on these days/dates:

- Tuesday, June 8th AND Tuesday, June 22nd

Time each day: 1 pm to approximately 3 pm.

Since Congregate Meals have not resumed we are inviting persons..if they wish... to bring their own lunch before Bingo at 12 Noon (on days we host Bingo).... **Another GREAT time to be able to get together!!**



ZOOM BINGO



Strom will host ZOOM Bingo on the following days/ dates:

Tuesday, June 1st Tuesday, June 15th

Each day we start at 1 PM

Be sure to call Strom Center (309 734 5677) prior to the day before you play so your Bingo items can be delivered to you!

Don't know about ZOOM Bingo?? Call us and we can tell you all about it!



Thanks to Staff Member Stephanie Reading who does a fantastic job of getting our Zoom activities up and running!!



EXERCISES TO BEGIN !

We are happy to invite all to our Exercise Sessions at Strom Center each Monday, Wednesday and Friday. The 1st session will start on Wednesday, June 2nd at 9:30 AM. Not only is this class great for our physical health but what an emotional high one can gain from getting together while exercising!!

Strom Thrift Shop News Corner... June 2021

....Crystal Vanskike, Thrift Shop Manager

It looks like the summer heat has officially set in. We hope that everyone is ready...!

CUSTOMER APPRECIATION SALE WEEKEND:

June 4th & 5th....25% OFF

Regularly priced items in the front sales room ONLY

(Strom Thrift Shop Tax Free Sale benefiting the Strom Senior Centers Emergency Fund items are NOT included)

Rollover SALES:

Woman's Shirts \$1 each /Teen Girls Shirts, Pants & Cardigans \$1.50 each

Infant - Woman's Casual & Formal Dress are marked ½ OFF

NEW SALES:

Woman's Capri's & Shorts \$1.50 each /Men's Shorts \$1.50 each

- We have added more than 400 pieces of jewelry displayed in several locations in & around our Jewelry Counter & Register Area... Most are priced \$5 and under...
- The TAX FREE SALE, that is continuing in the back sales room of the Strom Thrift Shop, is going well. Tupperware and other plastic containers and dish ware are priced to please. Available space is being filled regularly with furniture, kids outdoor toys and all the odds and ends that go along with our original Parking Lot Sale. This Sale is scheduled thru the end of July with regular updates and pictures of available items. Special Sales featuring furniture and electronics/gaming systems will be scheduled as soon as possible...

OSF HEALTHCARE'S VIRTUAL WELLNESS FAIR



This is a FREE event featuring tips on wellness in every form!

When: Saturday, June 12 9 AM – Noon

Virtual Meetings:

- EAT WELL: Jamie Robbins, registered dietician,
OSF HealthCare Holy Family Medical Center
- MOVE WELL: Staci Bass, Warren County YMCA
- THINK WELL: Kaleena Williams, LCSW, OSF Medical Group Primary Care in Monmouth
 - LIVE WELL: Tonya Gibbs, APRN OSF Medical Group Primary Care in Roseville

Strom Center will host a group viewing: Rolls, Fruit, Juice & Coffee offered; Call Strom Center at 309 734 5677 by Wed. June 9th if you are planning to attend at Strom.

OR

Persons may register at osfholyfamily.org under the attend a class/event option or call Tina at 309 734 1424 for more information.

The Backbone of the Strom Thrift Shop is our Volunteers

We are very fortunate to have the most giving and dedicated ladies to help at the Strom Thrift Shop... Shirley Peterson 15+yrs, Jo Dowell 6yrs and Shirley Caldwell 5yrs.

There is no job too great or small, no task they won't take on and have the best attitudes about helping. They do so much more than just help in the Shop. They separately and collectively have helped put together and run Fundraisers that benefit the Warren and Henderson Counties Seniors and Disabled. They are on hand at every function at the Strom Senior Center. They are what keeps us going and they make everyday a new adventure. Thank you to my ladies.



L to R: Shirley Caldwell, Jo Dowell, & Shirley Peterson

There are projects that require more people and more expertise. When it has to do with sewing supplies, quilting and knowing the ins & outs of material, I call on the ladies from the Heritage Bible Church Quilters. Beside the fact that they know their stuff, these ladies are some of the funniest people. They make measuring material a fun experience. They have never declined helping us out and we love each and everyone. Thank you. You all are truly appreciated.

We welcome volunteers of every shape, size and age.. Our most senior volunteer is Lois Paulson. Being in the triple digits has not

slowed this forever-young lady from coming in and helping.

We are so blessed to have these beautiful souls and hope to have them for many years to come... Thank you for all your service.



Heritage Bible Church Quilters (Lois Paulson in front)



Heritage Bible Church Quilters

LADIES DAY AT OUR STROM HENDERSON COUNTY CENTER...

What a GREAT time we had! Played Games, had refreshments and shared Old Photos!!!



Out and About in Henderson County....

An Invitation From Pastor Mark Baker at Faith Bible Church.....“We are really hoping the community will join us for our “FRIDAY NIGHT FIRESIDES” every Friday evening though the summer.

We will start at 6 PM and have: Volleyball, Disc Golf, Corn Hole for people to play or people can just sit around the fire and visit.

We will be serving hot dogs, s’mores, and whatever people decide to bring. When it gets dark we will be showing in our outdoor theater episodes of “The Chosen” which is a mini-series on the life of Christ.



*Friday Night Firesides
AT Faith Bible Church*

Strom Center News is a FREE Monthly Newsletter and available on request by calling Strom Center at 309 734 5677 Or by emailing Director Carol McCrery at StromSeniors@Gmail.com. The newsletter may be sent by regular mail or email (please put “Newsletter Request” in the Subject line. Also, if you have events in which seniors would be interested, please submit them by the 20th of the month prior to mailing by either email or mail, or drop the information off at either the Strom Center in Oquawka or the Strom Center in Monmouth.

Ladies Day at Strom Center: What a Great Day!!



Reminder: Tickets still on Sale for our lovely Handmade Quilt Raffle, Created by Anne Liby. Tickets are: \$1 each or 6 for \$5. Come view it in our Main Area! Drawing will be held in July.



O.D.O (Our Day Out). Are you interested in playing cards? O.D.O. is the 3rd Tuesday of the month...call Anne Liby for information...309 221 6263



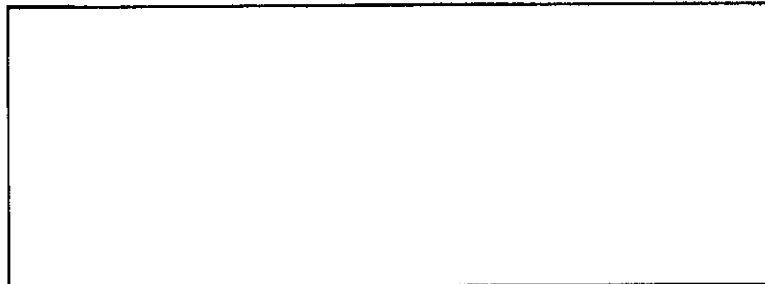
JUNE 2021 Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		9 AM – 4 PM: Open: Monmouth 9 AM: Wood Carvers 9 AM: Crafters 1:00 PM Zoom Bingo	9 AM – 4 PM: Open. Stephanie in Oquawka	9 AM – 4 PM: Open Kathy in Oquawka	9 AM – 4 PM: Strom open.	
6	7	8	9	10	11	12
	9 AM – 4 PM: Open. Lynda in Oquawka	9 AM – 4 PM: Open. Monmouth 9:00 AM: Wood Carvers 9:00 AM: Crafters Noon: BYO lunch before Bingo 1:00 PM: Bingo at Strom	9 AM – 4 PM: Open. Stephanie in Oquawka 1 PM: Bingo: Oquawka	9 AM – 4 PM: Open. Kathy in Oquawka	9 AM – 4 PM: Strom open	<i>OSF Virtual Health Fair 9 am-Noon</i>
13	14	15	16	17	18	19
	9 AM – 4 PM: Open. Lynda in Oquawka <i>9Flag Day</i> 🇺🇸	9 AM – 4 PM: Open Monmouth 9 AM: Wood Carvers 9 AM: Crafters 1:00 PM Zoom Bingo	9 AM – 4 PM: Open: Stephanie in Oquawka	9 -11 AM: Gentlemens Day in Oquawka 9 AM – 4 PM: Open. Kathy Oquawka	Gentlemen's Morning 9AM- 11AM:Monmouth 9 AM – 4 PM: Strom open.	
20	21	22	23	24	25	26
 <i>Father's Day</i>	9 AM – 4 PM: Open. Lynda in Oquawka Mind Explorer Duel ☀️ <i>1st Day of Summer</i>	9 AM – 4 PM: Open Monmouth Kathy in Oquawka 9:00 AM: Wood Carvers 9:00 AM: Crafters Noon: BYO lunch before Bingo 1:00 PM: Bingo at Strom	9 AM – 4 PM: Open. Stephanie in Oquawka Bingo: Oquawka	9 AM – 4 PM: Open. Kathy in Oquawka	9 AM – 4 PM: Strom open <i>Word Challenge due by today</i>	
27	28	29	30			
	9 AM – 4 PM: Open. Lynda in Oquawka	9 AM – 4 PM Open.Monmouth 9 AM: Wood Carvers 9 AM: Crafters	9 AM – 4 PM: Open: Stephanie in Oquawka	Reminder... Exercise Classes Monday, Wednesday, & Fridays at 9:30 AM at Strom Center Monmouth		
 <div style="text-align: center;"> Thrift Shop Open: Mon – Fri 8:00 AM. – 4:00 PM Saturday: 8:00 – 2:30 PM Thrift Shop Phone # 309224 8657 </div>  						

STROM CENTER, INC.
211 South A Street
Monmouth, IL 61462

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MONMOUTH, IL 61462

RETURN SERVICE REQUESTED



STROM CENTER, INC.

Warren County Site: Monmouth

211 South A Street, Monmouth, IL 61462

Henderson County Site: 410 Schuyler Street, Oquawka, IL 61469

Fax: 309-539-4256 Toll-free: 833 856 9624

Strom Center Monmouth Site: 309 734 5677

Strom Center Oquawka Site: 309 536 2558

Carol Neal McCrery, Director

Non-Discrimination Policy:

Strom Center does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For information call 800-252-8966 (Voice and TDD) or contact Programs and Services Manager at Western Illinois Area Agency on Aging at 800-322-1051.

Strom Center is partially funded by:

The Western Illinois Area Agency on Aging and The Warren County United Way