



STROM CENTER NEWS

MARCH, 2022 Edition 383



LENTEN BREAKFASTS TO BEGIN....

The 46th Annual Lenten Lay Breakfast series will get underway Friday, March 4, 2022 and continue each Friday morning through Good Friday, April 15, 2022. Strom Center will again be the host for the series. Breakfast begins at 6:30 a.m. with the program from 7:15-7:45 a.m. The breakfast series is sponsored by the Warren County Ministerial Association. Listed below is the schedule of breakfasts and the church that will have the program.

March 4	First United Methodist
March 11	First Lutheran
March 18	Faith Presbyterian
March 25	Fairview Center/Cameron Christian
April 1	Immaculate Conception
April 8	Heritage Bible Church
April 15	Sugar Tree Grove

This is a wonderful opportunity to again be with and fellowship with others. Everyone is invited.

Thank you to Anita & Jon Sims for the above information as well as organizing the scheduling for this event!!

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WARREN COUNTY TRIAD



The February monthly TRIAD meeting was a very interesting and informative one. The topic was **"Working with ZOOM"**; the speaker was Strom staff member, Stephanie Reading.

Stephanie gave a description of what exactly is 'ZOOM'. ZOOM is a way to connect with others over the internet using a laptop, desktop, cell phone, tablet, or other appropriate electronic device or without internet using a land line phone. It is often referred to as a virtual way of communicating; even though persons may not physically be interacting, they are able to see each other and talk in 'real time'. ZOOM is only one such virtual communication means, as there are many others that are being used under different names utilizing the internet. Stephanie shared how Strom Center has entered into the world of ZOOM, by showing attendees an actual ZOOM Bingo activity. For the program, Stephanie set up a ZOOM Bingo in a different location in our center. Then, while in the Strom Main Area, she showed the process of receiving

and accepting an 'invitation' by email, entering into the game and what the device (laptop) screen looked like and sounded like during the ZOOM Bingo.

The two monthly ZOOM Bingo dates are always listed in the Strom Center News. Persons in both Warren County and Henderson County are welcome to play. To participate, persons may call in to Strom Center (309 734 5677) at least two days prior to the event, to sign up. There is a different theme each month according to the dates...for example, the February theme was "Valentines". Stephanie with the help of staff member Lisa Ray, create the months theme packets. The packets contain laminated Bingo cards (large cards available) , markers, eraser cloths for cleaning the cards and detailed call-in instructional notes. If a person is experiencing challenges, Staff member Lisa Ray is available for trouble-shooting. Persons wanting additional information on ZOOM Bingo, may call Strom Center at 309 734 5677.



Staff Member Stephanie Reading demonstrating ZOOM Bingo



Beginning with our March 10th Triad Meeting...we will be offering Triad at Strom Center and / or ZOOM Triad. Call 309 734 5677 for more information and request an invitation to participate.

Note: See "World of ZOOM" in this newsletter!

Concluding the Triad meeting, Strom Center Director Carol McCrery shared information concerning Medicare D prescription drug costs. She reminded persons to keep the Medicare D printouts received during Medicare D enrollments. However, Strom Center does keep a copy of each person's printout in case it is misplaced. Most times, Strom Staff can explain why costs are what they are; if we see that a person is being charged more than what the printout states, we may be able to resolve the problem.

Our next TRIAD meeting will be held on March 10th at 1 PM. Strom staff member Anne Liby will explain the Strom Medical Equipment Program and demonstrate some of the equipment offered for loan purposes.

TRIAD is a monthly meeting; There are no due or fee nor are there Sign ups / registrations...**except for ZOOM Triad (call 730 734 5677 to participate at least 2 days prior to the meeting)**



O.D.O. (Our Day Out)

O.D.O. is now scheduled TWICE a month!! **March dates: March 1st and March 15th...both at Noon.** Shanghi Rummy is the card game.... If you would like to play and / or learn how to play, call Anne Liby at 309 734 5677. **It is SOOOO much fun!!**

STROM CENTER THRIFT SHOP.....

CUSTOMER APPRECIATION SALE WEEKENDS

Friday March 4th and Saturday March 5th &

Friday March 18th and Sat. March 19th

25% OFF Everything in the shop!!!

(Including the seasonal & sale items)

March Rollover SALES:

- Men & Woman's T-Shirts \$1.50 ea.
- Woman's Cardigans \$2.00 each
- Teen Girl's Shirts \$1.00 each



Added Sale Items

- Greeting Cards 5/\$1.00 (This will be our Regular price moving forward in 2022, while supplies last)
- Woman's pullover/button down shirts are going back on Sale for \$1.00 each
- Men & Woman's Dress Pants \$1.50 each
- Men's Long/Short Sleeve Button down Dress shirts \$2.50 each

All clothing is washed and ready to wear!!! Items added daily

211 South A , Monmouth, IL (2nd Floor)

Hours: Monday - Friday 8am - 4pm Saturday 8am-2:30pm

Ph. #309-224-8657



Please Like, Follow & Share our Facebook Page "Strom Thrift Shop". We also post weather related closings for the Strom Thrift Shop & the Strom Senior Center

.....Crystal Vanskike, Thrift Shop Manager



BINGO DAYS AT STROM CENTER

Bingo dates for March are:

Tuesday, March 8th and Tuesday, March 22nd: both days at 1 PM
Refreshments and Drink are available.



ZOOM BINGO dates:

Tuesday, March 1st and Tuesday, March 15th: both days at 1PM
Don' forget to call Lisa at 309 734 5677 if you wish to play ZOOM Bingo, this will give staff ample time to prepare ZOOM Bingo packets!

'THE WORLD OF ZOOM'Stephanie Reading

We have been offering Zoom Bingo two times a month for over a year now. With lots of success this past year we will now offer informational meetings and "Know it all" instructional classes on your favorite hobbies. ZOOM is a video conferencing program for the computer that will allow you to connect with 1 to 500 people at a time. You can use it for personal video calls, attending classes and meetings, making voice calls and more. Zoom works on computers, tablets, smartphones, cell phones and landlines. Once you have called Strom to register for the event, meeting, or class you want to join you will be sent an email or given a meeting ID and password for that Zoom event. The day of the event you will follow these simple directions depending on how you are joining. Here is a quick guide to help you get ZOOM ready. The good news is - it's VERY easy and we will be here to help you along the way.

JOIN A MEETING: There are a few different ways to join a Zoom meeting. You can click the link in your invitation email, go to the Zoom website and enter the meeting ID, or dial into the meeting on a phone

Click the link in an invitation email: If you have an email invitation, click "Join Zoom Meeting" in that email. This takes you to the Zoom website.

Go to the Zoom website: Go to <https://zoom.us/join>, and enter the 9-digit meeting ID from your invitation email. If the meeting requires a password, that will be in your email, too.

When you are on the Zoom website, if you are asked if you want to open Zoom, click "Open zoom.us." Zoom opens, showing you a preview of your camera image. Then click either "Join with Video" or "Join without Video." If you use video, other people in the meeting will see you. If not, they will just see your name. Next, Zoom asks about audio. Click "Join with Computer or Wifi Audio" so you can hear and be heard in the meeting.

- **Dial into the meeting on a phone:** If you do not have access to a computer, tablet, or smartphone, you can use a phone to dial into the meeting. The phone number to use will be in your invitation email or packet along with the meeting ID and password

The above are the basics instructional steps for ZOOM....During the month of March there are several opportunities to put these steps into action. Articles on all are included in this newsletter.

- Monthly Triad: March 10th at 1 PM
- OSF Diabetes FUNdamentals at 10 AM
- ZOOM Bingo: March 1st at 1 PM
- ZOOM Bingo: March 15th

Look for more ZOOM programs in the future, including cooking classes, hobbies, and much more. All will be announced ahead of time in the **Strom Center News**. Be watching!



RECOGNITIONS

February Newsletter Assistant: **JUDY RAES** TRIAD Drawing: **DEE BREWER**

VOPA Winners for January:

- Week# 1 Winner: **ANNE LIBY** Answer: Carrot
- Week # 2 Winner: **DONNA SMOCK** Answer: Suit
- Week # 3: Winner: **TERESA PRIEN** Answer: Race
- Week # 4: Winner: **BEV VANRIPER** Answer: Lamp

Grand Finale Winner: **DONNA SMOCK**

MIND EXPLORER FOR FEBRUARY:

Warren County: **MARILYN PERRIN** Henderson County: **JOYCE HETRICK**

BRIDGE WINNERS FOR FEBRUARY 7TH:

High: **LINDA ADAIR** 2nd: **LINDA MCGUIRE** Low: **GLENNA MARTIN**

O.D.O. SHANGHI RUMMY FEBRUARY 15:

Table 1: **Low ANNETTE MANTHEI** Table 2: **Low: DARLENE SCALF**

Table 1: **2nd: ANNE LIBY** Table 2: **2nd: PATTY ALBIN**

OSF HEALTHCARE INVITATION TO:

Diabetes FUNdamentals

Fundamentals of Diabetes Management in a small group setting

Location: **OSF HealthCare Holy Family Wellness Classroom | 1000 West Harlem Ave | Monmouth, North side of the hospital**

Saturday, March 5, 2022 from 10:00 a.m. – 11:30 a.m.

Do you have Diabetes or Prediabetes? Do you want to learn more about diabetes? Explore the basic fundamentals of managing diabetes with a Certified Diabetes Care and Education Specialist. Discover what OSF HealthCare Holy Family Diabetes Services has to offer persons living with diabetes. There is no cost to attend but we ask that you pre-register.

This class will fill early and space is limited. Register online at www.osfholyfamily.org under Attend a Class or Event or phone Tina at 309-734-1424.

NOTE: If you would like to participate VIRTUALLY, please email tina.canada@osfhealthcare.org to receive an invitation link to join virtually.

COVID-19 UPDATES

Warren County Health Department, 240 South Main Street Monmouth, IL
Phone: 309 734 1314

According to the Jenna Link, Warren County Health Department Administrator, because there are ongoing cases of COVID-19 related deaths, Warren County residents are urged to do what they can to slow the spread of the virus and to get vaccinated.

As of yet vaccination clinics for March have not yet been announced. However, on Saturday, February 26th from 9 AM – Noon clinics for ages 12+ will be held with walk-ins welcome.

Pediatric Pfizer clinic for ages 5-11 will be March 2nd from 2 – 5 PM by appointment only.

To schedule your vaccination in Warren County call:

- Warren County Health Department at 309 734 0823 or 309 734 1314
- OSF Medical Group, Monmouth at 309 734 1414
- Axline Pharmacy at 309 734 5196
- Walgreens at 309 734 6644

Please feel free to call Strom Center 309 734 5677 for any assistance we may offer.

Henderson County, 208 West Elm Street, Gladstone, IL
Phone: 309 627 2812

The Henderson County Health Department has shared that Covid-19 vaccinations are available on a walk-in basis every Wednesday, from 8 AM – 9 AM...no appointments are needed.

Vaccines available are:

Moderna, Pfizer, Johnson and Johnson as well as the booster vaccines.

There are specific items necessary to bring at the vaccine time. Please call the Henderson County Health Department (309 627 2812) for that information.

Thank you to both the Warren County Health Department and Henderson County Health Department for doing your part in ensuring everyone stays as healthy as possible!

HENDERSON COUNTY SENIORS

MARCH EVENTS IN HENDERSON COUNTY.....

SATURDAY, MARCH 5: 6 PM

Oquawka Toy Drive Trivia Night
Mama's Place in Oquawka

Oquawka Toy Drive will be hosting a Trivia Night- So grab your friends and get your thinking caps on and come join us for a night of fun. Doors open at 5 PM. Trivia play starts at 6 PM. \$10 per person with up to 10 people per team. Tables are limited so be sure to get yours reserved. There will be a silent auction and bake sale. Drawings and prizes will be given throughout the night To reserve a table contact Judy Zielke at (309) 299-5201 or Marilyn McKee at (309) 337-6872. All proceeds will go towards the Oquawka Toy Drive.

THURSDAY, MARCH 10: 6:30 PM

Illinois Wild Mammals Presentation
Henderson Co Library in Biggsville IL
Presenter will be Jeff Lox, Local Hunter,
Trapper & Fisherman

MARCH 17: 6:30 PM

Cookies, Conversations & More
Henderson Co Library in Biggsville
Presented by:
Public Speaker and Long-Time Pastor
Judy Ann Morse
Topic: Annie Wittenmyer, Much more
than a Social Reformer

FRIDAY, MARCH 18TH : 4 PM

Singles Valentine Banquet
Faith Bible Church in Oquawka
This Banquet is designed to give our singles (especially our older ones) a reason to enjoy Valentine's Day. There will be a Taco Bar Meal and Dessert. Bingo and perhaps other games. We would love to see senior singles from our community join us!

FRIDAY, MARCH 18: SERVING FROM 4 – 7 PM

Stronghurst American Legion Post
#765 Chicken Noodle Dinner
Stronghurst Legion Building

(There are plans for Stronghurst
Media Raritan pancake breakfast.)



MARCH BINGO DATES IN OUR OQUAWKA SENIOR CENTER:

WEDNESDAY, MARCH 9TH: 1- 3 PM AND WEDNESDAY, MARCH 23RD : 1- 3 PM

ALSO READ IN THIS MONTHS NEWSLETTER ABOUT 'THE WORLD OF ZOOM' (ON PAGE 4) AND THE MANY MARCH ZOOM ACTIVITIES, INCLUDING ZOOM BINGO!

CALL STROM CENTER 309 734 5677 FOR DETAILS!

Beginning February 28, 2022 STROM OFFICE HOURS ARE FROM 9 AM – 4 PM, MONDAYS THROUGH FRIDAYS
 PHONE: 309 734 5677 or Toll-free 833 856 9624 (for both Warren County and Henderson County)

MARCH 2022 Even

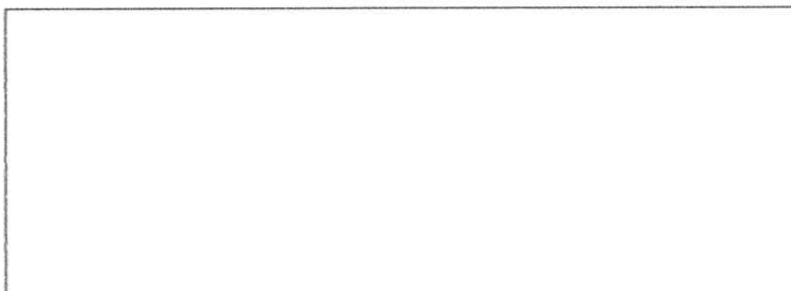
SUN		MON		TUE		WED		THUR		FRI		SAT	
						1		2		3		4	
Days Staff are in Oquawka Monday: Lynda Melvin Tuesday: Kathy Ferrenburg Wednesday: Stephanie Reading Thursday: Erica Pence		9 AM– 4 PM: Open. 9:00 AM: Wood Carvers 9:00 AM: Crafters 1PM: Zoom Bingo 1PM: O.D.O		9 AM– 4 PM: Open. 9:00 AM: Wood Carvers 9:00 AM: Crafters 1PM: Zoom Bingo 1PM: O.D.O		9 AM– 4 PM: Open. 9:30 AM: Exercise class		9 AM– 4:00 PM		6:30 AM: Lenten Svc 9 AM– 4 PM: Strom open. 9:30 AM: Exercise Class			
6		7		8		9		10		11		12	
9 AM– 4 PM: Open. 9:30 AM: Exercise Class		9 AM– 4 PM: Open. 9:00 AM: Wood Carvers 9:00 AM: Crafters 1:00 PM: Bingo at Strom		9 AM– 4 PM: Open. 9:00 AM: Wood Carvers 9:00 AM: Crafters 1:00 PM: Bingo at Strom		9 AM– 4 PM: Open. 9:30 AM: Exercise class 1 pm Bingo at Oquawka 11 AM- 1PM Nancy Stevens Book Signing		9 AM– 4:00 PM 1 PM: Triad (in person or Zoom)		6:30 AM: Lenten Svc 9 AM– 4 PM: Strom open. 9:30 AM: Exercise Class			
13		14		15		16		17		18		19	
 Daylight Savings		9 AM– 4 PM: Open. 9:30 AM: Exercise Class		9 AM– 4 PM: Open. 9 AM: Wood Carvers 9 AM: Crafters 1 PM: Zoom Bingo 1 PM: O.D.O.		9 AM– 4 PM: Open 9:30 AM: Exercise Class		9 AM– 4:00 PM 1 PM: Board Meeting St. Patrick's Day 		6:30 AM: Lenten Svc 9 AM– 4 PM: Strom open. 9:30 AM: Exercise Class			
20		21		22		23		24		25		26	
1 ST DAY OF SPRING 		9 AM– 4 PM: Open. 9:30 AM: Exercise Class Mind Explorer Due		8:30AM – 4 PM: Open. 9:00 AM: Wood Carvers 9:00 AM: Crafters 1:00 PM: Bingo at Strom		9 AM– 4 PM: Open. 9:30 AM: Exercise Class 1 pm Bingo at Oquawka		9 AM– 4:00 PM		6:30 AM: Lenten Svc 9 AM– 4 PM: Strom open. 9:30 AM: Exercise Class			
27		28		29		30		31		Thrift Shop			
9 AM– 4 PM: Open. 9:30 AM: Exercise Class		8:30AM – 4 PM: Open. 9:00 AM: Wood Carvers 9:00 AM: Crafters		9 AM– 4 PM: Open: 9:30 AM: Exercise Class		9 AM– 4:00 PM				Open: Mon – Fri 8AM. – 4 PM Saturday: 8:00 – 2:30 PM		  	

STROM CENTER IS HONORED TO HOST A BOOK-SIGNING EVENT FOR AUTHOR NANCY STEVENS
 ON MARCH 9 FROM 11 AM- 1 PM. THE PUBLIC IS INVITED TO ATTEND

STROM CENTER, INC.
211 South A Street
Monmouth, IL 61462

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RETURN SERVICE REQUESTED



STROM CENTER, INC.

Warren County Site: Monmouth

211 South A Street, Monmouth, IL 61462

Henderson County Site: 410 Schuyler Street, Oquawka, IL 61469

Fax: 309-539-4256 Toll-free: 833 856 9624

Strom Center Monmouth Site: 309 734 5677

Strom Center Oquawka Site: 309 536 2558 (Please call Strom Monmouth site for appointments 309 734 5677)

Carol Neal McCreery, Director

Non-Discrimination Policy:

Strom Center does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For information call 800-252-8966 (Voice and TDD) or contact Programs and Services Manager at Western Illinois Area Agency on Aging at 800-322-1051.

Strom Center is partially funded by:

The Western Illinois Area Agency on Aging and The Warren County United Way