



STROM CENTER NEWS

FEBRUARY, 2024 Edition 405



LENTEN BREAKFASTS TO BEGIN....

The 48th Annual Lenten Lay Breakfast series will get underway Friday, February 16, 2023 and continue each Friday morning through Good Friday, March 29, 2024. Strom Center will again be the host for the series. Breakfast begins at 6:30 a.m. with the program from 7:15-7:45 a.m. Thank you to Pastor Randy Seals who is the minister of Sugar Tree Grove Church who has agreed to organize this years programs. Listed below is the schedule of breakfasts and the church that will present the program.

- February 16: Heritage Bible Church
- February 23: Immaculate Conception Church
- March 1: First United Methodist Church
- March 8: First Lutheran Church
- March 15: Faith United Presbyterian Church
- March 22: Fairview Center Church
- March 29 (Good Friday): Sugar Tree Grove Church

This is a wonderful opportunity to again be with and fellowship with others. Everyone is invited.

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THE RESULTS ARE IN: HUGE SAVINGS FOR MEDICARE D ENROLLEES!!!

This past Medicare Enrollment Season really paid off for persons in Warren and Henderson Counties. Enrollments began on Monday, October 16th and continued through the deadline on December 7thSome persons benefitted from staying in their current 2023 plan but many switched to new plans for 2024. There were 24 Medicare D plans available as well as 35 Medicare Advantage plans; Staff assisted clients in finding the best plan considering their prescriptions, as well as choice of pharmacy and/or mail order. ***The end results were a savings of \$951,027 !!!*** For some the savings were under \$100, however, for many the savings were in the thousands of dollars.

SILENT AUCTION RESCHEDULED.....



Due to the number of days Strom was closed because of the severe weather we experienced in January (which also resulted in people staying at home), we have decided that the silent auction of three throws will continue until the end of the day on Thursday, February 29th.

If you haven't seen the beautiful throws, please come in and look them over and put a bid in for one, two, or all three! They are so pretty and so warm and cozy-feeling! The person who made all three and donated them for the silent auction, wishes to remain anonymous. All three throws are large enough to cover up with on a cold wintery night and they wash up beautifully. (And a Big Thank You to 'Anonymous Lady!')

CAREGIVERS...We Are Here To Help!



Strom Center has so many resources for Caregivers...Caregivers can face some very tall challenges, yet often do so with few complaints, and/or help. Strom Center offers options to help Caregivers such as resources, funds for items for the caregiver or the person being cared for, and all kinds of medical equipment which isn't covered by Medicare, but is in inventory free of charge at Strom on a loan basis.

Recently we have added many books in our Resource Center:

- The Dementia Caregivers Survival Guide: An 11-Step Plan to Understand the Disease and How to cope with Financial Challenges, Patient Aggression, and Depression without Guilt, Overwhelm, or Burnout
- The Mindful Caregiver: Finding Ease in the Caregiving Journey
- Dementia Caregiving: A Self-help book for Dementia Caregivers
- Living in the Moment: A Guide to Overcoming Challenges and Finding Moments of Joy in Alzheimer's Disease and other Dementias
- A Caregivers Guide to Lewy Body Dementia
- It's Not That Complicated: The Three Medicare Decisions to Protect Your Health and Money

- My Personal Affairs Portfolio: Everything You Need to Know About Important Information, Estate, Wishes and More
- Get it Together: Organize Your Records so Your Family Won't Have To
- Peace of Mind Planner: Important Information About My Belongings, Business Affairs, and Wishes

We have multiple copies of most of these books. They may be loaned free of charge for up to a month (and longer if needed) and some books are even Free.

Strom Center also has resources for Grandparents Raising Grandchildren. Funds may be available for needed items and information for Grandparents is also included in the Caregivers Resource Center.

Strom Center is in the planning stage of hosting a 9-Session Stress Busters Program. Participants have benefitted greatly from this program; Strom Center covers the cost which includes resource books, Caregivers mementoes, and refreshments each session. (The program is limited to 10 participants so be checking out future newsletters for details.)



BINGO DAYS AT STROM CENTER

Bingo dates for February are:

Tuesday, February 13th and Tuesday, February 27th both days at 1 PM
Refreshments and Drink are available.

ZOOM BINGO date:

Tuesday, February 20th at 1PM

Don't forget to call Lisa at 309 734 5677 if you wish to play ZOOM Bingo, this will give staff ample time to prepare ZOOM Bingo packets!

MIND EXPLORER... Don't forget to drop off (either in our Monmouth or Oquawka Center) or mail in your Mind Explorer Quiz by February 20th!

Winners get a prize! Winners are drawn... the 1st person drawn with the most correct answers receives a gift card. Mind Explorers can be found on the page before the mail page of this newsletter. Each month there is one winner declared from Warren and Henderson County.





STROM CENTER'S WEATHER - RELATED POLICY



Strom Center has been hit hard, as has been everyone!...with some very dangerous weather, requiring that we close and or delay opening the center in both Monmouth and Oquawka. Almost always if the local schools are closed, Strom Center is also closed. Also, WRAM / WMOI is wonderful about sharing information on our closings. However, the most reliable way to know if and when Strom is closed is to sign up for the **Call-Em-All program**. Each time there is closing or any other significant notice you will receive an automated call informing you of the happening. Strom Center's Lisa Ray makes the call but it is NOT a live call, it is a recording. To get your name on the Call-Em-All program, call Lisa at Strom Center (309 734 5677) to join. Your number is kept confidential and will **NOT** be shared with any other person. The calls are not specific to weather, but also reminders may include special events, etc. They are always short calls; if you do not answer the call it may go to your voice mail.



BOOKS, books, Books, bOOKs...

.....We Need Books....!!!

Many persons come in weekly to browse our Book Table at Strom Center. Usually, there are books of all genres and all for a small donation of 10 cents each....During the winter months especially, reading is a wonderful way to pass the days when getting out in the cold and icy days can be very dangerous. Unfortunately, we are low in the number of books we have to offer. We would very much appreciate donations of books in good condition, especially paperbacks. Sooo....if you have books you have already enjoyed, why not make it possible for others to enjoy them also! Bring them in anytime Monday – Friday from 8:30 AM – 4 PM....and Thank You in advance!!



Congratulations DALE GIBBS!

In last month's edition of Strom Center News, we announced the winner of the Beautiful Woven Throw created by PATTY SCHWASS. It was raffled and the winner was drawn at our Strom Center Christmas party...at that time we did not have a picture of the lucky winner...but now we do! DALE GIBBS came in to Strom Center to claim his treasure and as you can see, he was delighted with his treasure!

✓ **RECOGNITIONS ...Winners in December & January**



VOPA Winners for December

- Week# 1 Winner: **TOM PRIEN** Answer: Letter
- Week # 2 Winner: **DARLENE SCALF** Answer: Coat
- Week # 3: Winner: **DONNA SMOCK** Answer: Ring
- Week # 4: Winner: **TERESA PRIEN** Answer: Decal
- ! Grand Finale Winner: **DARLENE SCALF**

JANUARY MIND EXPLORER:
Warren County: **DEBRA WELLS**



WARREN COUNTY RECOGNITIONS.....

NO BRIDGE IN JANUARY...WILL RESUME IN FEBRUARY

SHANGHI RUMMY January 2:

Table 1: Low: **ANNETTE MANTHEI** 2nd: **TERESA PRIEN**



RACEHORSE CANASTA



January 8th, Game 1:

Table 1: 1st: **SUSIE HAMMER & ANNE LIBY**

Table 2: 1st: **SHIRLEY PETERSON & FLO MOSLEY**

TRIAD DRAWING:
ANNETTE MANTHEI



DOMINOES

JANUARY 4TH: Table 1: **MELEIA BIRD** Table 2: **ANNE LIBY**

JANUARY 18: Table 1: **DARLENE SCALF**

HENDERSON COUNTY RECOGNITIONS



DOMINOES

January 2: **LIZ HAYES**

PITCH:

JANUARY 23RD:

1ST Place: **ROBERT (PEE WEE) FOSTER & DIANA FOSTER**

2ND Place: **KEITH JOHN & RUBY JOHN**

JANUARY MIND EXPLORER:
Henderson County:
GLENDA OSBORNE



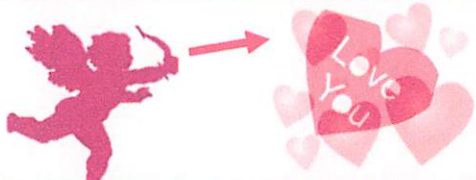


FEBRUARY 2024 Events MONMOUTH



SUN	MON	TUE	WED	THUR	FRI	SAT
				1	2	3
				8:30 AM – 4:00 PM Strom Open 12:30 PM: Dominoes	8:30AM -4 PM Strom open 9:30 AM: Exercise Class <i>GROUNDHOGS DAY</i>	
4	5	6	7	8	9	10
	8:30 AM – 4 PM: Open. 9:30 AM: Exercise Class 12:00 Noon: Bridge	8:30 AM – 4 PM: Open. 9:00 AM: Crafters 9 AM: Woodcarvers 12:30 PM: Shanghai Rummy	8:30 AM – 4 PM: Open: 9:30 AM: Exercise Class	8:30 AM – 4:00 PM Strom Open 1:00PM: Triad Meeting	8:30AM -4 PM Strom open 9:30 AM: Exercise Class	
11	12	13	14	15	16	17
	8:30 AM – 4 PM: Open. 9:30 AM: Exercise Class 11:30AM Racehorse Canasta	8:30 AM – 4 PM: Open. 9:00 AM: Crafters 9 AM: Woodcarvers 1:00 PM: Bingo	8:30 AM – 4 PM: Open: 9:30 AM: Exercise Class <i>Valentines Day</i>	8:30 AM -4 PM Strom open 12:30 PM: Dominoes Noon: Bridge 1:00 PM: Board Meeting	6:30 AM: Lenten Svc 8:30 AM -3 PM Strom open 9:30 AM: Exercise Class	
18	19	20	21	22	23	24
	PRESIDENTS DAY STROM CLOSED	8:30 AM – 4 PM: Open. 9 AM: Wood Carvers 9 AM: Crafters 12:30 PM: Shanghai Rummy 1 00 PM: Zoom Bingo MIND EXPLORER DUE	8:30 AM – 4 PM: Open: 9:30 AM: Exercise Class 1:00 PM: TOWNHALL MTG	8:30 AM -3 PM Strom open Noon: Bridge	6:30 AM: Lenten Svc 8:30AM-4: PM Strom open 9:30 AM: Exercise Class	
25	26	27	28	29		
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FEBRUARY 2024 Events OQUAWKA

SUN	MON	TUE	WED	THUR	FRI	SAT
				1	2	3
				9:00 AM – 4:00 PM Strom Open Noon: Meal Staff: Erica Pence	CLOSED <i>GROUNDHOGS DAY</i>	
4	5	6	7	8	9	10
	9:00 AM – 4 PM: Open. Noon: BYOL (Bring your own lunch) 1:00PM: Exercise Staff: Lynda Melvin	9:00 AM – 4 PM: Open. Noon Meal 1:00 PM: Dominoes Staff: Kathy Ferrenburg	9:00 AM – 4:00 PM Strom Open Noon: Meal Staff: Stephanie Reading	9:00 AM – 4:00 PM Strom Open Noon: Meal Staff: Erica Pence	CLOSED	
11	12	13	14	15	16	17
	9:00 AM – 4 PM: Open. Noon: BYOL (Bring your own lunch) 1:00PM: Exercise Staff: Lynda Melvin	9:00 AM – 4 PM: Open. Noon Meal 1:00 PM: Pitch Staff: Kathy Ferrenburg	9:00 AM – 4:00 PM Strom Open Noon: Meal 1 PM: Bingo Staff: Stephanie Reading  <i>Valentines Day</i>	9:00 AM – 4:00 PM Strom Open Noon: Meal Staff: Erica Pence	CLOSED	
18	19	20	21	22	23	24
	PRESIDENTS DAY  STROM CLOSED	9:00AM – 4 PM: Open. Noon Meal 1:00PM: Dominoes 1 PM: Zoom Bingo Staff: Kathy Ferrenburg MIND EXPLORER DUE	9:00 AM – 4:00 PM Strom Open Noon: Meal Staff: Stephanie Reading	9:00 AM – 4:00 PM Strom Open Noon: Meal 1:00 PM: Movie Day Staff: Erica Pence	CLOSED	
25	26	27	28	29		
	9:00 AM – 4 PM: Open. Noon: BYOL (Bring your own lunch) 1:00PM: Exercise Staff: Lynda Melvin	9:00AM – 4 PM: Open. Noon Meal 1:00 PM: Pitch Staff: Kathy Ferrenburg	9:00 AM – 4:00 PM Strom Open Noon: Meal 1 PM: Bingo Staff: Stephanie Reading	9:00 AM – 4:00 PM Strom Open Noon: Meal Staff: Erica Pence		

Strom Center's....

Henderson County Seniors

Biggsville

West Central FFA Alumni Banquet & Auction February 20th 5pm

The Barn at Fairview Acres in Biggsville

The West Central FFA Alumni proudly supports the needs of our local chapter whether that be in the classroom, judging activities, or convention trips! We also like to show off our amazing chapter. Join us for our annual banquet & auction on Tuesday, February 20, 2024. Social hour starts at 5:00pm, dinner at 6:00pm, and auction to follow.

Papa's Bar & Grill will be providing an amazing meal that includes brisket, pulled pork, baked beans, cheesy potatoes, & mac&cheese!

Janssen Auctioneers will be facilitating the auction following the meal.

We are in for a great variety of auction items this year. Our very own FFA Chapter Members are in the process of making items to be auctioned off from wood working to baked goods.

Henderson Co Library in Biggsville Speakers for February:

Kendall Hetrick Topic will be Photography with Kendall Hetrick
Feb 15 @ 11am

Rhonda's Greenhouse and Gifts February 29 @ 11am

Oquawka

Oquawka Toy Drive Saturday, March 2nd 5pm Mama's Place in Oquawka

The Oquawka Toy Drive will be hosting their annual Trivia Night So grab your friends and get your thinking caps on and come join us for an evening of fun.

Doors open at 5 PM and games starts at 6 PM. \$10 per person and a maximum of 10 people per team.

Bake Sale, Silent Auction along with door prizes throughout the night.

To RSVP please contact Judy at (309) 299-5201 or Marilyn at (309) 337-6872. RSVPs are welcomed but not necessary.

Stronghurst

Community Potluck Party Friday, February 16th @ 5:30pm

Join us for a community potluck at the American Legion in Stronghurst! Bring your favorite signature dish to share, enjoy an evening of fellowship and entertainment with other members of our community. The booster club will provide drinks and table service.

FOCC Trivia Night Saturday, March 8th @ 6:30pm Barn at Fairview Acres outside of Biggsville

The Barn at Fairview Acres will be hosting us for an awesome night of trivia! Be prepared for any & all trivia categories. Will your team be taking home our traveling Golden Guy trophy? Let's see whose team is able to join our register of Champions! 🏆 Cost is \$120 per table up to 10
Registration & food at 5:30pm with trivia starting at 6:30pm. Serving macho nachos and various sweets
For more information or to register your team, please call Family Outreach Community Center at 309-924-1872

Raritan

Raritan Firemen's Pancake Supper Saturday, February 24th 4 pm St Pat's Community Center

Strom Center Happenings in Oquawka....



NEW EVENT IN OQUAWKA! We now have scheduled dates for playing **4-POINT PITCH** Every 2nd and 4th Tuesdays at 1 PM. Thank you to **ROBERT (PEE WEE) and DIANA FOSTER** who are the ones getting it started!!



MEXICAN TRAIN DOMINOES are now on the 1st and 3rd Tuesdays at 1 PM. Thank you **DIANE MELDRUM** who oversees this activity!!



BINGO is played on the 2nd and 4th on Wednesdays at 1 PM ...Thank you to **KAY STEVENSON** for all she does for this event!

And don't forget the 11:30 AM meal is served at our Oquawka senior center on Tuesdays, Wednesdays, and Thursdays. (Call meal reservation in at 309 371 4139 by the prior day)

EXERCISES are held on Mondays at 1 PM....and everyone is invited to Bring their own lunch prior to the Exercises.

MOVIE DAY IS always the 4th Thursday of the month...Movie-time snacks are served during the feature.

Don't know how to play some of the above games....4-Point Pitch and or Dominoes??? Well...join us and we will teach you!! It is a great way to get together with others and have soooo much fun!!!

Check out our calendar each month is the **Strom Center News**...and don't forget...persons from either county are more than welcome to attend events in either county!

MIND EXPLORER



'Mind Explorers' is a monthly feature of STROM CENTER NEWS

Answer the questions and turn them in or mail them in by the 20th of the month.

The person with the highest number of correct answers will be recognized in our next Monthly Newsletter. (The winners will be drawn). This month's quiz is "Words That have a Combination of the letters L-E-A-P in Them" with a difficult-o-meter rating of 8.00...!!

1. Another word for beg: _____
2. The definition of this word is "an epidemic disease causing a high rate of mortality": _____
3. A word that means "light or void of color: _____
4. This word is defined as "a pasty composition (as of lime, water, and sand) that hardens on drying and is used for coating walls, and ceilings": _____
5. This fruit is often used in pies and sauces: _____
6. Approval publicly expressed (as by clapping the hands) : _____
7. The definition of this word is "calm, gentle, devoid of violence": _____
8. Neptune and Uranus are names of : _____
9. A harmless pill, medicine, or procedure prescribed more for the psychological benefit to the patient than for any physiological effect is called a: _____
10. To forget something once known is called a _____ in memory.

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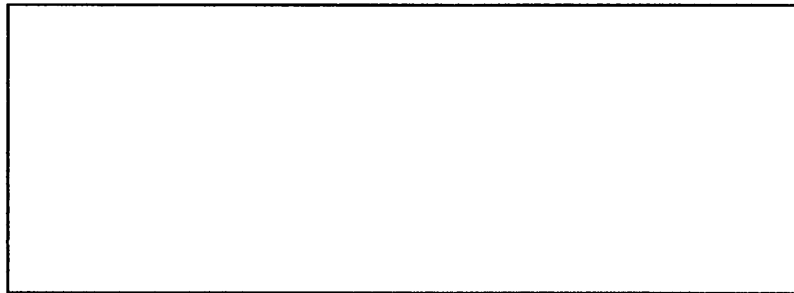
Answers to the Previous Mind Explorer (Winner is named on Recognition Page!)

1. This game involves putting letters together to make words : SCRABBLE
2. The definition of this hobby is "to carve (wood) into an object by repeatedly cutting small slices from it": WHITTLE
3. The definition of this herb is "an evergreen aromatic shrub of the mint family. The narrow leaves are used as a culinary herb" and it is also a woman's name: ROSEMARY
4. "Purl" and "garter stitch" are words associated with this activity: KNITTING
5. This is an American television game show that reverses the traditional question-and-answer format of many quiz shows. Instead, the answers are given and the contestant must identify the response in the form of a question: JEOPARDY!
6. What is "a room or other part of a home used by a man as a place to relax and pursue hobbies away from the rest of the family"? MAN CAVE
7. The name of this game also means "the exclusive possession or control of the supply of or trade in a commodity or service": MONOPOLY
8. Unscramble the letters to find another activity done indoors: SIZZLEPUGJAW (2 words): JIGSAW PUZZLE
9. The NFL is divided into what two conference? AFC AND NFC
10. This "programmable usually electronic device that can store, retrieve, and process data" might be found in a study: COMPUTER

STROM CENTER, INC.
211 South A Street
Monmouth, IL 61462

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Fax: 309-539-4256 Toll-free: 833 856 9624

Strom Center Monmouth Site: 309 734 5677

Strom Center Oquawka Site: 309 536 2558 (Please call Strom Monmouth site for appointments 309 734 5677)

Carol Neal McCreary, Director

Non-Discrimination Policy:

Strom Center does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act; the U.S. Civil Rights Act; Section 504 of the Rehabilitation Employment Act; and the U.S. and Illinois Constitutions. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging. For information call 800-252-8966 (Voice and TDD) or contact Programs and Services Manager at Western Illinois Area Agency on Aging at 800-322-1051.

Strom Center is partially funded by:

The Western Illinois Area Agency on Aging and The Warren County United Way